



JARED GARRETT

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BESTSELLING AUTHOR
SPEAKER
COACH

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INSPIRING INDIVIDUALS AND GROUPS TO BECOME THEIR BEST

Professionally, I'm obsessed with two things: psychology and learner experience. I've spent years studying both of these areas and applying what I learn to organizations and classes large and small, both professional and civic.

My goal: inspire, enable, and coach individuals to deep and honest introspection and by so doing, unearth power they didn't realize they had to make positive, productive change in every aspect of their lives. When individuals do this as a team, the result of their collective effort is improved morale, communication, and productivity.

I also speak to community and other groups about transforming the challenges, trauma, and other negative experiences of the past into weapons and armor that can be used for growth and success in life.

POPULAR PROGRAMS

You Are the MAIN Character

Essential Self Stewardship: Techniques and Mindset for Lasting Change

Presentation Superpowers: Four Quick Wins for Improved Public Speaking and Teaching

Win the Moment: Transform Passive Cycles to Active Progress in Life

All programs are available via virtual platforms and can be adapted for keynotes, seminars, and half-day / day-long workshops.

TESTIMONIALS

Miguel Niko, PhD

Director of Online Learning, UNCP

"As a facilitator, Jared is not only a true subject matter expert in online learning and instructional design, but also a very engaging speaker. Every time I have invited him to facilitate sessions, he gets glowing reviews from the participants, given the high quality of his content and his ability to connect with the audience."

Emilia D'Anzica

Founder, CEO – Customer Success Consulting

"Jared has expertise in understanding learner needs and creating innovative solutions. I would recommend Jared for any leadership role where he can build and influence learning programs. Jared makes learning fun and challenges conventional ways of learning technology. He knows how to make ideas 'stick'."

Blind Feedback from Senior Account Execs Amazon Advertising

"This training was great! I have attended many day long trainings, it did not feel like this took all day. I was engaged from the beginning, I loved the interactive activities! I could see the difference in my own presentation and the presentation of others. This was a great class and Jared is a great instructor!"

"I thought the entire day from start to finish was very engaging and very informative. If there was a follow-up course, I would take it in a heartbeat. Jared was 10/10 on facilitating. I would attend any of his other sessions."

**TO BOOK JARED FOR YOUR NEXT EVENT, CALL
801-921-3268 or EMAIL h2mcreatives@gmail.com**



PAST CLIENTS



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