

# The Growing Cybersecurity Threat: How To Take Action And Protect Yourself NOW



**Presented by:**

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[www.compliancyit.io](http://www.compliancyit.io)

# What I Want You To Know:

- The **#1 security threat to your business** that antivirus, firewalls and other security tools can't protect against.
- Why firewalls and antivirus software **are useless** against the **NEW** threats happening today.
- How mobile phones and cloud applications are **seriously jeopardizing your organization's security** and data protection – and what you need to do to protect yourself.
- The strategies to **protect yourself**.

# So That You're Not...

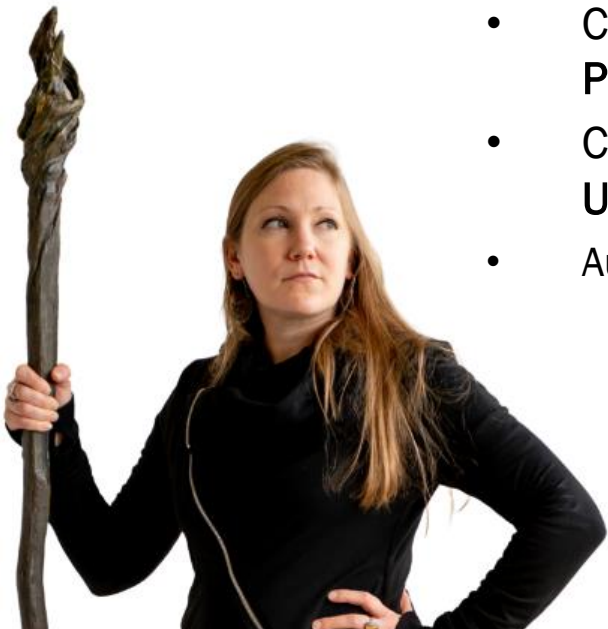
A Sitting Duck To Cybercriminals

Empower You To Protect Everything You've  
*Worked So Hard To Achieve*



# Why Should You Even Care About What I Have To Say?

- **Founded** InTech/ComplianceIT as a Security focused IT Services and Cybersecurity Compliance Provider in **2006**
- Frequently **speak nation-wide** on IT Security, IT Documentation, IT Operations, CMMC | NIST 800-171, and IT for Manufacturers
- Have secured **hundreds of clients**
- Specialize in securing the Defense Industrial Base
- Certified Information Security Manager (CISM)
- Creator of the “IT Documentation Toolkit Cybersecurity Compliance Program”
- Co-Star and Co-Producer of movie “Cybercrime: The Dark Web Uncovered”
- Author of:
  - “Cyber Warfare: Protecting Your Business From Total Annihilation”
  - “The 3 Indisputable Rules Every Manufacturer Must Know Before Purchasing Any IT Product or Service”

