

Biography Of Dr. Edward McInnis



Dr. Edward McInnis, Lt. (N), MD, CCFP, is experienced in family and emergency medicine. With ten years in emergency and trauma medicine and 16 years as a family physician, he brings a wealth of knowledge to his practice. He is also a dedicated father of four, an athlete, a lieutenant in the Canadian Armed Forces, a Navy reservist, and an active volunteer.

The Early Years

Born and raised in Charlottetown, Prince Edward Island, Dr. McInnis is the eldest of four children. He is an avid sports enthusiast, having played hockey, baseball, tennis, and golf during his youth. He played hockey and baseball competitively, including Junior A hockey, and was evaluated by the Boston Red Sox as a baseball pitcher. His passion for sports continued into adulthood with weightlifting.

From a young age, Dr. McInnis demonstrated a strong work ethic. He had a paper route at age ten and began his first full-time job at McDonald's at age 13.

Education, Professional Licensure, and Certifications

Dr. Edward McInnis has a comprehensive educational background. He earned his BBA in 1992 from Mount Saint Vincent University in Halifax, Nova Scotia. After traveling across the United States, he completed a BSc (Honors) in Biochemistry and Genetics from Dalhousie University in 1997. 2000, he entered Dalhousie Medical School and graduated in 2004 with a Doctor of Medicine degree. He also earned an Epidemiology Certification from Dalhousie University in 2002. His Emergency and Family Medicine postgraduate studies were completed at McMaster University in Hamilton, Ontario.

His professional credentials include the MCC (Licensure of Medical Council of Canada), Commissioned Rank of Sub-Lieutenant in the Royal Canadian Navy, CCFP (Canadian College of Family Physicians), and promotion to Lieutenant in the Royal Canadian Navy.

Honors and Awards

Throughout his career, Dr. McInnis has received numerous honors. These include the Prince Edward Island Top Medical Student Scholarship, the Burke Certificate for Promise in Family Medicine, a research assistant role on the effects of Prolia in osteoporosis, a special citation for meritorious service in the Canadian Armed Forces, a CME research presentation on "Physicians in the Military," and an honorable discharge from active service in the Canadian Armed Forces.

Academic Experience

Dr. McInnis has held several academic roles, such as Associate Professor in the Department of Biological Laboratory Studies at Dalhousie University, Senior Post Graduate Clinical Instructor at McMaster University, and Senior Professor and Evaluator at the Canadian Forces School of Physician Assistants in CFB Borden, Ontario.

Serving His Country

Dr. McInnis served as a Lieutenant in the Canadian Armed Forces for nine years and remains an active Class B reservist for the Royal Canadian Navy. His military service includes roles as a medical officer for soldiers at home and on deployment, a member of the Disaster Assistance Response Team (DART), part of Operation PLATEAU, a consultant in bio-terrorism medicine, a special consultant and liaison for Canadian Forces and the Canadian Medical Association, and a clinical instructor and liaison officer for the Canadian Armed Forces Physician Assistant Program.

Clinical Experience and Medical Practice

Dr. McInnis worked as an Emergency Physician at McMaster University Hospital for four years before joining the Wasaga/Angus Community Health Center – Family Practice as

Director of Care. In 2010, he joined the Medical Division of the Canadian Armed Forces as a Class B reservist.

Volunteer Work

Volunteering is a significant part of Dr. Edward McInnis's life. During medical school, he volunteered at the Barrington Street Shelter in Halifax, performing medical exams and assisting people experiencing homelessness. He continued his volunteer work in shelters in Hamilton and Toronto, Ontario, and at an STD clinic. Additionally, he has helped individuals exit the sex trade and provided tutoring to children in group homes.

A Family Man, A Man of Faith

He has three daughters (ages 24, 19, and 9) and one son (age 22). He enjoys spending time with his children and actively participates in their activities. He has been a minor hockey coach for over ten years, a parent helper in figure skating, and a volunteer at his daughter's dance troupe.

Dr. McInnis is a practicing Christian and regularly attends Maplevue Christian Church with his children.

Dr. Edward McInnis's dedication to his profession, service to his country, and commitment to his family and community make him a respected figure in his personal and professional life.