


DEFINE YOUR SUCCESS



WHAT DOES SUCCESS LOOK LIKE TO YOU?

A scenic landscape featuring a rocky foreground with moss-covered stones, a wide river valley in the middle ground, and mountains in the background under a cloudy sky. The text is centered in a white box with a thin black border.

WHAT ARE THE BENEFITS TO YOU
FOR ACHIEVING YOUR SUCCESS?

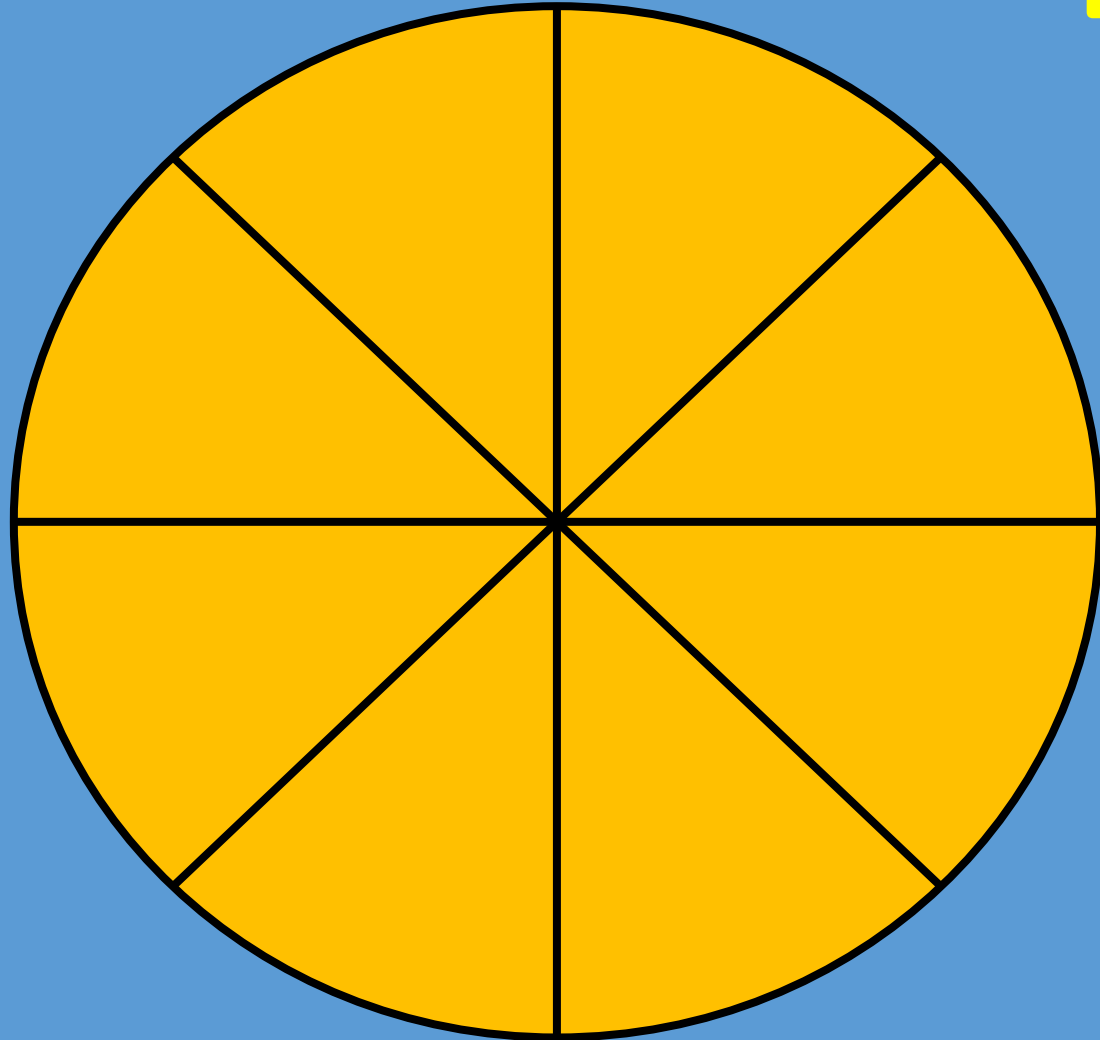


WHAT ARE THE COSTS TO YOU IF
YOU DO NOT PURSUE YOUR
SUCCESS?