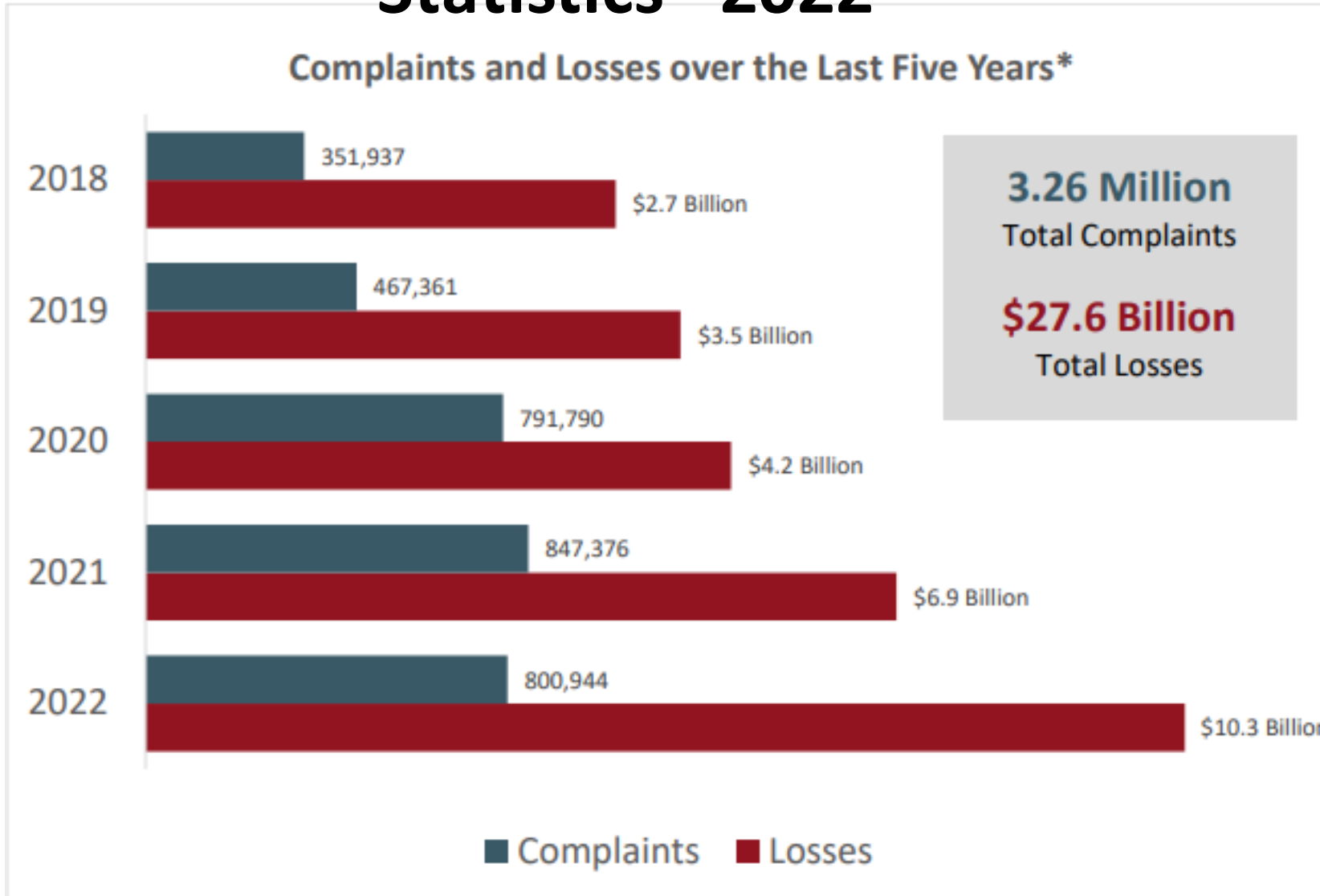


# Attacks Are Becoming More Vicious, More Frequent

- For the first time in history, **cybercrime is now the most prevalent type of crime against businesses.**
- **Identity Theft** is the most common type of consumer crime.
- All can be achieved behind a keyboard, far, far away from the victim



# Internet Crime Compliant Center (IC3) Statistics - 2022



# If It's So Common, Why Don't You Hear More About It?



- It's extremely embarrassing to admit you've been hacked.
- Many people *don't even know* they've been hacked until it's revealed in a Security Audit.
- ***Horrible PR: Do you REALLY want your clients (or patients!) to know their information was accessed?***
- The legal ramifications (fines, lawsuits, legal fees) can be *significant*, so many incidents stay hushed up.





# The Evolution Of Crime



The Tools Have Changed, But The Underlying Motives Are The Same: Theft, Fraud, Blackmail

# What's Motivating Them?

## The Same Thing As You: Money

THIS IS A BUSINESS, but without the overhead, taxes or problems most legitimate businesses face.

- Credit card details sell for: \$2 to \$90
- iTunes accounts sell for about: \$8
- Physical credit cards sell for: \$190
- One successful ransomware hit for a business is worth \$2,500 to \$50,000 per incident!
- Even an amateur can expect to make \$80,000 per month stealing and selling data.



