



HiilSE
MINDPRENEURSHIP
INSTITUTE

PRACTICAL
COACHING
FLOW

2022 HABITS & NEW GOALS MASTERCLASS

Habits are the nature of Cosmic Library, Universe Memory. Habits are a redundant set of automatic unconscious thoughts behaviors and emotions acquire through repetition.

**CREATE 2022 HABITS BLUE PRINT
GUIDENCE EVERY STEP FOR 9 MONTHS**

*Developing A Winning Business Idea
Managing Customers & Business Finance
Fundraising & Investment Strategies*

SIX (6) FULL SESSIONS

*Call us for new
schedule list

Register today at

www.mindpreneurship.com



RM1000/h

**3HRS WEEKLY
FOR 6 WEEKS**

Email or call:

habitsnewgoals@mindpreneurship.com

+60178804770 +60196199100

ELANGgovan Thanggavilo
Technologist & Psychologist



Integrated with,

MINDPRENEURSHIP®

Powered by,

The 7 Secrets Rhythm®
for Corporate

Package List v2022

Note: Please check for specific Staff Level (Position) / Job Scope / KPI / Competency related sub-module

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1. SOME OF EXPERIENTIAL ESSENCE YOU WILL LEARN

New beliefs will create new actions. Your willingness to accept new beliefs consistently will reprogram your subconscious mind and enable the manifestation of your desires effortlessly. **Some of the secrets you will learn during this programme:**

- Habits & New Goals
- The 7 Secrets Rhythm for millionaire mind set
- Guidance on latest social media ADS techniques, the Mobile App
- Professional advice and best vendor to do your logo designing, flyer, proposal and the full set of invoicing documentation for printing purpose
- Best web, blogs and social media setup methods
- How to create own ADS of video script, storyboard, record it and publish world's largest channel youtube.com and several equal website
- 7 Standard Operating Procedures (SOP) that is required for business
- 7 Documents to control your business
- 7 Hidden Secrets of Sales Psychology
- 7 Secrets of communication methods
- 7 Conscious Types for great CEOs
- 7 NLP Tips for Entrepreneurs
- 7 Stress & Tension Clearance Tips
- 7 Economically proven sales calls
- 7 Methods of sitting in sales meetings and standing when making calls
- 7 Secrets to Healthier lifestyle of Entrepreneurs
- 7 Ways to recover from bankruptcy and/or blacklist
- 7 Ways to operate business & bank account during bankruptcy periods
- How to differentiate between passion, skills, potential revenue, profit margin and cash flow
- How to brand new business activities to raise CAPITAL for your main business
- How to do fast & accurate business development with eye-blinking speed
- How THOUGHTS become SEED and SEED becomes FAITH in business
- How to unlock your 6th Sense as Entrepreneurs

FREE **KNOWLEDGE RHYTHM**
MASTERCLASS
EVERYTHING
ABOUT HABITS

1 **BILLION+**
VIEWS *Goals*

LinkedIn **LIVE**

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2. LIST OF NEW GOALS

NEW GOAL	VALUE IN MYR	SET ON (Date)	MUST ACHIEVED ON (Date)	WHAT'S CHALLENGE OCCUR

VISION TO REALITY

World Of Possibility To World Of Reality

Thoughts to Matter

Wave to Particle

Immaterial to material

Beyond sense to Sensory base

**“When it is obvious that the goals cannot be reached,
don't adjust the goals, adjust the action steps”**

Confucius

NEW PARADIGM

SEEING WHAT YOU CAN'T SEE



QUALITY OF MIND
TRANSFORMING BUSINESS



manifest the life you deserve!

Can you answer these questions?

Have you had your business for more than two years?

Do you know the process from end to end?

Do you have the process documented?

Do you have sales goals?

Do you have strategies and tactics to acquire these sales goals?

Do you know about the Law of Attraction?

Do you know about the Conscious Mind (CM), Subconscious Mind (SCM) and Unconscious Mind (UCM)?

Do you know where they are located and how to reprogram it?

Do you know anything about brain frequency?

