



HANNAH AUSTIN

Best-Selling Author | Speaker | Thought Leader

"BURNING BRIGHT IS ALL ABOUT SMALL CHANGES FOR BIG IMPACT. I HELP PROFESSIONALS MAKE SMALL TWEAKS TO THEIR LIVES TO HELP THEM REIGNITE THEIR SPARK AGAIN".

AS SEEN ON



about

Hannah Austin is a highly sought-after corporate leader and management professional, specializing in the management and prevention of burnout for professionals.

As the CEO and Founder of SheShatters, LLC, she draws on her experience consulting and coaching teams to provide their employees with the support they need to burn brightly without burning out.

Prior to founding SheShatters, Hannah spent 20 years as an executive in the healthcare industry, a role in which she faced immense pressure and witnessed her colleagues suffering the effect of burnout en masse. She became determined to make a change that would impact not only her own path in life but the paths of the many inspiring professionals she knew and worked with.

Hannah founded SheShatters in 2021 with the goal of helping employees and managers to find a balance between their personal and professional lives, and on a macro level, leading a movement away from corporate hustle culture.



KEYNOTE

BURN BRIGHTLY-NOT OUT!

Is your team feeling the burn or reaching the end of their fuse? Professionals all over the world are struggling with fatigue and exhaustion - but it doesn't have to be this way. Burnout expert Hannah Austin will help your team create a life that restores their most precious resources - their energy, time, and passion for the things that truly light them up. This powerful session will provide actionable key takeaways to help your team find their spark again and move forward with more focus, enthusiasm, and vivacity.

BURN BRIGHT WORKSHOP

Ignite the spark in your team and empower them to make active work-life integration decisions through this 50-minute workshop.

clients



LET'S CONNECT!



ENGAGE HANNAH TODAY!

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