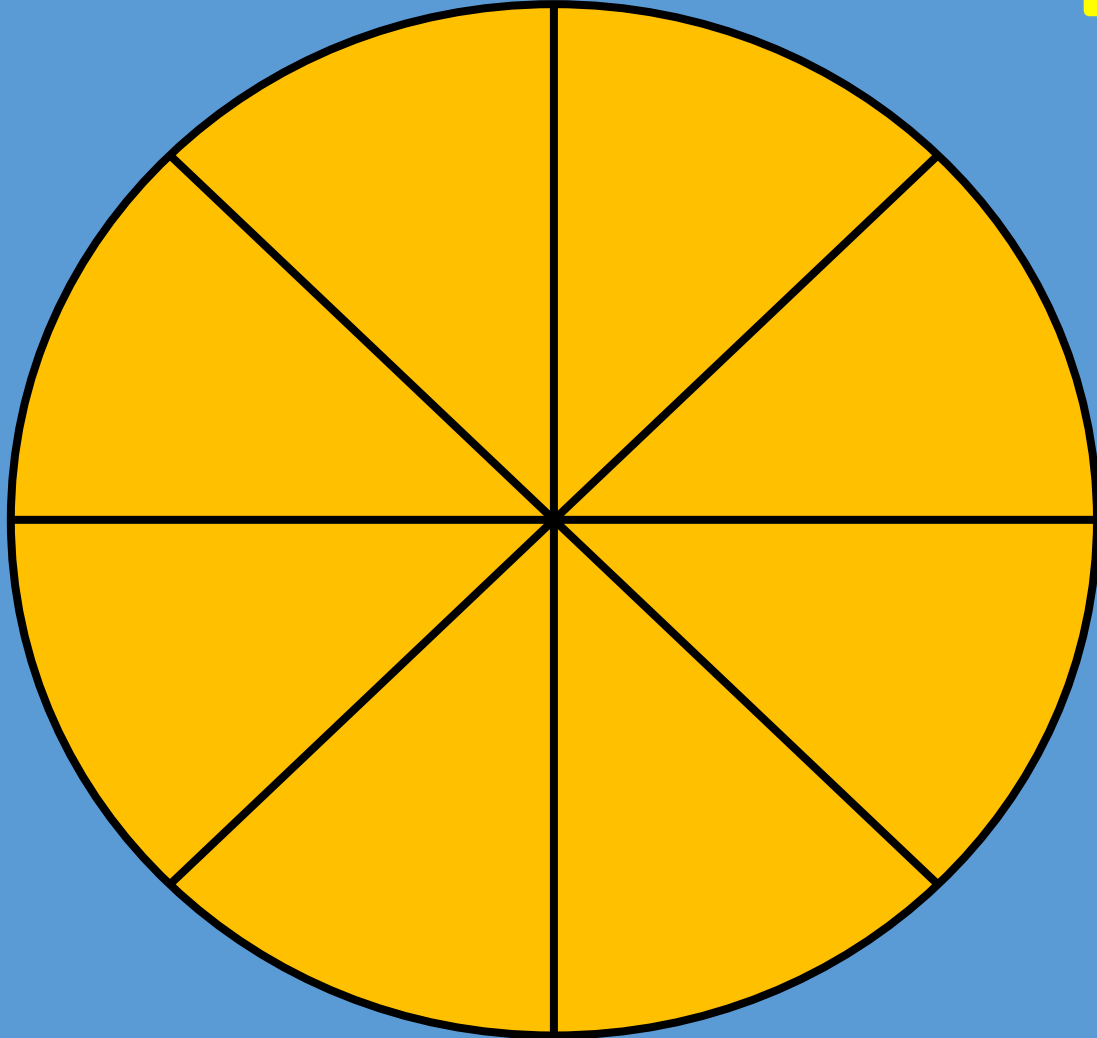
WHAT ARE THE ENABLERS THAT WILL
CONTRIBUTE TO YOUR SUCCESS?

