

GET YOUR WORKPLACE BRAVE ON!

Create a culture where people are brave enough to bring all of who they are, to all of what they do.

TEC 451 Spring Retreat
with Carol Schulte

**98% OF PEOPLE LIVE IN
THEIR COMFORT ZONES.**



Don't Panic

A group of hikers is seen from behind, walking along a rocky and muddy trail in a mountainous region. The hikers are wearing various colored jackets (red, green, blue, black) and carrying large backpacks. Some are using trekking poles. The background shows misty, grey mountains under an overcast sky. A thick teal horizontal bar is positioned across the middle of the image, partially overlapping the hikers.

/BRÄV/:

Your willingness to get into action
long before you feel ready.

A group of hikers is seen from behind, walking along a muddy and rocky trail in a mountainous region. They are wearing various colored rain jackets (red, yellow, green, blue) and carrying large backpacks. Some are using trekking poles. The background shows misty, snow-capped mountains under a grey, overcast sky. A thick teal horizontal bar is positioned across the middle of the image, partially overlapping the hikers.

/BRÄV/:

...because you are choosing to feel ready enough.

Bravery Busters



TEC

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Perfectionism



People-Pleasing



Paralleling



Proving



Procrastinating

BOLD COMMUNICATION



RESILIENCE



AUTHENTICITY



VULNERABILITY



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EMPOWERMENT



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SUPPORTIVE LEADERSHIP



PSYCHOLOGICAL SAFETY

EXPERIENTATION

The background of the slide features several Erlenmeyer flasks filled with a mixture of small, colorful beads in shades of blue, green, yellow, pink, and white. The flasks are arranged in a grid-like pattern, with some partially visible at the top and bottom edges. A solid teal horizontal bar is positioned below the main title text.

EMBRACE

EXERCISE

EMPOWER

ESTABLISH

ENGAGE



THE BRAVE LIST

*What would you do if you
were even braver?*



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Let's Connect!