# 80 Million People HACKED

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This Is A Serious BUSINESS  
For Hackers, Not Just A Hobby

They Are Working 365 Days A  
Year To Steal Data To Sell On  
The Dark Web And/Or  
Siphoning Money From Your  
Bank Account And Company



# EQUIFAX

## DATA BREACH by the numbers



DATA ELEMENT STOLEN IMPACTED U.S. CONSUMERS

Name	147 million
Date of birth	147 million
Social Security Number	146 million
Address	99 million
Gender	27 million
Phone number	20 million
Driver's license number	18 million
Email address	2 million
Credit card number	209,000
Tax ID	97,500
Driver's license state	27,000

# 147 Million People HACKED

## Cybercriminals Use This Data To:

- Open credit cards and take out loans in your name.
- Steal your tax refund by filing a return with your name.
- Create highly targeted phishing scams to access your bank account, e-mail, computer and network.





**Sign Up Now!**  
**Start Hooking Up Tonight!**

**I am/We are a:**  
Man

**Interested in meeting:**  
 Men  Women  
 Couple / Group  TS/TV/TG

**My birthdate:**  
Month Day Year

**Country:**  
United States

**Zip code:**  
[ ]

# 400+ Million People's Data Stolen, Exposed

## How Cybercriminals Use This Data:

- Blackmail, exposing your sexual preferences and online dating history, transgressions and “interactions” unless you pay up.

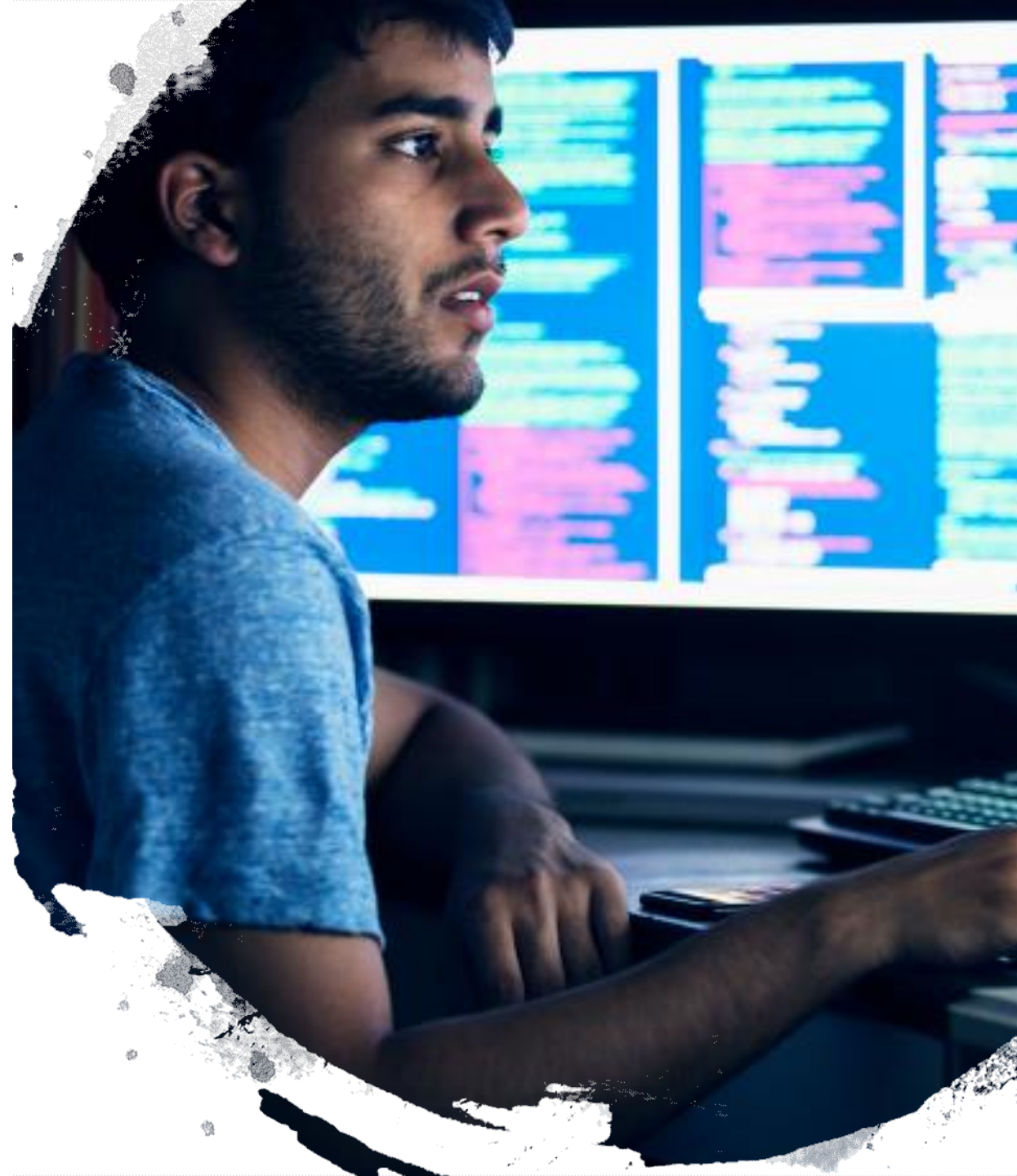
# What's **Enabling** Them?