ENABLING WHEEL



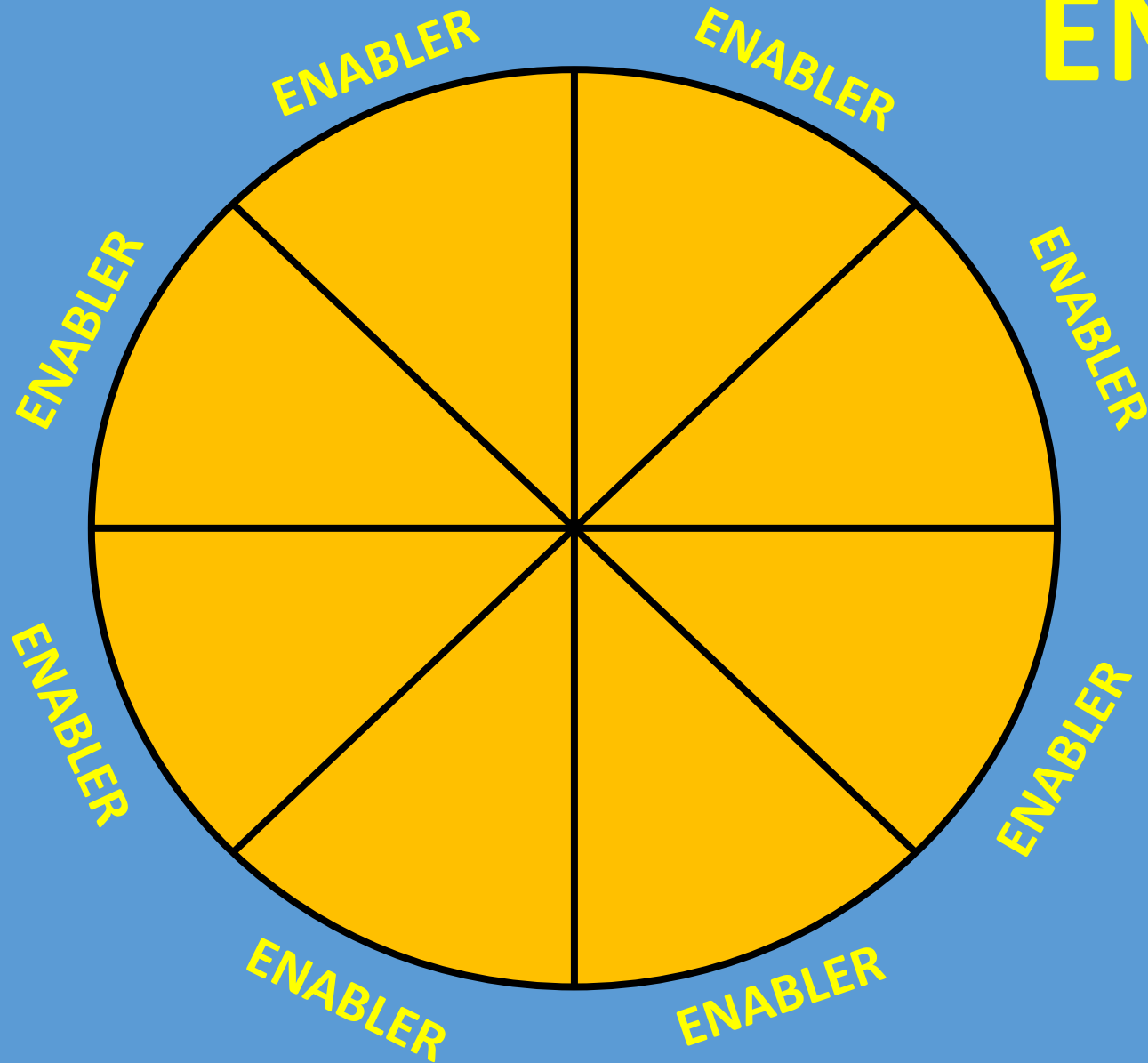
**THIS WILL SHOW
YOU A SNAP SHOT
OF WHERE THINGS
ARE TODAY**

