

ADRIENNE WISE, LPC, CCTP

**INTERNATIONAL KEYNOTER | EMOTIONAL WELLNESS EXPERT |
TRAUMA-INFORMED CARE SPECIALIST**

“Your employees will deliver when they see that you treat them as people first.”
- Adrienne Wise

Adrienne Wise is a highly sought-after international keynoter, emotional wellness expert, and trauma-informed care specialist. She is widely regarded as one of the most influential voices in motivational speaking today. With over 15 years of professional experience in the behavioral health industry, Adrienne is now on a mission to impact audiences and train individuals, corporations, and organizations worldwide on how to eradicate stigma and build resilience, compassion, and mentally and emotionally healthy workplaces and environments.

Adrienne's extensive expertise has earned her invitations to speak on major platforms across the United States. Her exceptional skills have allowed her to deliver presentations to some of the most prominent corporate organizations in the industry. She has delivered dynamic live and virtual keynote speeches for large audiences, including Total Praise Radio and Shawn Fair's Leadership Experience Tour in Detroit, Michigan.

Adrienne is a compelling thought leader, visionary, and transformational speaker dedicated to supporting the personal and professional empowerment of women and young girls around the world.



In line with her relentless passion for helping women succeed, Adrienne founded Wise Choice Counseling and Consulting Services, a global company that provides individual, corporate, and organizational leaders opportunities to build courage, confidence, and connections through workshops, resources, education, and coaching. Through sharing her personal struggles, Adrienne challenges her clients to embrace their next level to create the best version of themselves. She mentors passionately, guiding her clients with results-proven strategies that promote mental wellness, self-love, and self-worth.

Recognized as a well-known fixture in her community, Adrienne is an active board member, volunteer, and leader with Love You More, Inc., a non-profit organization in Prince George's County, MD, whose mission is to promote women's empowerment within the community. She is an inspirational figure whose advocacy work for women and young girls has earned her several awards, honors, and recognition for her leadership, dedication, and contributions to her community and the next generation. Her work has been featured on prominent media platforms such as ABC, NBC, FOX, and CBS, talk shows, radio, and podcasts, and in leading newspapers and magazines, including Tap-In Magazine, among others. Connect with Adrienne Wise at www.wisechoicecounseling.com or @wisechoicellc on all social media platforms.