

choose love choose life.

THE WONDER AND MAGIC OF PEOPLE IN AN ONLINE WORLD.

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Introduction

Gab Ciminelli / (ガブ チミネッリ)

Career

Graduated from La Trobe University Worked for:

- Ericsson Australia
- Ericsson Japan
- Nokia Japan
- Australian Government
- Alcatel-Lucent
- Hawaiian Telcom
- Rakuten

Founder

Silent Leadership Institute Japan

01

Certifications

Executive Coach
Global Leader of the Future
Emotional Intelligence
Social Styles
Certified Trainer

02

Inventor

Inventor of Japanese <> English SMS text messaging converter on mobile

Fun Facts

- 1. Grew-up in a crazy Italian family!
- 2. Favorite quote: "Do it with love or not at all" M. Gandhi
- 3. I enjoy sun-gazing, meditation and Ukulele



Guess who most of our clients are?

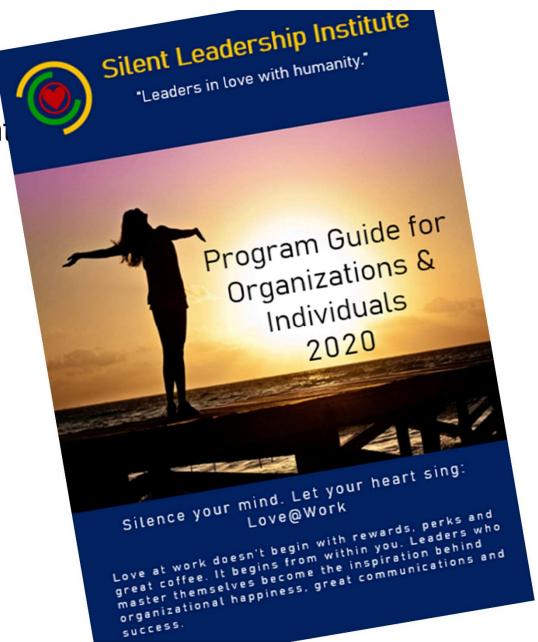
- A. Health companies
- B. IT/Robotic companies
- C. Schools and Institutions
- D. Finance companies

Love@Work

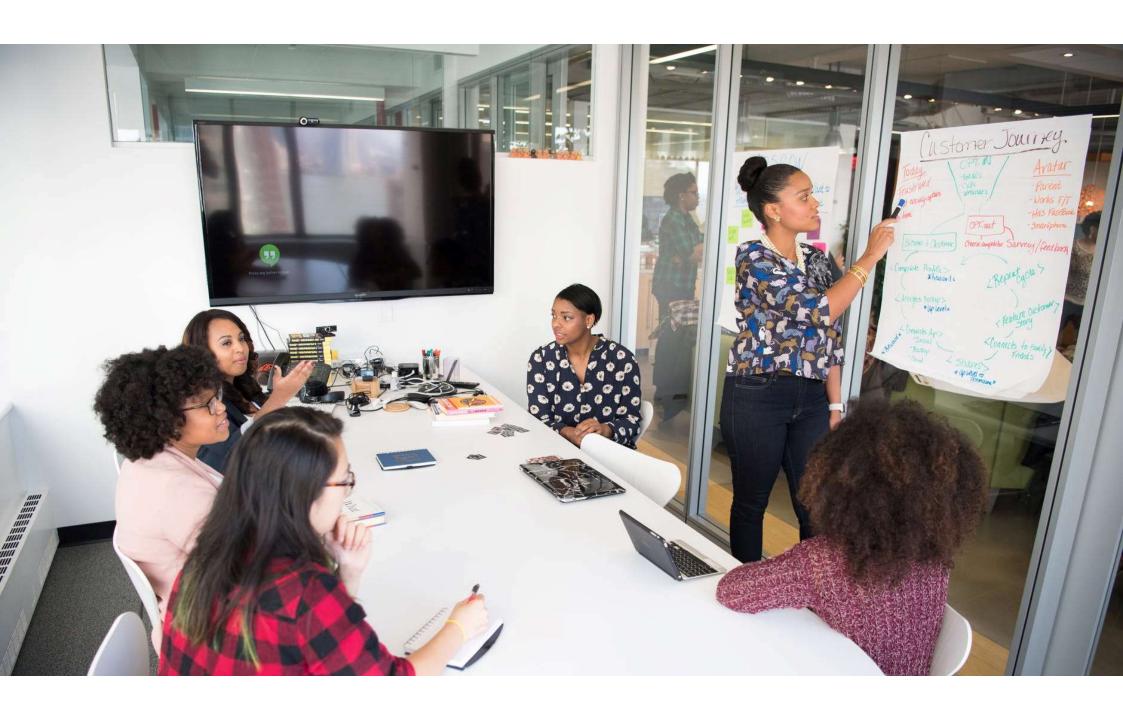
- Increase employee engagement
- Maximize people skills
- Increase communication and relationship skills

