

# LATREA Russ

KEYNOTE SPEAKER | AUTHOR | LIFE COACH



## Speaking Topics

- ✓ Time to Get Out of the Boat
- ✓ Use Your Pain to Push You to Purpose
- ✓ I Am Tired of Fighting
- ✓ Removing the Emotional Barriers of Life
- ✓ It's Time to Forgive Yourself

*"If you are alive, and you are breathing you have a purpose."*

Coach Latrea Russ

**Latrea Russ is a dynamic speaker that captivates audiences with her wit and ability to use events of her life to teach valuable lessons of perseverance strength and courage while adding a sense of humor.**

## In The Press

DAILY TIMES LEADER

FOX 40

Townhall  
FINANCE

MarketWatch

## Coaching Client Testimonial

**"Imagine screaming internally from your soul and no one can hear you! After our first session, I knew Coach Latrea was gifted to hear my heart's cry. Navigating through life with a new disability can be quite challenging.**

**Coach Latrea operates and leads from a place of empathy that exudes from her very being. God often works through people and I'm so glad He chose her "iron" to sharpen mine (Proverbs 27:17[(NIV)]! "**

**-N.L.Mason, of Virginia**