- This is an **EASY business** to set up and run with low to no overhead.
- There are **hundreds** of websites, “exploit kits,” how-to information, and services being sold to assist hackers.
- Malware **programs run on autopilot** using artificial intelligence and bots; they **DO NOT** require a “guy sitting at a computer” hacking *one account at a time*.
- IoT (Internet of Things) **EVERYTHING** is connected, making it easy to gain access.
- The **FBI is overwhelmed** with cases; so while your incident is **BIG** to you, it’s “one in a million” to them (*you're on your own*).
- The **Dark Web** makes it near impossible to catch them, and there are not country borders.



# What's **Enabling** Them?

- **Business Email Compromise (BEC)** is a leading method of attacks, with the IC3 receiving 21,832 complaints in 2023 accounting for over \$2.7 BILLION in losses.
- Tech and Customer Support / Government **Impersonation** strategies defraud thousands of victims a year, accounting for over \$1 BILLION in losses.
- Many of these outfits operate like **LEGITIMATE BUSINESSES** – complete with comp plans, PTO, and onboarding programs.
- **YOU**. You are enabling them due to your lack of knowledge and vigilance.





# What Is The “Dark Web”?

- The “Dark Web” is a separate, hidden part of the “World Wide Web” that is concealed from conventional search engines where cybercriminals operate.
- Cybercriminals use it because you can operate anonymously.
- It’s estimated the “Dark Web” is 550 times larger than the “World Wide Web”...and growing!





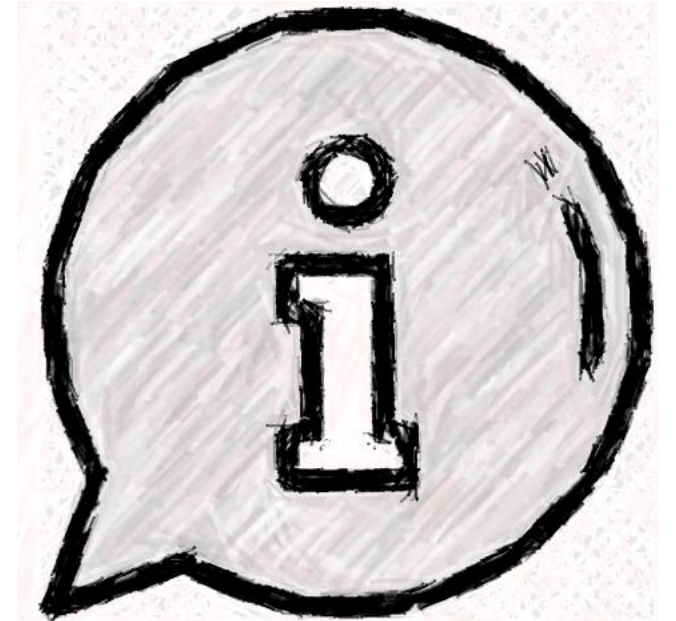
# Want to know more?

- Check out my documentary “**Cyber Crime: The Dark Web Uncovered**”
- Available on Amazon Movie.



# But What Kind Of Information Is There?

- Credit Card Numbers
- Social Security Numbers
- PII (name, birthdate, address, phone number, etc.)
- Your health data
- Account numbers: bank, financial investments
- Usernames/email addresses and passwords
- **YOUR SENSITIVE INFORMATION**



# My Information?

12/14/23 rahkeem@joepolish.com pira\*\*\*\*\*

11/03/23 eunice@joepolish.com rtyu\*\*\*\*\*

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kick\*\*\*\*\*

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Emai\*\*\*\*\*

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eunice@joepolish.com

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# The Biggest Danger Is **Your Complacency**

Please **DO NOT** underestimate the importance of addressing and protecting yourself from these threats.



