



# K Mataōtama Strohl (They/Them)

Psychological Safety Consultant & Boundaries Coach

K is an engaging speaker with 10+ years educating on boundaries, psychological safety, intersectionality, mental health and their impact on career development. Through research, case studies, and personal anecdotes, K creates a safe space for participants to examine their experiences, behaviors and engagements with the world.

K is also the host of two popular podcasts, Absolutely Not! and Questions Answered.

## SIGNATURE TOPICS

- ◆ Psychological Safety in the Workplace
- ◆ Setting Boundaries at Work
- ◆ Vocabulary Needed to Name Harm
- ◆ Intersectionality
- ◆ Prioritizing Mental Health in the Workplace

HAS WORKED WITH



"It's rare to listen to a professional speaker that comes across as relatable as they are knowledgeable. I had the pleasure of listening to these qualities in K when they spoke. I was particularly impressed by K's ability to navigate important and potentially "sensitive" topics candidly, and with sincerity, and nuance. Although this ability is rare, K has developed it masterfully. I would highly recommend K for any public speaking event where audience engagement and trust is needed!"

**LET'S WORK  
TOGETHER!**

Please feel free to contact me  
with any concerns or questions.



[www.kmstrohl.com](http://www.kmstrohl.com)