



KYLA SOKOLL-WARD

Transformational Speaker



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“Kyla's story is powerful, her energy is incredible, and her ability to help others is awe-inspiring!”

- Jaymin J. Patel, Founder of JayminSpeaks.com, and author of 8 books who has delivered over 500+ college presentations across the US and internationally”

Curing the World of Disconnection

Feeling highly connected is supposed to be easy. We're tired of meaningless interactions and talking about the weather, the cost of rent, and politics, and yet we keep engaging in this type of pseudo-connection in our personal and professional lives - leading to lack of engagement, apathy, and dissatisfaction.

Why does this happen? Based on Kyla's experiences and professional work, she has found that **being authentic, vulnerable, and connected is actually our most natural state - we just need some help removing what blocks us.** Kyla helps individuals, corporate teams, and university students revitalize connection to show how authenticity can change the way we live and lead.

Bio: Why Kyla?

Kyla has inspired thousands around the globe with her speaking, coaching, and social media presence. When Kyla first discovered the impact of her work through openly sharing about her challenges with food and body image, chronic pain, and her experiences of feeling highly disconnected, she knew she had to share her framework for connection with more and more people. **Kyla is passionate about elevating individuals to find their unique gift that only they can bring to the world - and how this gift makes them a leader worth connecting with.** She has reached people in multiple countries such as Argentina, Israel, England, and all across the United States.

“Kyla is more than your typical speaker. She brings a level of heart, intellect, and engagement that goes above and beyond the standard. Not only is she a skilled speaker and leader, she is also an extraordinary individual and a joy to work with. I highly endorse Kyla for any organization or event looking for a speaker who will leave a genuine, lasting impression.”

- Davide Di Giorgio, President, UNapologetic Enterprises, Inc.