ELIMINATE BLAME, COMPLAINING, AND PROCRASTINATION

Kristin E. Lindeen

Keynote speaker and facilitator presenting... "Personal Accountability and the QBQ!" based on the best selling book *QBQ! The Question Behind the Question* by John G. Miller

Have you ever heard questions like these?

- "Why do we have to go through all this change?"
- "When is someone going to train me?"
- "Who dropped the ball?"
- "When are we going to find good people?"
- "Why can't they communicate better?"
- "When is that department going to do its job right?"
- "Who's going to solve the problem?"

If so, then the message of Personal Accountability and the QBQ! is right for your organization or event! In this interactive training session, participants will discover how to practice personal accountability by eliminating blame, complaining, and procrastination by asking **The Question** *Behind* the **Question**.

Accountability, responsibility, and ownership are put into action when we ask better questions such as, "How can I adapt to the changing world?" "What can I do to develop myself?" and "How can I contribute today?" When we think like this, we use our talent, skills, and time to solve problems, enhance relationships, and accomplish team and personal objectives. The automatic result is a stronger organizational culture and enhanced morale.

Combining delightful and energetic story-telling with the practical QBQ! content, Kristin presents an idea that every organization—and every individual—can use!

QBQ! enables organizations, teams, and people to:

- Practice personal accountability at work and at home
- Eliminate blame, complaining, and procrastination
- Implement leadership at all levels
- Increase communication between departments
- Strengthen teamwork
- Improve morale
- Create trusting relationships
- Gain coaching and encouragement skills
- Own and solve problems
- Reduce stress

To explore having Kristin serve your organization, email Info@QBQ.com or call 303-286-9900 today!

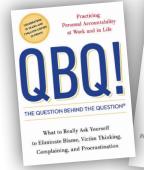
theQBQ 🛛 🛅 KristinLindeen

QBQ.com

"Thank you, Kristin, for delivering four awesome 'Personal Accountability and the QBQ!' sessions! The timing could not have been better. Change management is the name of the game these days and our teams are now better prepared to handle change using the QBQ! Job well done!"

JOHN G. MILLER bestsetling author of QBQ1 and KRISTIN E. LINDEEN

R. Jones, Regional VP, Nationwide Insurance



FIVE KEYS TO SUCCESS AT WORK AND IN LIFE

FLIPPING

ibility Using the QBQ!

JOHN G. MILLER

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WHAT PEOPLE ARE SAYING

"Kristin, what a wonderful event! There was so much laughter in the room, it was contagious! We can be a tough crowd but you won us over quickly. The content, the personal stories, and your accessibility during breaks was very much appreciated. You've got a great message in "Personal Accountability and the OBQ!"

J. Clark, Director Manufacturing/Engineering, Toshiba American Business Solutions

"Thank you for coming to DMC and for an exciting, uplifting presentation. The feedback we have received has been wonderful. Everyone enjoyed your lighthearted, fun and engaging session." P. Gerard, EVP of HR Dallas Market Center "I know the faculty and staff enjoyed your impressive message and delivery style. Thanks for helping set the stage for a tremendous start to our school year!" J. Richman, President NDSCS

"The training was outstanding! Kristin was charming and witty—a perfect match for my team. It was the best training we've had in a very long time!" S. Dugan, NA Sales Director GE Measurement & Control Solutions

"Kristin's presentation was awesome! Our 300 managers and supervisors loved it! We are now deciding our next step for additional QBQ! training!" J. Stevenson, Operations Manager McDonald's

ABOUT KRISTIN LINDEEN:

For your *Personal Accountability and the QBQ!* session, QBQ, Inc. recommends **Kristin Lindeen**. As daughter of author **John G. Miller**, Kristin has been steeped in *QBQ!* material most of her life! She holds a Masters in Curriculum Design and Corporate Education and enjoys delivering practical content with an energetic and fun style.

Kristin has created a number of tools based on *QBQ*! including a curriculum for schools titled *I Own It*! *Building Character Through Personal Accountability*, as well as co-authoring *The QBQ*! *Workbook*, published by Penguin Random House.

Kristin's sessions range from a one-hour keynote to a three hour interactive workshop, in which she uses multi-media tools to engage adult learners in a powerful, self-discovering environment. **Virtual/web-based presentation options are available, as well.**

Kristin lives near Minneapolis, Minnesota with her husband, Erik, and their children, Joshua, Rebecca, Andrew and Mariah.

ABOUT QBQ!:

QBQ, Inc. is an organizational development firm based in Denver, CO that specializes in training on personal accountability. The books, *QBQ! The Question Behind the Question* and *Flipping the Switch...Unleashing the Power of Personal Accountability* have sold over a million copies worldwide in 20 languages.

CONTACT US!

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