Do you know which frequencies are required to study, to work, to create and to manifest goals?

Do you know your brain frequency status?

Do you know how to change these frequencies within 69 seconds to harvest its advantages?

Do you know how the left and right brain functions?

Do you know that the brain is just a component part in the process of the Law of Attraction?

How about the heart?

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Do you know where the centers of vital energy (chakra) are in the body?

Do you know how many categories of chakra exist and its impact on the body?

Do you know that everything in this Universe is about Energy?

Do you know how you can handle this energy within the thought process?

THINKING FOR A CHANGE

“The mind is like decoration, you can redesign it.

Let your life be your own creation”

Arabic Proverb

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3. OVERALL CHALLENGES YOU KNOW IT'S EXIST

SINCE WHEN	CHALLENGE (<i>Example</i>)	CAUSE BY WHOM/WHAT	IF IT'S SETTLE WHEN
	New Car		
	Buy computer		
	Buy house		
	Saving more money than expenses		
	Create more new clients		
	Generate more leads		
	Pay full loan		

4. THE CHALLENGES LIST COULD BE SIMILAR

1. Stress
2. Tension
3. Health issue
4. Sickness
5. Psychosomatic
6. Diseases
7. Not enough cash for food/traveling/business/family
8. How to get the business investor
9. Have to do house tasks and do business
10. Sleepy / Tired
11. Worry to start new Job
12. Worry to start new Business
13. Do not have tools (smart device/computer)
14. Mobile slow
15. Transportation
16. Fewer business skills (Sales/Documents)
17. Not pro on online digital marketing tools
18. Not sure what/where work to search
19. Less salary and job location very far
20. Not sure what product to buy where to get it
21. Don't know how to sale
22. I do sales yet commission delay
23. I did sales yet the company didn't pay commission
24. I doing sales yet less gross profit
25. Required Ads & Promotion cash flow
26. My supervisor/leader not cooperation
27. My agent/team not active
28. My staff/agent / team is active yet not done sales closing
29. Too many competitors
30. I don't like sales & marketing
31. Fewer friends
32. I don't know how to talk some language (i.e. English/Malay)
33. I don't know how to write some language (i.e. English/Malay)
34. Pandemic
35. Flood
36. People are not friendly
37. They do not guide me
38. My family also do not support me
39. I have done business and public black listed my name
40. Blacklisted
41. Bankruptcy
42. Can't buy property
43. Can't buy transport
44. Don't have a driving license
45. Summons not paid

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46. Do not have a company
47. Do not have a personal savings account
48. Do not have a company account
49. How to receive online payment securely
50. I required website
51. I required online selling Web App
52. How to deliver the products
53. I earn yet all paid to loan/interest
54. I earn yet all paid to daily expenses
55. I earn yet all paid to business expenses
56. I earn yet all paid to the family basic need
57. My loan with interest hard to pay off
58. I need to clear my tax and get an international passport to do global business
59. The special business license issue
60. How to get MOF / HRDF
61. I am interested in training yet not sure how to start it
62. I'm keen in _____ business how to get complete guidance?
63. +
64. +
65. +
66. +
67. +
68. +
69. +

“The mind is the root from all things grow, if you can understand the mind, everything else is included”

Bodhidharma

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YOU ARE ENTREPRENEUR? THEN YOU ARE
CEO! YOU MUST MASTER YOUR MIND!



SCAN SUBCONSCIOUS MIND

CAN BE APPLIED FOR VARIOUS
REQUIREMENT TO TRANSFORM

3+6+9 HOURS COACHING
WORKBOOK & NOTES GIVEN
GUARANTEED 10X SALES

NEW PARADIGM

Virtual Power & Psychical Achievement
Rewire Your Brain
Redefine Your Thoughts
Organise Your Mind
Open Your Consciousness
Paradigm Shift

INVISIBLE EFFORTS FOR VISIBLE ACHIEVEMENT

Reprogramming SCM new sales target
Telepathy to Manage Communication
Negotiation & Sales Psychology
Complex problem solving
Creativity & Teamwork
Emotional intelligence
Judgment and decision-making
Service orientation
Cognitive flexibility



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You can be our
International Sales
Partner in your country.
Call us now!

