



Jeff Koziatek

YOUR next KEYNOTE speaker

Inspirational Speaker - Peak Performance Coach

Podcast Host - Engaging Entertainer

CoreAuthenticity.com

314-852-1134



Jeff Koziatek - Peak Performance Coach

Booking **2023-24** Keynotes, Coaching, and Workshops.

314-852-1134 - Jeff@CoreAuthenticity.com

Improve YOUR Performance

Jeff Koziatek

Peak Performance Coach

CoreAuthenticity.com

314-852-1134



Engage and Deliver

with keynote packages that influence beyond the stage



The JOHN MAXWELL Team

Signature Package - can include:

1. Keynote presentation.
2. One exploratory meeting with your executive team to customize the presentation for your needs.
3. Pre-event online survey to learn more about your guests and customize presentation.
4. 100 copies of my book, **Blueprint For Value: 52 Habits to Discover and Strengthen Your Personal Worth.**
5. Custom short video for internal event promotion.
6. Participation in the 1 for 1 Give Back Program, offering a FREE presentation/performance to local kids. Add on services include: free staff development, copies of my book for staff. Additional program info as well as a list of available presentations and performances at: www.coreauthenticity.com/141.
7. Follow up 60 minute zoom lunch Q&A to be scheduled within 24-48 hours of the event to answer any questions your guests may have for a deeper dive and specific application. Informal - no agenda.
8. \$1000 credit toward follow up coaching.

Fee available upon request

Gold Package - can include:

1. Keynote presentation.
2. One exploratory meeting with your executive team to customize the presentation for your needs.
3. 100 copies of my book, **Blueprint For Value: 52 Habits to Discover and Strengthen Your Personal Worth.**
4. Follow up 60 minute zoom lunch Q&A to be scheduled within 24-48 hours of the event to answer any questions your guests may have for a deeper dive and specific application. Informal - no agenda.

Fee available upon request

Standard Package - can include:

1. Keynote presentation.
2. Copies of my book, **Blueprint For Value: 52 Habits to Discover and Strengthen Your Personal Worth** available for individual purchase on site at \$10 per copy.

Fee available upon request



Available **Keynote Topics** to engage and inspire

Confidence -- Unshakable: Confidence in Uncertainty

- Change and uncertainty can bring about feelings of frustration, anxiety, and lack of focus.
- Making confident decisions can be difficult, especially with increased responsibility and deadlines. Working as a team, gathering self-motivation, or empowering others becomes more challenging when we are rocked with emotions of doubt or insecurity. YET – we still need to get out of bed, do the the work, and reach our goals.
- Discover the three keys to confidently step into the unknown in this engaging, fun, and thought provoking presentation.
- Regain clarity and build a blueprint for confidence.



Communication -- Communication: The Opening Act



- Communication is how you get off the ground with any type of collaboration or team project, large or small. A critical component to performance and success, communication is a component often taken for granted and yet, we are not born effective communicators!
- You've learned about different personalities and communication styles, but realized this doesn't offer a blueprint in the moment. Now discover proven, universal, communication principles that can enhance what you already know, and improve the speed and effectiveness of your communication.

Leadership -- The Champion Within

- To rise above the day-to-day grind, to show up for those who count on you, and to bring value to your community, you must harness the power of the champion within.
- In his interactive presentation, Jeff Koziatek will help you reach a higher level of understanding about yourself so you can reach peak performance levels and be the CHAMPION for the people in your life.
- Take initiative and lead with influence from a firm foundation. Discover how to ENGAGE, EQUIP, EMPOWER and ENCOURAGE yourself so you can show up with confidence and persist through life's challenges.



Teamwork -- Core Foundation: Authentic Teamwork

- A team who does not share a common vision, values, or identity, will suffer and stagnate in isolating silos, unrelated targets, unhealthy competition, poor follow through, and inability to solve problems.
- Harness the 4 gears of connection to align your teams with a common purpose and tools for enhanced productivity.
- Reach a higher level of understanding about your team and yourself to enhance productivity and morale.
- Learn about the power and influence of value in culture and its impact on business excellence and sustainability.



Work/Life Balance -- The Circus: A work / life balancing act



- You want to perform well and achieve professional success. You want to provide for your family and meet their needs too. Oh yeah, AND you want freedom for yourself so you can pursue your own passions and pastimes.
- But how? How do you keep your performance level high, short circuit stress, be a rock-star for your friends and family, take care of yourself, AND avoid burnout?
- Come ready to acquire the practical tools needed to create professional and personal success.
- Enhance productivity, mindset, and sustainability with a higher level of understanding about yourself. Learn the art of balancing.

