



Christine Catoggio

Life Transition Strategist

Midlife Redesign Mentor

Motivational Speaker

Best Selling Author



Inspiring Change Transforming Lives

Speaker Topics

The Vision Map

The Roadmap to Creating the Life That You Desire

Purpose, Passion & Prosperity

Do What You Love, Love What You Do

Embrace Change

Change Your Life

Life Shift

Redefining Your Second Act

Next Act!

Planning for your Next Stage of Life

Christine is an Internationally Recognized Life Transition Strategist.

As a Certified Speaker, Transformation Coach, and Author, Christine empowers men and women who are ready to rise above life's challenges, uncover their true potential, and strengthen their commitment to their vision for their life.

A sought after speaker, is a keynote presenter for both live events and radio platforms, and is a frequently requested speaker at local organizations and conferences.

Christine is the Founder of Successful Life Transitions, Life Planning Specialists.

For more information or to book Christine to speak at your organization visit: www.Successfullifetransitions.com or phone 561-929-1195

Facebook: <https://www.facebook.com/MidlifeRedesignMentor/>

LinkedIn: <https://www.linkedin.com/in/ccatoggio/>

Instagram: <https://www.instagram.com/christinecatoggio/>

"Christine Catoggio is an amazing speaker and coach. It is clear that she is extremely knowledgeable and really knows her stuff. Whether you are in her audience or being coached by her, you can feel that she puts her heart and soul into what she does. Anyone that has the opportunity to learn from her will be incredibly blessed."-- AmondaRose Igoe, Public Speaking Expert

"I want to thank you Christine Catoggio for sharing from your heart and helping me to see why I am on the path I am on, why I absolutely love my life and why I do what I do. I highly recommend attending one of her workshops if you haven't already."
-- Marla Nemanic

"Through your "Time to RISE" workshop, you have guided, inspired and changed many lives with your compassion, guidance and life lessons. I would recommend "Time to RISE" to anyone who needs some hands up to confront life with optimism and meaning. Thank you for inspiring and empowering us during that wonderful girls weekend out."-- Alex



christine.catoggio

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