ENABLING WHEEL



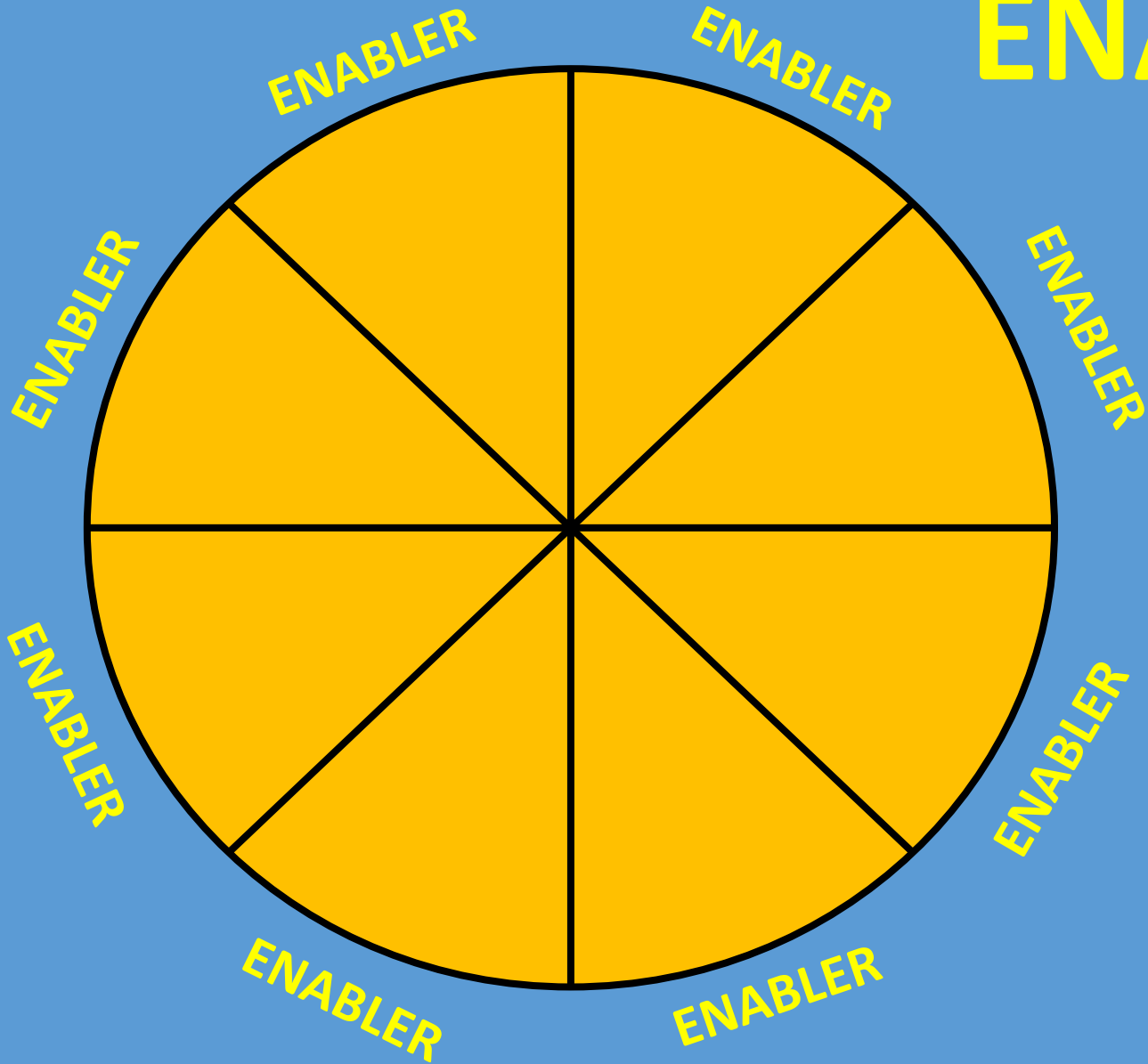
**PICK YOUR TOP
EIGHT ENABLERS**

ENABLING WHEEL



