

DR. ANH LAN NGUYEN - ICF ACC, PMP

TRANSFORMING LIFE THROUGH HEART-TO-HEART CONNECTION

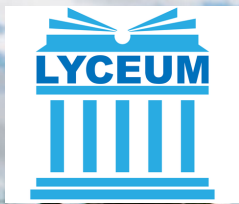
Professional Speaker, Trainer - ICF Certified Professional Life Coach
specialized in Emotional Intelligence and Coaching for Transformation -
Community Leader and Passionate Youth Leadership Developer.

"Our life is the result of a series of experiences through our own thoughts, emotions and actions. If you practice the GRACE mindset and emotional intelligence to become a responsible and grateful owner of your life, you will become the driver of your own life journey, deciding your state of mind, and creating memorable and meaningful experiences for yourself, for your loved ones, and for the community you live in. You are the choices you made in this world, and you do have a choice to be better every day - Choose to grow, choose to make progress and choose to live fully in the present. I am here to support you in this beautiful life journey" Dr. AnhLan

"Each of us has a unique gift inside waiting to be discovered and brought out to enable us to live a life with joy, happiness and fulfillment. My role as a coach is to connect with my clients through a sincere, heart-to-heart connection so that I can support them to discover this unique gift which will empower them to become the best version of themselves, becoming happier, healthier and more fulfilled ." Dr. AnhLan

Let us serve you!

Dr. Anh Lan Nguyen and the team at Lyceum Global have delivered many workshops and talks to thousands of teams and individuals all over North America on Emotional Intelligence, G.R.A.C.E and other personal development topics. Let us know how we can serve you, your team, your business, your community.



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Services

Coaching - Training - Speaking - Consulting

Pricing

Coaching \$200 - \$250/hr - Coaching package for six month (please contact for details)

Training workshop \$1,500 - \$3,000 Speaking engagement \$1,000 - \$3,000

"Yesterday I was so grateful to be invited by Cindy to hear a talk from Dr. Anhlan to learn about emotional intelligence at the Google campus. A couple of key things learned: 1) Everyday when you wake up, there's 86,400 seconds in your time bank account, use it wisely 2) The unconscious mind can process unto 11 million pieces of information/sec, but the conscious mind can only process about 40 pieces/sec 3) Learn to filter out the noise and keep the essentials"

Sophia Mai (Google Software Engineer)

"Anhlan did an amazing job to get us aligned as to what Emotional Intelligence is and why it is so important in our personal and professional life."

Kin Lee-Yow (CIO, CAA Southern Ontario, Canada)

"Your seminar dramatically changed my life and helped me resolve a problem that I could not resolve on my own, which I had been trying to resolve for the entire three years. It's amazing how a few hours at a workshop can have such a life-changing impact! My heart is overwhelmed with gratefulness for the work that you and Jenny do."

Ani (Anne) Lemaster, Attorney, Life Coach, Fort Lauderdale, Florida

"Dear Mrs. Anhlan Nguyen, I really enjoyed your awesome workshop. I have been in childcare for 33 years. I have never been to a workshop like this. I believe that you will be very successful in spreading this concept to many schools and beyond. I really enjoyed your breathing technique/song. Gratefulness, Respect, Accountability, Courage and Engaging are 5 very crucial core values that are so very essential and should be taught to children and be applied to our personal lives. It was so refreshing to hear such beautiful core values being put into action in our personal lives and a classroom full of children who are yearning to learn so much. Thank you so much for a job well done. I can see that you really enjoy presenting your concept with an enthusiastic spirit. I believe that you will continue to shine your light ever so brightly for all to see."

*Patricia Singletary
Beginning Primary Teacher, Montessori Learning Institute, Houston, Tx.*