

LIVE YOUR ABSOLUTE BEST LIFE NOW!

THE  FACTOR

The
SOUL
on
FIRE



media kit

Katherine Bihlmeier

THE BOOK

DESCRIPTION

Dear friend,

Do you sometimes feel like you're living somebody else's life? Do you need to push yourself just to get out of bed in the mornings?

Are you tired of always being in a rush, never having enough time? Never getting enough sleep? Juggling so many roles and responsibilities? Is your body exhausted from living in stress and overwhelm, looking for solutions for your life, trying to hold it all together and make it work? And when was the last time you experienced truly nourishing sex?

Do you feel like you are always searching and missing something?

Have you had enough of waiting for happiness and ease to finally come around the corner – the next job, the next step, next paycheck, next partner, next seminar...?

The Soul on Fire invites you to a transformative 12-step journey to rekindle your passion for life and ramp up that "O" factor again! What if your life can be orgasmic? Original? Outstanding? Overabundant? One-of-a-kind?

This book is full of practical tools and exercises with which you can finally make the time for yourself, have ease with money, have nourishing relationships, and create the life you were truly meant to live!

An orgasmic life can be exciting, joyful, blissful, playful, fun, and easy... What will it be for you?

You can do it!

LEARN HOW...

You can finally break the stress and overwhelm cycle, get out of the survival modus, and stop running behind your life trying to make it all work.

You'll learn how to go beyond depression, anxiety, mood changes, empty or disharmonious relationships, constant tiredness, and any other symptoms that

might be bothering you, by using simple and practical everyday tools.

Most importantly, you'll master an approach of actually using all your 'problems' to your advantage and turning them into possibilities for more ease and joy in every area of your life!

This book offers a powerful process to reconnect with yourself, your power and passion for life, and create the fulfilled orgasmic life beyond your wildest imagination!

“As many stars there are in the night skies, so many possibilities you have in each situation in your life.”

—Katherine Bihlmeier



THE BOOK

UNCOVER IN THESE PAGES...

*“Every single thing
you call a ‘problem’ in
your life holds the gift
of a possibility.”*

—Katherine Bihlmeier

The Soul on Fire is a practical guide to a life of true fulfillment. It helps you break out of many roles and responsibilities weighing you down so you can reconnect with yourself, your vision, and your purpose in life. What if you could wake up every morning excited and celebrate being alive?

- Assess where you are in your life and what you actually desire.
- Learn essential tools to reduce your stress levels.
- Stop buying into the crazy mind chatter and reconnect with your body's intuitive wisdom.
- Get rid of unhealthy patterns and habits that keep you overwhelmed and stuck in repeating situations in your life.
- Find out what lights up your heart and makes you truly happy.
- Improve your communication skills and speak up for yourself with ease.
- Discover a totally new perspective on relationships and finally bring yourself joy and fulfillment!
- Explore how to be in tune with your body and experience the extraordinary sex you deserve.
- Reignite your feminine power.
- Light up your finances.
- Flare up your creative spark and live your passion.
- Set the world on fire!



THE AUTHOR



Katherine is a French-Austrian transformative creation coach, speaker, and magic maker.

Twenty years ago, she found herself on the edge of choosing to leave her life. Even though she lived what looked like 'a perfect life' to everyone else - having a family, a good job, a big house, and financial wellbeing - she was dying inside. But her inner spark wasn't willing to stifle. She set out on a journey of discovering her capacities and creating a life of joy, miracles, and possibilities.

She is now working with people from all over the world, facilitating them to reconnect with their potential and soul purpose, so they can create happy and magical lives for themselves. Thousands of happy clients speak words of praise and gratitude for her.

Katherine's heart dances when she works with youth, children, and everyone who is truly willing to discover their truth and create the life they truly desire.

Her trademark is her presence, warmth, and a big heart. She has great capacities to see the potential of the others and empower people to step into their full power and remember the magic they are made of.

*“It takes just one choice
to change your life.”*

—Katherine Bihlmeier

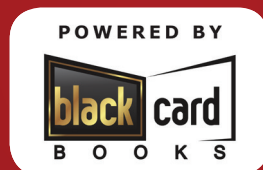
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KATHERINE BIHLMEIER

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