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Isaac Kenyon (aka "inspirational influencer" of the well-being space) delivered an unforgettable talk at the premiere screening of Solo Peaks: a mini-documentary of Isaac undertaking a mega challenge by himself which involved running 218km between the three peaks in Wales. An important heart felt message underpinned by humility and a genuine desire to support those struggling with mental health challenges. An important reminder that we are not meant to journey through life alone, that community matters, and that regular exposure to nature is, in itself, medicine.



Sandy-lee Connolly

Group Head of Talent and Diversity
KELLER

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Huge thanks for this team-building talk, Isaac! Incredibly inspiring as I knew you would be. The team is very energised and ready to take on COP26!



David Saddington

Head of International Nature
Campaign United Nations COP26
**Department for Business, Energy
and Industrial Strategy (BEIS)**

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A remarkable story of true courage and very engaging dialogue that brought the audience with you in rowing an ocean. Bravo on your achievements and we look forward to having you again.



Harry Waddingham

South-East Region Chairman
Bentley Drivers Club

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There is no question, Isaac is a truly exceptional and inspirational individual. The talk he gave to our team about his incredible achievements was the perfect fit to engage and motivate us into realising that we are all capable of achieving great things if we put our minds to it and believe. I would thoroughly recommend him to any organisation looking to inspire high-performance teams.



Tom Jepson

Director
Footprint Digital

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I met Isaac through his involvement with Atlantic Discovery. NAGICO was the proud lead sponsor for this amazing team who shared with us a common desire. That desire was to demonstrate that we humans are amazingly strong and resilient. That in the face of greatest adversity and deepest discomfort we rise and grow. And that ordinary people can do extraordinary things! Isaac and his teammates dared to take on the Atlantic Ocean, the breeding ground for many powerful hurricanes. It takes a strong mindset to do that and to do so successfully. I had the pleasure of hearing Isaac recount his experience in different forums, to different audiences. He was part of a team that spoke with our management and staff and also members of Swiss Re's management, and each time he connected with the audience leaving them inspired and desirous of challenging themselves. Isaac is full of energy and passion and cares about humanity. All of this comes through in his actions and presentations. It was a pleasure both to see and hear Isaac present as well as share the stage with him. He is very engaging, articulate and entertaining.



Kyria Ali

Chief Strategy & Development Officer
Nagico Group



Swiss Re



For rates and availability, please contact: hello@isaackenyon.com

WWW.ISAACKENYON.COM

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Isaac is brilliant, ambitious, fearless and well-accomplished. What makes Isaac one of the best motivational figures that I have come to know, is his ability to persevere, overcome and achieve an end goal no matter the sacrifices involved. He exudes these aspects of his personality through his ability to be influential in the lives of others, including mine.



Niala Singh

Insurance Administrator and Events Coordinator
Nagico Insurances

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I really liked the honesty and personal story of Isaac - it was powerful to hear. I liked the focus on how adventure and wild spaces have proven to be the inspiration for your response to the challenges you and many other face.

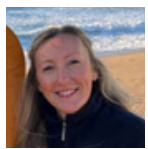


Jim Mitchell

Access and Engagement manager
New Forest National Park Authority

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I just wanted to express huge thanks to you for taking the time - it was hugely impactful and really resonated with the team last week....it fit so well with the overall messaging.



Lian Locke

Group Head of Projects & B Corp Ambassador
Lovat Parks

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I invited Isaac to come to talk to my team at a team building/thought leadership event we were running internally, to inspire the team and challenge their thinking. The talk delivered was exceptional and was thoroughly enjoyed by the team, who found Isaac's stories to be remarkable. As a high-performance team, this galvanised our efforts and captured our imaginations, with real impact into our offerings and service to our clients. I cannot recommend Isaac highly enough and look forward to inviting him to speak again at future events.

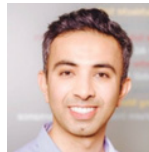


Thomas Rowson

Head of Events
Footprint Digital

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Thank you for an inspiring story, we would love to have you back for the next UN Conference of the parties. Your delivery was spot on. We would love to have you back for COP27 in Egypt next year!

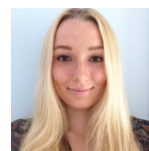


Gaurav Monga

Partner Engagement Officer Resource Mobilization and Partnerships
UNFCCC

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The talk was excellent. I thought that the format worked well and enjoyed hearing your different perspective. The inclusion of video clips helped to illustrate your points and highlight the amazing people across the country. The core values and mission of the expedition aligned well with our audience. Thank you!



Abigail Sweetman

Programmes Officer
Royal Geographical Society (with IBG)



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I saw you at the East of England MIND conference and thought your story was massively inspirational and interesting and thought my team would be really keen to hear.



Nicky Smith

Assistant Relationship Manager

Active Essex

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Isaac was a keynote speaker at the East of England Mental Health in Sport & Physical Activity Conference that we organised. The conference was aimed at professionals and volunteers from across various sectors, seeking to share learning as to how sport and physical activity can be used to benefit people's mental health. Isaac's story was very much in fitting with this theme, adding good value to the event. It was great to hear Isaac draw on his own experience of managing his mental health and the positive impact being active, particularly when immersed in nature has had on this. Hearing about the amazing feats Isaac has achieved and the challenges he has completed was truly inspiring. Yet, all members of the audience could apply and benefit from elements of his mindset themselves, even if not planning on completing any world record attempts any time soon! It was a pleasure to have Isaac present at our conference and we hope to work with him again in the future.



Tom Horey

Project Officer for Health

The Herts Sports and Physical Activity Partnership

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