5. MAJOR NEW SKILLS CATEGORY REQUIRED

ANALYST CURRENT STATUS

- Habits & New Goals
- The 7 Secrets Rhythm
- Solve current challenges
- Pay Loan & Due Payment
- Manage Current Cash Flow
- Improve Work & Position
- Venture into Business Development
- New Vision & Mission
- New Cash Flow
- New Savings & Net Worth
- Grand Elite Life
- Fortune Living
- +
- +
- +

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Category Of New Goals

Personal Objective * Family Requirement * Corporate Vision * Professional KPI * Community * Contribution +++

Corporate New Goals

OSH * Healthier & Safer * Investment * Sales & Marketing * Financial Growth * Reduce Overhead * Save for Profits * Satisfy Clients * Retain staff * Talent Management * Support * Technical Warranty * Branding * Promotion * Visibility * +++

Individual New Goals

Physical Health * Intellectual * Emotional * Character * Spiritual * Relationships * Romantic * Parenting * Career Business * Financial * Quality of life * Life Vision * Social +++

Businesses demanding multiple competencies

Critical thinking, Creativity, People management, Teamwork, Emotional intelligence, Judgment and decision-making, Service Orientation, Negotiation, Cognitive flexibility, Conscious Leadership, Digital Marketing, Sales & Marketing +++

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The 7 Secrets Rhythm Scientific Facts & 7 Minutes Techniques

The Benefits Are:

- Increased cognitive skills
- Resets the mind to new and higher goals
- Improved focus & concentration
- Unleashed natural creativity
- Improved recall ability
- Stabilized left & right brain and
- Acquire Alpha thinking patterns (calm but alert thinking)

Scan SubConscious Mind

- Realize personal SCM program
- Replace known and unknown SCM program
- Index and Filter SCM Process



6. HABITS & NEW GOALS

Program Synopsis

Habits are the nature of Cosmic Library, Universe Memory. Habits are a redundant set of automatic unconscious thoughts behaviors and emotions acquired through repetition.

These are essence practices and became corporate policy and sop for world's successful leading organization including 500 fortune company.

There are known and unknown habits built into the individual system through various mediums such as personal involvement or via just seeing or hearing with contemplating thinking process. Habits building starts from the mother's womb and continues. Habits can express as emotion experience and craft psychosomatic sickness to a level of physical changes known as diseases. Ideally individually must progress energetically, positively, healthier and towards grand elite living standard, It happens easily if greater Habits build within. Together with the current right attitude and good aptitude.

Habits also related to Circadian Rhythm means 24 hours clock base biological body functionality and Intrinsic Muscles means a spot of past motion and urine related organ which anus and ureters. The pineal photoreceptor cells function autonomously with

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strong rhythmic patterns and known as 3rd eye function as inner vision. Normal eyes give an outer vision of all physically formed matter.

Businesses demand multiple competency requirements including Critical thinking, Creativity, People management, Teamwork, Emotional intelligence, Judgment and decision-making, Service Orientation, Negotiation, Cognitive flexibility, Conscious Leadership.

Individually may require New Goals for Physical, Intellectual, Emotional, Character, Spiritual, Relationships, Romantic, Parenting, Career Business, Financial, Quality of life, Life Vision, Social.

New Goals meaning New Process, New Challenges, required New Neuron Pathway for Brain to operate. Brain in nature prefers to operate via SCM and execute existing Habit-related process which it's already familiar and predictable activities and till the results.

Why Habits overtakes the New Thinking created for New Goals? Let's learn simple proven process to moderate Habits.

Changing Personality is a process to Changes Personal Reality.

5W's and 1H about Habits

Who created it

What it's in reality

When it's begin to form

Where it's permeated

Why it's available

How to moderate it?

Tentative Habits Module Flow

Science about Habits and Universe principles.

Habits bind in the physical body the biological process including health and virtual emotion.

Creating New Goals for the Corporate and Engage board to be involving team members.