Love@Work means:

- 1. Do work you love
- 2. Love learning, love life



If you were to be anybody in the world right now, who would you choose?



Worldwide Employee Engagement

1.2 billion disengaged workers around the world

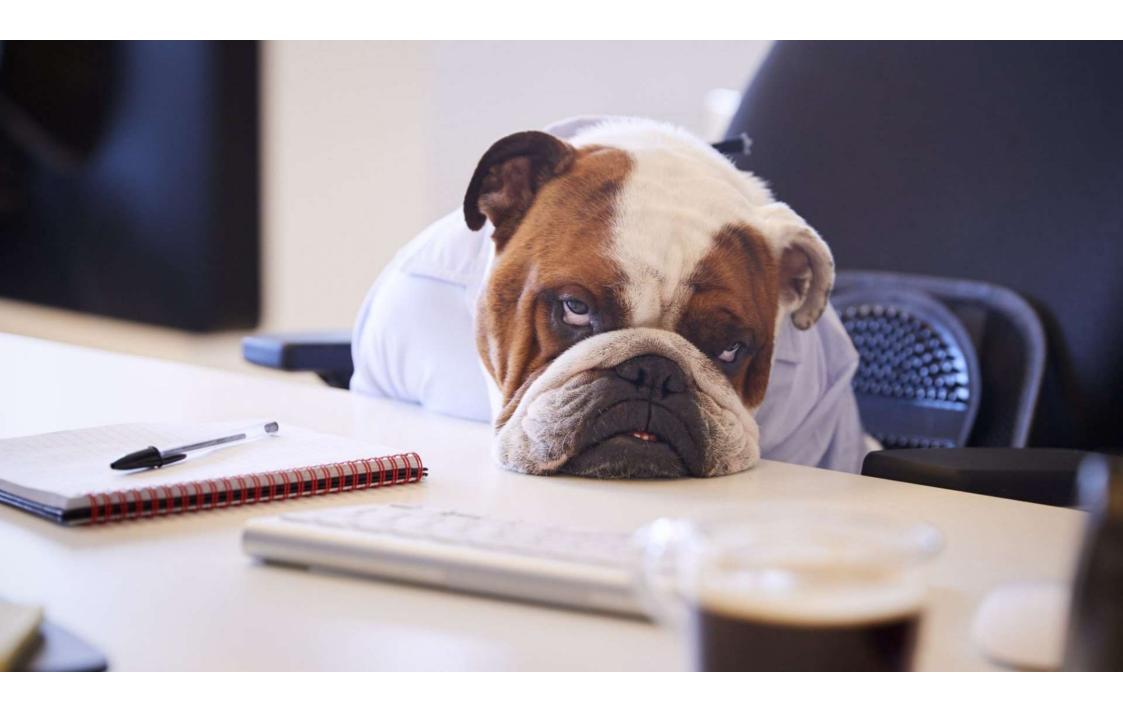


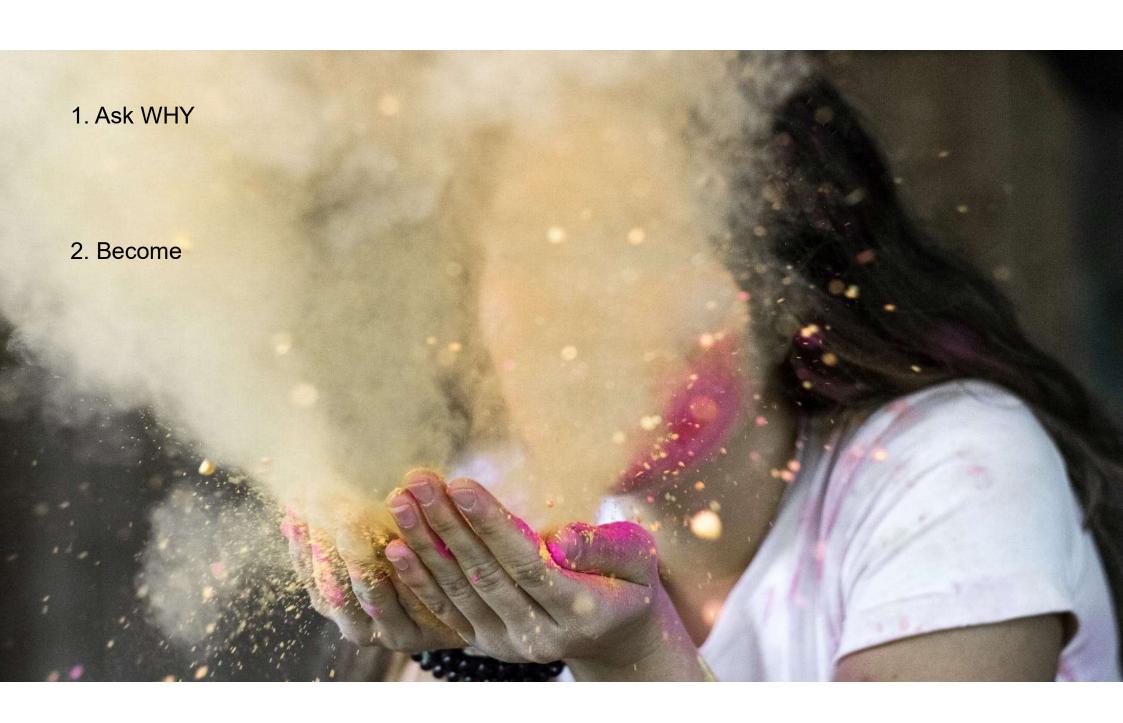
What was the question?

Do you have a friend at work?

My question

Are you doing your work with love?





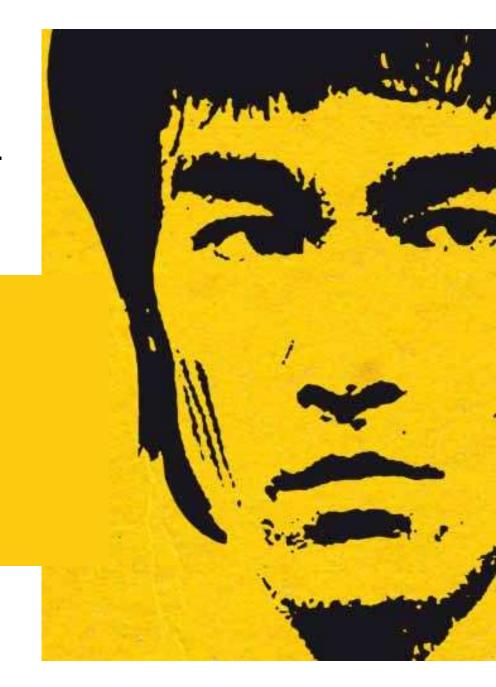
Transforming a boring task

1. Ask WHY

2. Do it with gratitude

Put water into a cup, it becomes the cup.

Be water my friend!



Definition of madness

- ECSTACY
- EXCITEMENT



Routines, boredom, loneliness







"PEOPLE DON'T CARE HOW MUCH YOU KNOW UNTIL THEY KNOW HOW MUCH YOU CARE"

-THEODORE ROOSEVELT-

The Power of Laughter

Activities include: Contagious laughing; Feigning laughing; Self laughing; The power of jokes; Discovering laughter; fun ideas work.

Heart Count

Activities include: Mirror2Mirror; Active listening; Greeting with joy; The eyes are the windows; The color of everything. Now is a Gift (That's Why it's called the Present!)

Activities include: Mindful breathing, Mindful Coffee, Mindful eating, Mindfulness in Crowds, Mindful Conversations.

The Love of Unconditional Love

Activities include: The "I don't want" syndrome; Visualizations for health; Words are energy; The energy of self-praise; Mirror-Mirror on the wall; The power of writing.

You Are Not Really You!

Activities include: Empty Pages of a loving Book; Undefining you; Querying.

Motherly Nature

Activities include: Tree hugging, hiking, nature walks

Leading with Love, not apathy

Activities include: Taking back power; Affirmations; The mountain.



Q and A



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