

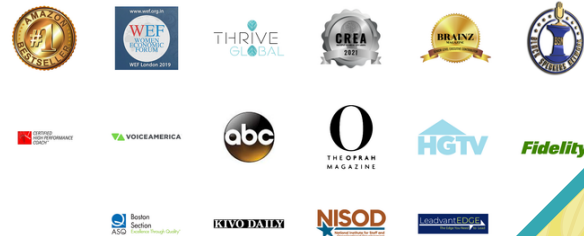
Eva Medilek

Author | Speaker | Coach | Facilitator

Eva Medilek is a certified high-performance coach, international speaker, #1 best-selling author and inclusivity trainer. The author of "The Intimacy of Race: How to Move from Unconscious Racism to Active Allyship for People of Privilege," Eva is an advocate for creating inclusive environments. Her dedication to fostering diversity and inclusion is seamlessly woven into her facilitation and coaching practices. Recognizing that true progress involves personal development, Eva passionately believes that social change begins with individual growth. In her multifaceted roles as a trainer, coach, and facilitator, she guides her clients in developing the essential skills necessary for advancing their careers while maintaining health, well-being, and happy relationships. Eva is a catalyst for change, creating pathways for growth and leadership opportunities across diverse cultures.



My clients want to develop the leadership and communication skills to advance professionally without compromising their personal lives while actively contributing to diverse and inclusive cultures.



Favorite Topics:

- High performance habits
- *Success without Sacrifice; Advance Your Career Without Sacrificing Your Personal Life*
- *Creating Inclusive Environments: Communication Skills to Overcome Barriers of Racial and Cultural Assumptions*
- *Empowering Educators: Strategies for Creating Inclusive Environments for Student Success Across Diverse Populations*

Questions to Ask Eva:

- *What's the difference between high-achievers and high-performers?*
- *How can we prioritize when everything is important?*
- *What is the most important thing in creating inclusive environments?*
- *What is the opportunity path for everyone in the company/every student to be a high-performer?*

Book:

- *The Intimacy of Race; How to Move from Subconscious Racism to Active Allyship for People of Privilege*

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