



## **Dave and Susan Kenney**

### **Self Recovery**

When you've all but dismissed the prospect of romantic love, meeting someone who shares your perspective on life and mirrors your values, humor, and humanitarian spirit can be transformative. Dave and Susan Kenney experienced this serendipitous connection, which ultimately strengthened their joint commitment to enhancing the lives of others.

### **Partners in Life and Advocates for Change**

The union of Dave and Susan Kenney is a testament to the profound impact of a shared life vision. Their encounter was not merely the beginning of a romantic relationship but the catalyst for a movement that has since enriched the lives of countless individuals and their families.

### **Champions of Innovative Education and Recovery**

When their paths crossed, Dave was serving as the Director of Admissions and a Leadership team member at a prestigious private academy. At the same time, Susan was known for her transformative approach to education

and her success as a health and wellbeing practitioner and entrepreneur. Their home and Dave's office became havens where students freely discussed their aspirations and challenges, including academic pressure, mental health issues, and substance dependency. This organic mentorship set the groundwork for a broader mission.

The Kenneys posed a pioneering question that shifted the discourse in recovery circles: What if addiction isn't about a lack of willpower or a character flaw but rather a neurological condition? Their exploration into scientific studies led to a validation of their theory that conditions like addiction, ADHD, depression, anxiety, and learning difficulties are indeed rooted in neurological processes.

## **Emergo: A New Dawn in Recovery**

With newfound insights, Dave and Susan launched an innovative residential recovery program for neurological rehabilitation. Funded by personal credit, they established the program without the aid of investors. It quickly became a success story, expanding rapidly and fostering a passionate team of professionals.

## **Broadening the Recovery Landscape**

Their initiatives soon expanded to tackle various life crises, including divorce, grief, depression, and anxiety. Their practical approach led to Emergo Recovery, a specialized wellness center focusing on Actualized Recovery®. This method, a brain-first approach, has since facilitated the recovery and thriving of thousands facing various psychological and emotional challenges.

## **Actualized Recovery®: Unveiling the Science**

This program is built on a holistic model with five foundational pillars: physiology, psychology, spirit, connections, and lifestyle. This integrative approach has proven effective, helping numerous individuals regain control of their lives and surmount significant personal obstacles.

## **Educating Tomorrow's Leaders in Crisis and Recovery**

Dave and Susan Kenney are now committed to training 1,000 Crisis and Recovery Coaches through Emergo Academy. Their program, spanning just eight weeks, aims to certify coaches who will collectively impact over a million individuals in crisis, ensuring a far-reaching and enduring influence.

## **Distinguished Careers Fueling a Shared Vision**

Dave Kenney, as the Co-Founder and Executive Director of Emergo Recovery and Emergo Academy, brings over thirty years of experience in human development to the table. His academic journey includes a master's degree from Northwestern State University and a PhD in philosophy at Canterbury University, concentrating on neuroscience and psychology. He is also a certified Brain Health Coach with multiple recovery and coaching certifications.

Susan Kenney, Co-Founder and Director of Therapeutic Wellness at Emergo Wellbeing, draws on her extensive background in nutrition, functional medicine, and brain health. Her role involves developing and overseeing therapeutic programs that integrate nutritional science, brain health, and positive psychology to promote overall wellness. She continues to enhance her expertise through professional courses, including those offered by Harvard Medical School and the Kresser Institute.

## **From Closure to Bestselling Authors**

The closure of their residential program during the pandemic led the Kenneys to author "Actualized Recovery - It's Not About 12-Steps. Recovery Is A Brain Thing," which has become an international bestseller and garnered multiple literary accolades. This work has played a crucial role in reshaping the conversation around recovery.

## **A Love Story with a Mission**

The narrative of Dave and Susan Kenney is more than a love story; it is a saga of commitment, innovation, and empathy. Their collaborative efforts

have transformed over five thousand lives and established a legacy that continues to inspire new generations of Crisis and Recovery Coaches.

## **Embark on a Transformative Journey**

If you want to assist others and create meaningful change, consider joining Dave and Susan in their revolutionary recovery movement. As an internationally certified Crisis & Recovery Coach, you can help individuals release the burdens of guilt and shame, rewire their neurological pathways, and tap into their unlimited potential. Begin your transformative journey today and leave a lasting impact on those who need it most.

To learn more about how you can participate, visit [emergoacademy.com](http://emergoacademy.com) and connect with Dave and Susan Kenney on LinkedIn to keep abreast of their ongoing initiatives and success stories.