Resilience -- True G.R.I.T.: Facing Adversity

- We cannot always choose what happens to us, but we can always choose how we respond.
- What more could you accomplish with G.R.I.T. (Guts, Resiliency, Intensity, and Tenacity)? Challenges are inevitable. It's not a matter of "if"; it's a matter of "when." How will you respond when confronted with the challenge wall?
- Learn how to stand in the face of adversity and keep pushing towards your goals in this interactive, presentation full of humor, storytelling, circus stunts, and practical application.





1 for 1

Developing Culture, Growing Community

When you hire

you can give

JEFF
as your
KEYNOTE
speaker



A
FREE
PROGRAM
for local
kids

Wait... there's more!

FREE
DEVELOPMENT
for youth
STAFF*

FREE
BOOKS*

FREE
PROMOTION*
digital
& print

coreauthenticity.com/1for1

Feedback

"His enthusiasm and entertaining delivery style kept our team engaged, and brought us closer together."

~ MICROSOFT

"He is a wonderful communicator and does a fantastic job of connecting with his audience with the right balance of humor and substance."

~ ROCKWOOD SCHOOL

"He creates a dynamic, exciting atmosphere and energizes the educators there to engage with each other."

~ ILASCD





Organizations hire **Inspirational Speaker** and **Peak Performance Coach, Jeff Koziatek** to engage their audiences with laughter and deliver quality business tools and insights.

Boost morale. Inspire action. Encourage your team.

Jeff Koziatek Bio

For years I juggled. I entertained and spread laughter. Through live performances, managing events, and creating video and theatre projects, I challenged perspectives, lifted people up, and brought people together.

I **worked as hard as I could** until I realized my profession as a juggler was the perfect symbol for what I was doing with my life as a whole.

When I entered my forties, I was constantly on the road, working faster, juggling more, and falling behind. I was **consumed by my performance** and defined success as a jam-packed calendar.

My marriage was suffering, my health was suffering, and I felt no matter how many balls I threw in the air, **it was never enough.** It was only a matter of time before everything would hit the floor.

I **valued what I did** (my performance), **not who I was** (the performer).

When I hit my breaking point, I was married with kids and trying to run three businesses by myself. My calendar boasted 300+ shows annually, dozens of photography and video projects, plus an additional 40 hours of weekly office work. I **was spinning all the plates**, juggling all the balls, giving everything I had, and **STILL coming up short.**

Survival became the daily routine as plates began to fall and balls began to drop. I was struggling, exhausted, at the **end of my rope, and desperate for another way.**

In that place, I began to **shift my identity** from performance to performer, from behavior to human being. I discovered the **power and freedom of personal worth**, redefined success, and a new journey began – one of health, prosperity, and balance.

Today I am making less mistakes, my life is richer, I am experiencing new levels of peace and joy, I am more present in my relationships, and it's getting better every day.

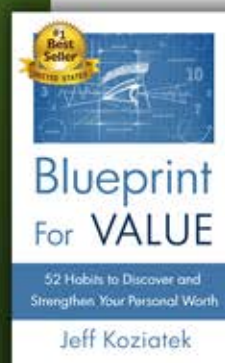
Services

- 1:1 performance coaching
- Corporate coaching
- Inspirational keynotes
- Energizing workshops



Jeff Koziatek - is a coach, speaker, award winning performer, podcast host, bestselling author, and holds coaching certifications with both The Values Conversation and the John Maxwell TEAM.

He is the host of the Breakthrough Moments Podcast and author of the #1 Bestselling book - **Blueprint For Value: 52 Habits to Discover and Strengthen Your Personal Worth.**



Jeff Koziatek

Peak Performance Coach

CoreAuthenticity.com

jeff@coreauthenticity.com

314-852-1134



Improve YOUR Performance

Jeff Koziatek

Peak Performance Coach
CoreAuthenticity.com
314-852-1134



Let's stay connected!



The JOHN MAXWELL Team

Platform

Links

- Website - www.coreauthenticity.com
- LinkedIn - www.linkedin.com/in/jeffkoziatek
- Facebook - www.facebook.com/coreauthenticity/
- Vimeo - vimeo.com/coreauthenticity
- YouTube - www.youtube.com/channel/UC6xbI6cq8Ua4A_ti75Xla9Q

But wait... there's more!

Visit www.CoreAuthenticity.com to learn about:

*The Mindset Motivation Club
Breakthrough Moments Podcast
1 for 1 Give Back Program
Blueprint For Value*