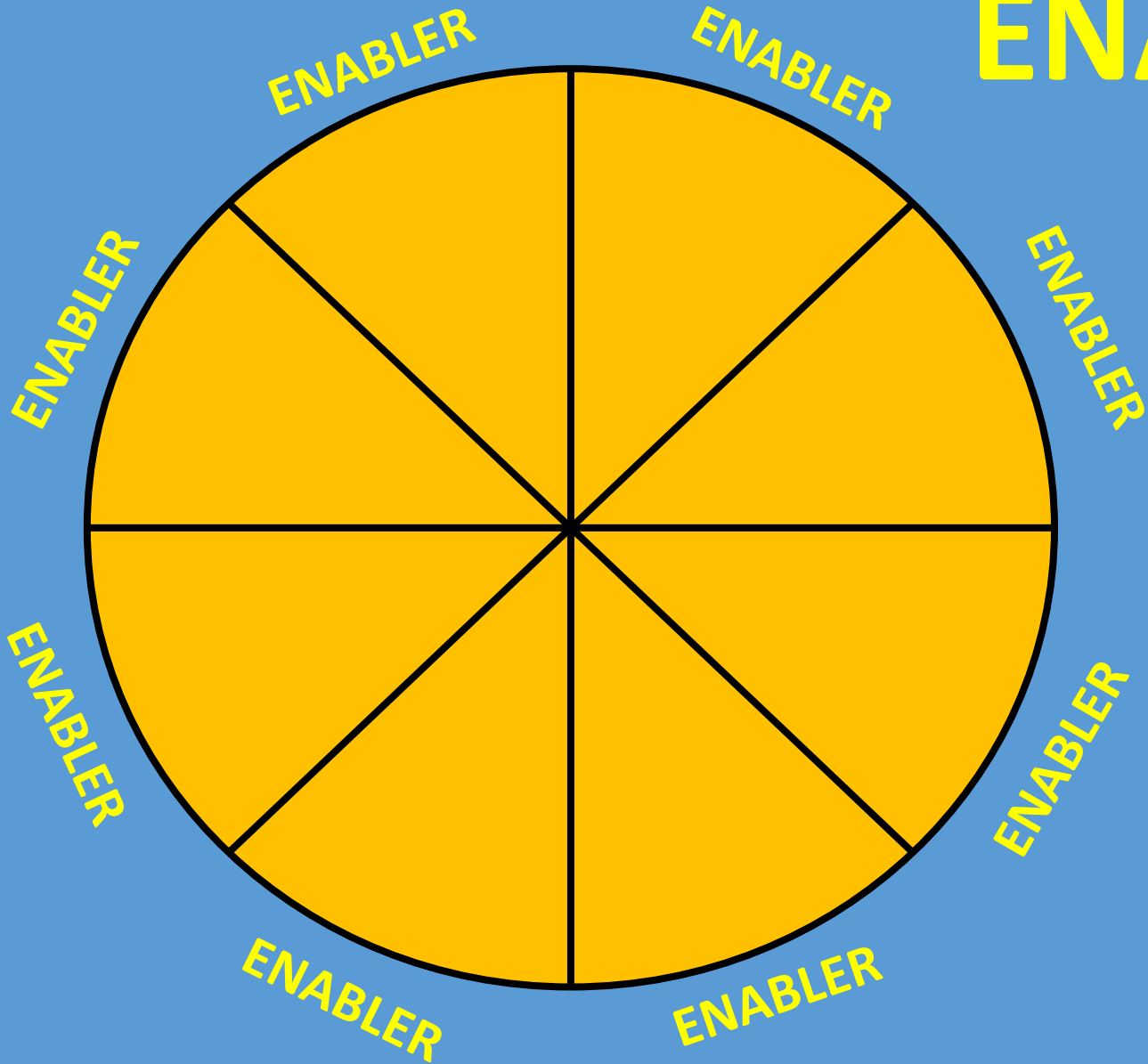
**WRITE AN
ENABLER TO
EACH SECTION OF
THE WHEEL ON
THE OUTSIDE**

ENABLING WHEEL



