



Josee Madison

Heart Decoder™ | Speaker | Entrepreneur

Audience: **Ages:**
85% women **35** & up

Josee Madison is a shining example of what's possible when it comes to love, career, and living your best life, no matter the age. At the age of 45, she achieved remarkable success not only in love but also in the delicate art of balancing love and career. Her journey is one of inspiration, having built a multi-six-figure yoga studio and wellness oasis, at 52 and a successful life coaching business at 53 while experiencing a flourishing love life simultaneously. Josee's story is a testament to the fact that you can have it all even later in life – a thriving career, a deeply fulfilling love life, and LIVING YOUR BEST LIFE.

Josée is on a mission to shake things up when it comes to feeling worthy. She's firm on the idea that worthiness is not about what you've done or if you've been good. Josée is challenging the common belief that we're born automatically worthy; instead, she thinks it's something we are taught. This is pretty significant because she recognizes that this belief system is holding many people back from tapping into the incredible potential already within their hearts. She's all about inspiring folks, to break free from these limiting beliefs and fully embrace the inherent gifts that are right there within every one of us.

But her message doesn't stop there. Josee is not just a speaker, she's a visionary innovator. She's a thought leader in the field of personal development, introducing cutting-edge strategies and practices such as her 6-Step to Spiritually S.M.A.R.T.E.R.™ Self-love Path that can revolutionize the way we approach self-care and work-life balance and true love. Her innovative techniques provide practical, actionable steps for her audience to implement immediately, fostering a life that's both successful in their careers and abundant in love.

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"Josee challenges old ways of thinking and patterns of behavior while being compassionate at the same time." - SallyAnn, Ph.D, CCC-SLP



"Josee helped me find the truths in my heart and reach the pinnacle of a life I thought I was already living." - Phyllis M., MD

Popular Topics

"Listening to Your Heart: The Art of Self-First"

In this captivating presentation, Josee explores the profound concept of putting yourself first by connecting with your heart and intuition. She delves into the power of self-love and the transformative impact of following your heart's guidance. Discover how embracing self-first can lead to a life filled with purpose, fulfillment, and authenticity.

"Wealth and Love After 40: A Thriving Balance"

Josee shares her insights and wisdom on how successful career women over 40 can not only attract the love of their life but also thrive in love and marriage. Through her inspiring journey, she offers practical advice on achieving the delicate balance between career success and a fulfilling romantic life. Uncover the secrets to finding love and happiness in your 40s and beyond.

"Mindset Makeover: Attracting Your Dream Life"

This transformative talk about changing your mindset to manifest the life you desire, whether it's in love or business. Discover how altering your perspective and beliefs can shape your reality. Josee's innovative strategies and actionable steps will help you shift your mindset and attract the abundance and success you've always dreamed of.

Client List:

[Palmetto Yoga & Wellness Oasis](#)
[Women's Empowerment Symposium, South Carolina](#)
[Absolute Total Care](#)
[Anamaya Resort, Costa Rica](#)
[Self-Love Lab Wellness Retreat](#)

Podcast guest:

[Dream to Rise](#)
[Fit for Joy](#)
[Higher Genius](#)



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