# “Only The **Paranoid** Survive”

“Success breeds complacency, complacency breeds failure. **Only the paranoid survive.**”

- *Andrew Grove, former CEO, Intel*



# The #1 Threat To Your Business Is...

## Your Employees!



- Even GOOD employees make mistakes, deleting files, clicking on phishing e-mails or innocently logging in to a compromised Facebook page.
- Employees often use **free and unsecured file-sharing applications** and cloud applications to share confidential information simply because they don't know better – and they don't think to tell you about it!
- With more people using **personal devices for work**, the “perimeter” of your network can easily be compromised, and is harder to protect.



## FBI Reports More Data Breaches from Disgruntled Employees

**The FBI reports seeing a spike in insider data breaches. Use these 6 strategies to fight this growing threat and prevent insider attacks on client networks.**

Last week, the FBI issued a [cyber security warning](#), stating there's been an increase in data breaches caused by disgruntled employees on or around the time they left their employer. Employees were using their access to company data to...

**Disgruntled employees (and IT vendors!) who've been fired also pose a HUGE THREAT since they often have direct access to a VAST NUMBER of cloud applications and data.**

# Shadow IT

How Much Of Your Company's Data Is Out On Rogue Cloud Apps, Put There By Employees Who Are Just Trying To Do Their Job?

That's A GOOD Question; Do You Even Know The Answer?

BUSINESS INSIDER Tech Finance Politics Strategy Life

TECH More: Dropbox

## Nearly 7 Million Dropbox Passwords Have Been Hacked

STEVE KOVACH OCT. 13, 2014, 11:58 PM 44,024 10

FACEBOOK LINKEDIN TWITTER GOOGLE+ PRINT EMAIL

Nearly 7 million Dropbox usernames and passwords have been hacked, apparently via third-party services that hackers were able to strip the login information from.

The Next Web was the first to notice the leak on



Flickr/Ian Lamont/Dropbox In 30 Minutes





Scam alert: New ransomware puts child pornography on victims' smartphones

Investigators in Tennessee uncover disturbing new twist on old ransomware scam

By Jennifer Abel



**These Criminals Are Scum With**  
**No Boundaries**

# Government Fines Are Escalating For Businesses

If A Device Is Lost Or Stolen, And The Data Was NOT Encrypted, You May Have Violated A **State Data Breach Law**

- In MOST states, “personal information” is considered a person’s first name or first initial and last name in combination with a driver’s license number, social security number, or any information (including logins and passwords) related to financial records (credit cards, access codes, passwords, etc.).

## FierceHealthcare

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Tech

### Medical imaging company to pay \$3M to settle HIPAA breach impacting 300K patients

by Heather Landi | May 7, 2019 10:00am



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About the Author



**Heather Landi**  
Senior Editor

# #3: Investment and Bank Fraud

The FDIC Does NOT Protect You From Bank Fraud, And The Bank Is NOT Responsible For Getting Your Money Back Once Stolen!!!

P.S. – It's WORSE in crypto...



A photograph of Verne Harnish, a man in a dark suit and red striped tie, speaking at a conference. He is standing in front of a large banner that reads "GROWTH SUMMIT Presented by: FORTUNE".

# Verne Harnish's Whaling of a Bad Time

8 November, 2016

## How Verne Harnish Had \$400,000 Stolen From His Bank Account

For those familiar with the worlds of small business management and entrepreneurship, Verne Harnish is a venerated authority. A popular thought leader who regularly hosts panels and conferences globally, his founding credits including the [Entrepreneurs' Organization](#), [Gazelles Growth Institute](#), and strategic planning and executive education firm [Gazelles Inc](#) (a system and process used by our own company). Though a business guru by all definitions of the term, his latest newsletter illustrates that nobody can be too knowledgeable —or cautious— to be immune to [phishing](#) and [whaling attacks](#).