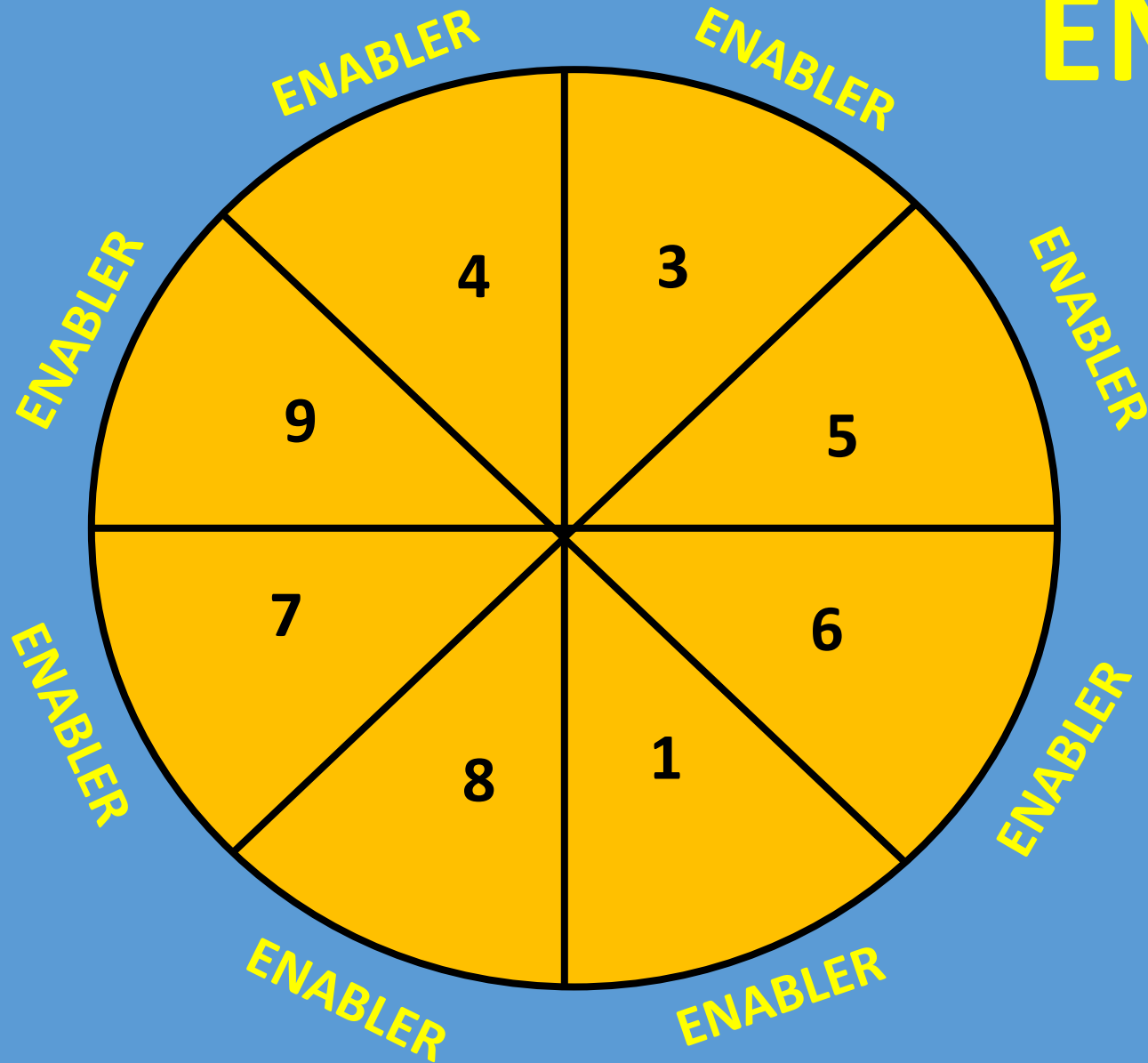
**YOU ARE NOW
GOING TO ASSIGN
A NUMBER OUT OF
TEN TO EACH
ENABLER FOR
THE FOLLOWING
QUESTION**