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Methodology to track existing Habits, replace new Habits relevant to New Goals.

A set of lifestyle processes enable automatic reprogramming SubConscious Mind and autonomic tuning physical activities synchronizing with New Goals.

Get People on Board with Change

New Goals, Vision & Mission

New Habits

New Action & Process

New Neuron Pathways

At the initial stage of every new vision with New Habits is usually an uncomfortable feeling

Dedicated PRECISE focus to Change and PERFORM New process impacts results of corporate transformation

How to Change Any Habit?

The Science Of How Your Habits Work

There is a simple 3-step pattern that every habit follows. "3 R's of Habit Change"

1. Reminder (the trigger that initiates the behavior)
2. Routine (the behavior itself; the action you take)
3. Reward (the benefit you gain from doing the behavior)

Redefine "must."

Think about your typical day.

Determine the cue.

Every habit is based on a simple loop: cue, routine, and reward. The cue is the trigger that, based on some craving, shifts your brain into autopilot and initiates the routine.

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Determine the routine.

The routine is easy to determine. Your routine is the manifestation of the habit.

Determine the reward.

Maybe the reward you get from your habit is a feeling of control.

Change the routine.

Now that you know your cue and your reward, "all" you have to do is insert a new routine; one that is triggered by your cue and that also satisfies your current reward.

Write down a new plan.

The easiest way to implement a new habit is to write a plan.

When (cue), I will (routine) because it provides me with (reward).

7. BUSINESS DEVELOPMENT MODULE

GENERIC CHECKLIST TO DECIDE SUB MODULE REQUIRE FOR YOUR COACHING

Customization is required and it's provided based on individual business in a specific industry.

Economics comprises various businesses. Each business's core continuous division is Sales & Marketing.

Sales & Marketing driven by Human while engaging with Business Cycle Process. The human Brain, Thinking, Thought, Mind, Emotion, intelligence, Attitude, and Aptitude will determine all other external appearances.

We provide niche advice on how to do, and what to do precisely. Participants must be involved to do those tasks.

Business Cycle Process including

1. Company name, logo, profile.
2. Corporate documentation.
3. Product name.
4. Product documentation.
5. Vision & Mission.
6. Sales Forecast.
7. Monthly company profit, personal income.
8. Yearly NET Worth of company and personal.
9. Official document.
10. Web site.
11. Social media.
12. Product flyer in JPG.
13. Product write-up in PDF.
14. Physical promotion such as flyers, banners, exhibitions.
15. Digital promotion such as text, article, audio, video, e-flyer.
16. Appointing a sales agent.
17. Sales & Marketing task.
18. Product / Services Delivery, Support, Warranty.
19. Handling Complaints & Feedback, Area of Improvement (AOI).
20. Generating testimony.
21. Getting repeat sales and referrals.
22. Refine business process.
23. Other lists for individual participants according to requirements.

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8. TWENTY STRATEGIES TO INCREASE REVENUE

Increasing sales and revenue is a high priority for most companies. Focusing on your customers and how they respond to different sales and marketing strategies can help you decide how best to increase sales and revenue. Your marketing and advertising campaigns can attract new customers and maintain current ones, boosting your profits.

Set defined goals

Make quantifiable goals for how much you want to increase your sales and revenue.

Target repeat customers

Cultivate the relationships you have with dedicated brand customers.

Target former customers

Bringing back former customers sometimes takes less effort than bringing in new customers.

Grow your geographic reach

You might expand physically by opening a new location.

Refine your pricing plan

To increase revenue while maintaining the same number of sales, reevaluate your pricing plan.

Add products or services

One way to increase the number of sales per current customer is to offer more products that your customer needs.

Bundle products or services

Bundling products can encourage your customers to purchase more because they can save money by purchasing more than one item at once.

Upsell products and services

Adding a specific plan to sell higher-priced products can help you transform a single sale into a more valuable transaction.

Add new payment forms

You may be able to increase sales by offering new payment methods that customers find more convenient.

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Offer delayed payments

You could see increases in sales by offering a delayed payment plan, like a layaway program or instalment plan.

