



Intentional Leadership Workshop

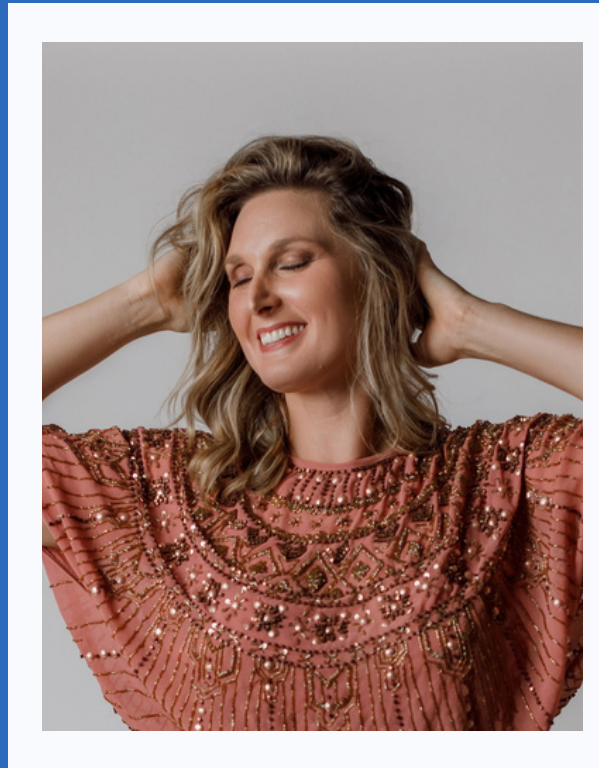
Anything and everything we want to be good at, we have to practice, that includes intentionality as a leader. In this workshop we break down three of the main aspects required to be an intentional, truly effective wildly profitable leader.

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WELCOME TO MY COURSE

This course is meant to answer the questions:

What is intentional Leadership?

Why is it important?

How do I become a more intentional leader?

A close-up photograph of a person's hands holding a glowing lightbulb. The lightbulb is filled with string lights, and the person is wearing a dark suit jacket. The background is dark, making the glowing lightbulb the central focus.

“If your actions create a legacy that inspires others to dream more, learn more, do more and become more, then, you are an excellent leader.”

— Dolly Parton

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What is Intentional Leadership

What are the three main ingredients of intentional leadership and what do they create?

-03-

Respect

Respect interwoven into all action. What is respect and what role does it play in being an intentional leader?

-02-

Cultivate Curiosity

Curiosity Mode vs. Expert Mode

-04-

Practice Accountability

What does accountability look like and how do we make a continual practice of it?

-05-

FINAL THOUGHTS/ Q&A

Review of the intentional leadership formula and its deeply interwoven parts. Bringing it all together.



Intentional Leadership

If we had to distill Intentional Leadership down to its core essence, what is that formula?

What does being an intentional leader lead to?

We will determine the basic elements of the equation, define terms and discuss what all of it leads to.

“You never change your life until you step out of your comfort zone; change begins at the end of your comfort zone.”

— Roy T. Bennett

(Be Curious + Be Respectful) *

Practice Accountability =

Intentional Leadership

Curiosity: the desire to learn or know about anything; inquisitiveness. (Dictionary.com)

"The important thing is not to stop questioning. Curiosity has its own reason for existing."

-Albert Einstein

Respect: due regard for the feelings, wishes, rights, or traditions of others.

(Dictionary.com)

"To be one, to be united is a great thing.
But to respect the right to be different is
maybe even greater."

-Bono

Accountability: an acceptance of responsibility for honest and ethical conduct toward others. It implies a willingness to be transparent.
(Investopedia)

“A body of men holding themselves accountable to nobody ought not to be trusted by anybody.”

- Thomas Paine



**Anything we want to be good at
we have to continually practice.**

National Geographic Defines an Ecosystem as:
a geographic area where plants, animals, and
other organisms, as well as weather and
landscape, work together to form
a bubble of life.

What if we, as leaders looked to create a work environment as a 'Bubble of Life'

O2

Cultivate Curiosity

Curiosity Mode Vs. Expert Mode

What does taking ourselves out of expert mode and instead cultivating curiosity teach us?

How do we practice Curiosity?

How does Curiosity impact and change who we are as leaders?

Bravery is the choice to show up and listen to another person, be it a loved one or perceived foe, even when it is uncomfortable, painful, or the last thing you want to do.”

— Alaric Hutchinson

**Expert mode takes us away from learning,
curiosity puts in the place to be able to
powerfully shift our understanding/
perception.**

Becoming a leader is synonymous with becoming yourself. It is precisely that simple, and it is also that difficult.

-Warren Bennis

Our perception is our responsibility.

03

Respect

In this chapter we build on the last adding nuance much needed nuance to the conversation around curiosity.

Curiosity without respect is intrusive.

How do we create respectful environments and what does that mean?

To be one, to be united is a great thing. But to respect the right to be different is maybe even greater.

-Bono

Tenants of Consent & Respect:

One

What is spoken between me and a person or persons stays within that room and that conversation unless express permission is GIVEN by the person or person(s) sharing.

Tenants of Consent & Respect:

Two

Ask for permission to enter into a lengthy, difficult and or emotionally charged conversation.

Tenants of Consent & Respect:

Three

Clean it up!

Storytelling/metaphor is one of our greatest tools for learning. So it stands to reason that listening to and believing others' stories and their lived experience is critical.

“If you have to make the person across from you ask, and you already know what they need, and you make them ask you, you don’t really care about them...”

-Skyh Black



Practice Accountability

What does accountability look like and how do we make a continual practice of it?

How does accountability empower our growth and learning as a leader?

How does accountability enhance profitability?

“The right thing to do and the hard thing to do are usually the same.”


— Steve Maraboli,

We cannot surround ourselves with primarily people of the same socio-economic status, ethnicity, sexual orientation, gender, etc., and call that accountability. That is an echo chamber.

“We start from the presumption that our people are talented and want to contribute. We accept that, without meaning to, our company is stifling that talent in myriad unseen ways. Finally, we try to identify those impediments and fix them.”

— **Ed Catmull**, *Creativity, Inc.: Overcoming the Unseen Forces That Stand in the Way of True Inspiration*

The thing about curiosity is, it is in some way connected to accountability. If we are not curious about how we can do better, it is nearly impossible for us to truly be accountable.



“Without appreciation and respect for other people, true leadership becomes ineffective, if not impossible.”

— **George Foreman**



THANK YOU!

Thank you so much for your time and your support. Please be sure to check out my website, subscribe to receive updates on workshops, group coaching, podcast episodes and speaking engagements, as well as helpful information about Life Design.

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