

# STACEY TRAVIS

CAREER AND LIFESTYLE COACH, TRANSFORMATIONAL SPEAKER



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## SPEAKING TOPICS

### ✦ Addiction Looks A lot Like You and Me.

- How to reduce stigma of employees in recovery
- How to implement recovery programs in the workplace

### ✦ The RISE Method

- Four Pillars of Career Development
- Mindshift in the Job Search

## ABOUT ME

Stacey is a published author and creator of The RISE METHOD.

She works with multiple divisions within a company to help develop inclusionary practices for employees who are active in an addiction recovery program.

Stacey believes that the best way to aid employees in recovery is to reduce the stigma around addiction by providing training to employees and having resource groups accessible to all employees with a desire to overcome addiction of any type.

Stacey has worked with multiple pharmaceutical companies to support employees in recovery by offering "mocktail" hours and 12 step group meetings before/after group functions at National Sales Meetings and other major company meetings.

Stacey practices a sober lifestyle and coaches others utilizing a 12 step recovery program.

Stacey holds a bachelor's degree in Chemistry from Dalton State College and currently works in the Neuroscience division in the Pharmaceutical Industry.

## Testimonial "

Stacey helped us design a training program titled "Alcoholism can look like you and me" to reduce the stigma of addiction in the workplace

## LET'S CONNECT

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