ENABLING WHEEL



**HOW
SATISFIED
ARE YOU IN
THESE AREAS
TODAY?**

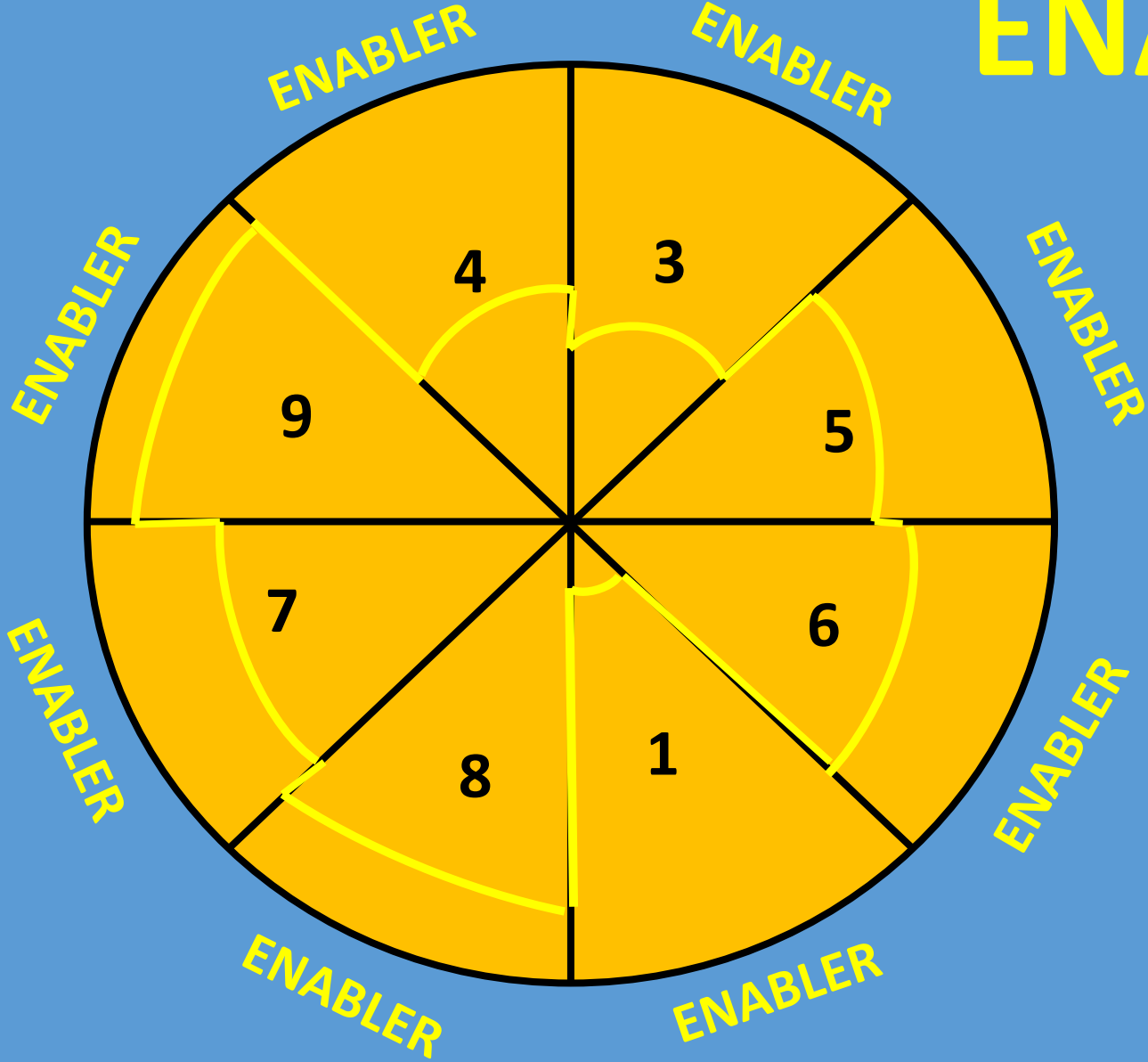
ENABLING WHEEL



HOW SATISFIED ARE YOU IN THESE AREAS TODAY?

