



Work-Life Balance



Work-Life Balance policies are quickly becoming a popular perk in many companies and providing your team with solutions that will empower them to create their ideal Work-Life Balance plan while leading to a steady return on investment to your business. Without work-life balance, your employees may find themselves in high-stress situations while working excessive hours, leading to high turnover rates that negatively impact your company's long-term goals.

At Jadestone Solutions, we're dedicated to providing innovative solutions that are long-lasting and specifically break down internal conflicts at the core. As a member of the International Federation of Coaches', Denecia Jones' Balance Within Program is designed to support your company in facilitating work-life balance and other business workshops that enrich the lives of the executives and employees.

About Denecia

- *A member of the International Coach Federation*
- *Certified Neuro- Linguistic Programming Practitioner*
- *Los Angeles Bar Association Certified Mediator*
- *Certified Hatha Yoga Instructor*
- *Transformative International Public Speaker*
- *Masters of Business & Management Leadership*
- *Entrepreneur of 20 years*

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Contact our office at info@jadestonesolutions.com for more information



SELF CARE



TIME MANAGEMENT



TEAM BUILDING



PRODUCTIVITY





Here's how

JADESTONE SOLUTIONS' *Balance Within* Program can guide your team to new levels of success:

We Focus on People-First Personal Development:

We work with your team to identify their individual strengths to create a deeper understanding of who they are as individuals and employees.

We use personal assessments to meet each individual where they are and create solutions that are best suited to their needs, goals, and ambitions.

We Help Your Company Invest in Future Leaders Through Positive Change:

Creating positive work environments that your employees find the confidence to successfully work through conflicts with efficiency.

Through providing follow-up resources, we can help ensure that positive changes are achievable, actionable, and most importantly - long-lasting.

We Help Position Your Team for Success in and Out of the Workplace:

Accelerating the process of making executive and employee goals a reality in their daily lives.

Guiding each team member to recognize destructive habits and how to adjust their mindset to attract positive outcomes at all times

Providing Self-Reflection resources to minimize old habits from resurfacing through personalized solution building.

Implementing proper work-life balance in your business not only benefits your team, but also makes room for improvements in productivity, revenue, and team communication. Ready to Invest in you and the future of your business?

All the Best

Denecia Jones

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