



*Kimberly Lyall*  
INSPIRATION • EMPOWERMENT • RESULTS

## Lighting up Leaders

Inspiring insights and strategies  
to **replace overwhelm with optimism**  
so change-makers can  
**take action and create impact.**

Poor mental health, exhaustion, and burnout are skyrocketing.

Kimberly helps leaders and change-makers thrive in the face of difficulties that steal their focus and drain their power.

**Audiences say they feel like they can overcome any obstacle after hearing Kimberly speak!**

### Leadership & Opportunity Specialist

For more than 25 years Kimberly has enthralled people around the world with her ability to take them on a journey about themselves. Her energy and connection with audiences make Kimberly a powerful presence.

Kimberly knows how to thrive through adversity. As a young CEO, Kimberly's employee committed major fraud and then died by suicide. Kimberly rebuilt the organization into a powerhouse, only to be fired when she stood up to harassment.

While fighting the 7-year legal battle that followed, she reinvented her career leading innovation and award-winning success for numerous organizations in community, social, and economic development. However when her husband became terminally ill she also became his primary caregiver, working with medical teams across Canada for 7 years until he died on November 6, 2021.

Through all her highs and lows Kimberly has learned that leadership is about more than simply finding safety and success. **True resilience embraces growth, change, and all we are meant to be.**



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In a world that is weary from constant strain and loss, Kimberly's message provides **hope and a way forward.**



## High Impact Keynotes

### **Powerfully YOU! Breaking Barriers to Successful Leadership.**

The pressures of working and living in this uncertain world can be overwhelming. Too often leaders lose themselves amongst all the demands. Kimberly shares how to break through your biggest barriers and realize your potential so you can move forward no matter the challenge!

### **It's not all Pain. Leadership Lessons from a Surviving, Thriving Widow.**

Sharing her powerful journey of resilience and growth after loss, Kimberly provides invaluable leadership lessons that transcend personal tragedy. Inspire your audiences to embrace adversity and transform it into strength for success in both professional and personal life.

### **I want my Life Back! A Leader's Mindset for Healthy Boundaries.**

Kimberly cracks the code on how to FINALLY set boundaries that stick and make life better! Using Kimberly's tools and techniques, you CAN master this essential leadership skill.

## Powerful Programs

**Emotionally Safe Workplaces: Creating the environment for success.**

**Transformational Leadership: The mindset and skills for leading impact.**

**Revolutionary Results: Strategy for innovation and success.**

## Rave Reviews

"People are **still talking about your presentation a week later**, and those that missed it are looking for the recording. The framework you provided is **so actionable** and is such a great takeaway for people to implement. Your message certainly struck a chord with many!"

-Marnie Hamp, Sr. Marketing Manager  
FujiFilm Sonosite

"Your strengths were offering a presentation with raw emotion and **thought-provoking vulnerability**. The **storytelling was clear and easy to follow** and kept the **audience engaged and interested**. The messaging and learnings were woven into the story with finesse."

-Carrie Fischer, Network Relations Manager  
Canadian Society of Association Executives

"When you are on stage you shine so bright. We see the light in you and that **allows us to see the light in ourselves**. All the notes that I shared with my team after the conference came from your presentation."

-Karissa Schlaht, Director  
Women in Business  
Alberta Treasury Branch



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