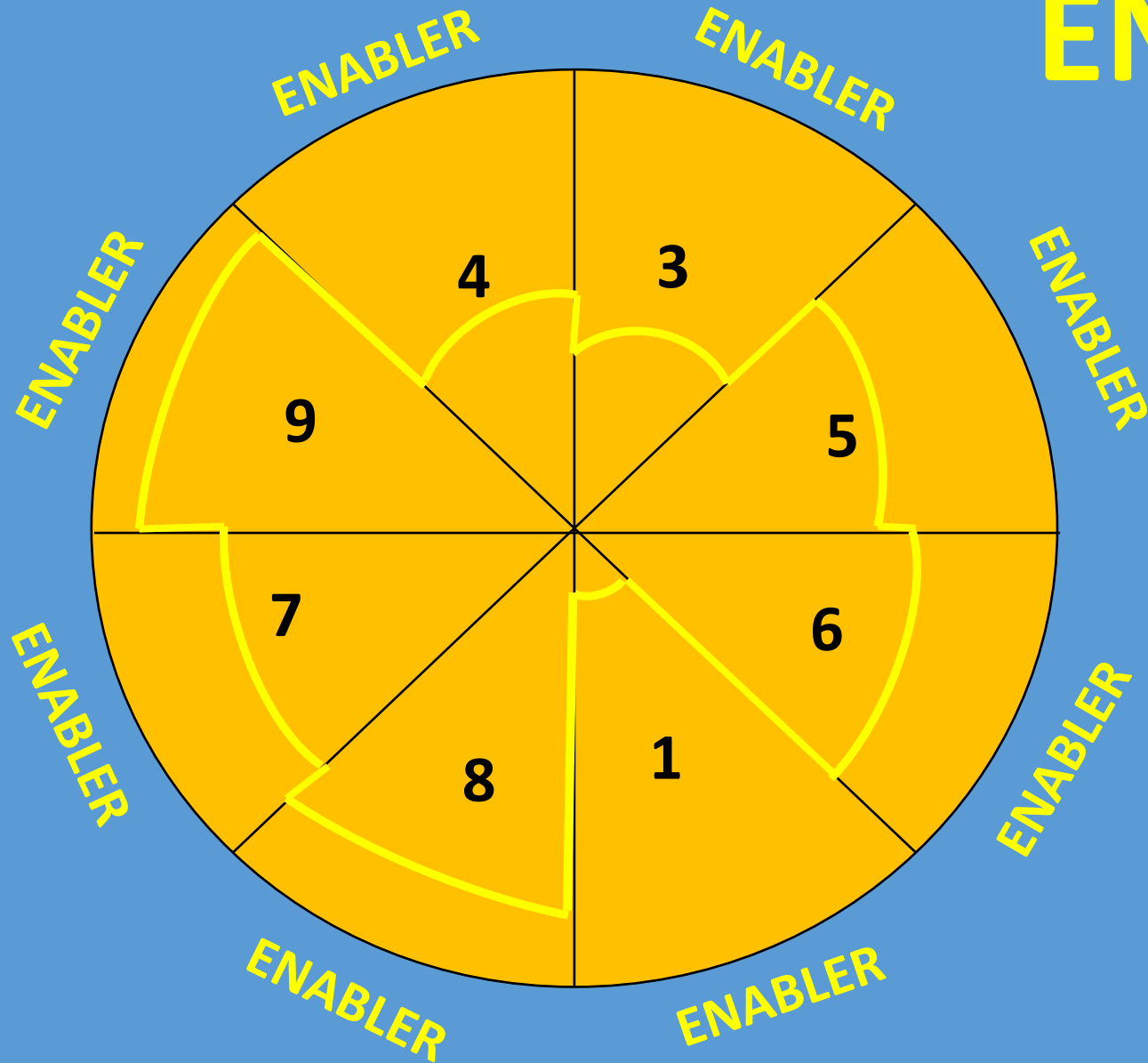
SCORE EACH ENABLER FROM 0 TO 10 AND ADD TO THE NUMBER TO EACH SECTION

ENABLING WHEEL



**DRAW YOUR
REALITY LINE**

ENABLING WHEEL



**WHAT DOES
THE NEW
SHAPE MEAN
TO YOU?**



WHICH ENABLER ARE YOU GOING
TO WORK ON FIRST?

A young woman with long brown hair and black-rimmed glasses is smiling while talking on a black mobile phone. She is wearing a dark blue or black top. The background is a blurred office environment with a green plant on the left and a corkboard with papers on the right. The text 'WHAT THREE ACTIONS ARE YOU GOING TO TAKE?' is overlaid in white, bold, sans-serif font across the middle of the image. Below the text is a solid orange horizontal bar.

WHAT THREE ACTIONS
ARE YOU GOING TO TAKE?



WHEN ARE YOU
GOING TO
COMPLETE YOUR
ACTIONS?

HOW WILL YOU
REWARD
YOURSELF FOR
YOUR SUCCESS?





Next Step

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My purpose is to help people to understand what's important to them so they can live a life of fulfilment

You have taken the first step to your life of fulfilment, and it is time for you to take the next one.

Working with me one to one will take you to another level. Confidence, self belief and feeling like you could take on the world.

If you are looking to rediscover who you are, what you really want and how you want to feel send me an email to email@jamesdeancoaching.com and book your work together call today.