LISA JEFFS

EMPOWER, EVOLVE, EXCEL

With over 18 years of rich experience, Lisa isn't just participating in the coaching and speaking field; she's actively reshaping it. More than a guide, Lisa illuminates the path for individuals, groups, and organizations, challenging them to step beyond their comfort zones into uncharted territories of potential. What sets her work apart is its transformational nature, which is not only straightforward but also filled with humour and practical strategies. Lisa isn't just facilitating growth; she's crafting it into an invigorating and fulfilling experience for everyone involved.











THRIVE bumble bizz

SIGNATURE TOPICS

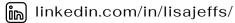
- ✓ Breaking the Cycle of Self-Sabotage in Business
- ✓ Establishing Unshakable Confidence™ in Leadership
- Breaking Free from Burnout: **Embracing Authenticity to Heal Harmful Patterns**
- √ The Empowered Woman

HIRE FOR:

- Your Event
- Your Retreat
- Workshop

CONTACT DETAILS & SOCIAL EMAIL FOR MORE INFORMATION AND **BOOKINGS!**

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DID YOU KNOW:

★Those with high self-esteem earn approximately \$28,000 more annually than those who lack confidence. Over a 40-year career, that adds up to \$1.12 million in lost earnings (nbcnews)

Approximately 70% of individuals experience "impostor syndrome" that leads to sabotage at some point in their careers, preventing them from reaching for higher opportunities and breaking through glass ceilings (Harvard Business Review)

TESTIMONIALS:

With her guidance, I now run three successful businesses. I live a more fulfilled life... and my relationships are on a level I could have never imagined!

Anisah Mohamed CEO of Aesthetic Loft

Lisa is incredible. She helped me get my business to the next level in a very short period of time. I am so grateful that I found her.

Marrisa Leiderman Rea:Estate