

Anna David

ALCOHOL AND SUBSTANCE ABUSE SPEAKER

Anna David comes to campuses to revolutionize how students think about drinking.

She doesn't advocate abstinence – she lives in the real world, after all – but instead illustrates ways that students can make wiser choices than she did.

Sober over a decade, Anna is the **author of four books** (*Party Girl*, 2007, *Bought*, 2009, *Reality Matters*, 2010 and *Falling for Me*, 2011, all published by HarperCollins) as well as a television personality (she was the sex, dating and relationship expert on **G4's Attack of the Show** for over three years and has appeared repeatedly on **The Today Show**, **The CBS Morning Show**, **CNN's Showbiz Tonight**, **Hannity and Red Eye on Fox News**, among many others). Her writing has been published in *The New York Times*, *Playboy*, *Cosmo*, *Details*, *Redbook*, *Maxim*, and many more. She's currently the Executive Editor of **thefix.com**, a website dedicated to addiction and recovery.



Students will learn how to:

- Get confidence in real ways so they don't have to fake it through chemicals
- Spot when their texting, emailing and Facebook habits verge on addictive
- Understand the true repercussions of binge drinking, beyond what the studies say
- See the warning signs when their relationship with alcohol is becoming unhealthy

www.annadavid.com

For booking contact:
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"Anna's candor in sharing her story of battling addiction challenged students to critically reflect on the choices they make in their lives. Her story invites honest dialogue and deep transformation of heart, mind and soul. Students were riveted."
– Anthony Nicotera, Adjunct Professor, NYU Silver School of Social Work

"Great show and rapport with the students. Anna left them thinking and talking about items for the future."
– Zeak Naifeh, Director of Student Activities, Cameron University