Harnish recounts [a recent run-in with cyber criminals](#). During a conference for leading Russian CEOs and entrepreneurs in Moscow, his email was hacked while using a public network. The assailants accessed daily updates including his organization's substantial bank balances, as well as his process with his assistant for transferring funds.



# #4: Smishing and Vishing

No, its not some fancy new way to ski

- **Smishing** – fake SMS messages or DM's engineered to get you to click on links or take other actions
- **Vishing** – calls from malicious actors posing as legit services to get you to send money, access your computer, give them your credit card information
  - This just got next level with AI. Now they can sample someone's voice and an AI will generate that voice on a LIVE phone call.



# Consider The Fall Out Of A Cyber Attack....

## Depending On What Happens...

- You will be **BLAMED**. There's no sympathy for businesses who get hacked, and you're wrongly labeled irresponsible, stupid.
- You may be questioned, possibly investigated, about what you did to prevent this from happening.
- You may need to **notify CLIENTS** that you exposed their data to cybercriminals, or at least were hacked, losing files and data, delaying projects and halting services.
- If the news (or your competitors) gets wind of this, they'll have a heyday, **destroying your reputation**.
- **Costs** for restoring data and work can quickly escalate.



# **RISK**

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# **STRATEGY**





# How Do You Protect Yourself?



# Think Like A Cybersecurity Guy (or Gal)

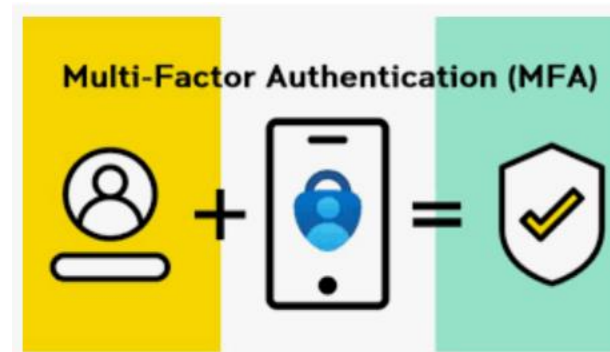
## The 5 Tenants of Zero Trust

- **Never Trust, Always Verify** – an email, a phone call, a text message, a DM
- **Assume Breach** – assume you have been or WILL BE breached
- **Assume a Hostile Environment** – don't trust anything, even if it says "secured"
- **Scrutinize Explicitly** – Doubt it, pick up the phone can call someone directly, look for signs that the communication is not authentic, if it doesn't feel right, don't trust it
- **Utilize Unified Analytics** – Corroborate the information you have and ASK FOR HELP

# How To Protect Yourself

## Vital Protection #1

Multi-Factor Authentication (MFA, 2FA)



# How To Protect Yourself

## Vital Protection #2

Up Your Password Game

Strong, Long, Unique  
Password Manager



# How To Protect Yourself



## Vital Protection #3

Continuous Cybersecurity Awareness Training

Try to make it interesting, engaging and relevant

# How To Protect Yourself



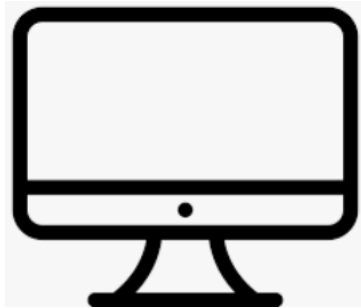
## Vital Protection #4

**YOU CANNOT TOOL YOUR WAY SECURE**

Security Tools, the RIGHT ones

- EDR, MDR, XDR
- SIEM, SOAR
- SOC
- DLP
- Zero Trust Endpoint Protection, Application Whitelisting
- DNS Cleansing, Web Filtering
- VPN or SASE
- Firewall
- Spam Filtering/Email Security
- Removable media blocking
- Backup of critical data/apps

# How To Protect Yourself



## Vital Protection #5

Configuration Hardening

Devices, cloud platforms, applications

# How To Protect Yourself

## Vital Protection #6

Documentation



Policies, Plans, Procedures, Lists, Approvals,  
Ticketing



# Secure Your Passwords Now:



“The Simple Guide To Hacker-  
Proof Passwords”

[www.complianceit.io/hackerproof](http://www.complianceit.io/hackerproof)



# QUESTIONS?

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