Change shipping or delivery charges

Some customers may be willing to pay more for a product if the shipping and handling are free.

Offer subscriptions

You could generate more sales by offering a subscription service and reminding people to buy a new product regularly.

Offer discounts, rebates, and coupons

Perhaps the most classic method to generate increased sales, offering discounts, rebates, and coupons can help bring in new traffic and generate a feeling of achievement for customers.

Create special incentives

If you have regular communication with your customers, you can use any occasion to build loyalty by offering holiday sales, birthday rewards, and discounts or registries for special occasions like weddings or births.

Survey customers to understand your market

It's important to know your customer base well, so consider offering a survey to find out your customer demographics.

Keep sales channel current.

Regularly update your sales channel, including your online presence and your in-store displays.

Change sales incentive structure

Changing your incentive structure for your salespeople can increase sales numbers by making your sales team more motivated.

Develop a public reputation for quality and expertise

Consider building your brand's public reputation for quality or your team's reputation as experts in the field.

Develop a reputation in your industry and community

Being active in professional organizations can help you grow your visibility and can be particularly useful for business-to-business sales.

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Review your online presence

Optimize your website for sales instead of clicks by determining which search terms and website design aspects are bringing in sales.



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9. TRAINING & 18 MONTHS SUPPORT PACKAGE

#	DESCRIPTION	T7SR	3 RD PARTY
1	MindPreneurship Habits & New Goals Scan Subconscious Mind 18 Hours of Training (3 Days x 6 Hours) Daily 30 Minutes Review Weekly 1 Hours Review Monthly 3 Hours Review Quarterly 3 Hours Review Yearly 5 Hours Review	✓	
2	18 Months Progress Review Support & Coaching	Optional by Choice	
	On participants request all 3rd party material will charge accordingly. Content write language proofreading Design & print Ads & Promo costing Others		✓

PRIMARILY, THE INVISIBLE THINKING PROCESS IN THE MIND DETERMINE THE VISIBLE PSYCHICAL RESULTS OF YOUR TARGET

ELANggovan Thanggavilo, Founder of the7secretsrhythm.com

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Training Mode

1. Join our public workshop
2. In a house with your own group
3. 1 to 1 Coaching

Training Medium

1. Via Online (Video/Audio/Text/Workbook)
2. Live Conference call coaching
3. Face to face training

Training Material & Services Included

1. Notes.
2. Workbook.
3. Training tools.
4. Document Templates file like Word, Excel.
5. A certain level of editing of participant information.

Basic Intro To Latest Gadgets

1. Online tools
2. Books for reading
3. Related video reference for soft skills

Fee Optional

Call us for various optional customized fees such as original fee with single payment and payment scheme method.

Discounted mode according to individual status i.e. ngo fee, social fee, welfare fee, and payment after training.

Notice Of Terms & Conditions

Only customized Terms & Conditions sent to clients' emails are valid as a final offer. Money back guaranteed program must be negotiated and signed a memorandum of agreement.

10. THIS COURSE INCLUDES

- 18 hours Online or Classroom Live Coaching
- Training video for revision
- Notes
- Workbook
- Online and downloadable resources
- Full lifetime access
- Access on mobile and computer
- Assessment
- Real-time Real live Practical Assignments
- Reviews
- Certificate of completion
- Mento-Menti Groups for continuous support & sharing

**SOME OF THE
EXAMPLE
DETAIL COACHING
FLOW**

EXAMPLE PROCESS TO ANALYST CURRENT HABITS STATUS

Abstracted from Notes & Workbook

Naturally Healthier

- 6.1.1 Symptoms from psychosomatic sickness
- 6.1.2 Symptoms from virus/bacteria diseases
- 6.1.3 Clinical health issues is known and under medication
- 6.1.4 Other health challenges
- 6.1.5 Psychological issue

Wealth

- i) Current house status
- ii) Current parents income
- iii) House / Accommodation Status
- iv) Weekly Vegetable Fee
- v) Weekly Groceries Fee

Car/Transportation

- i) Own transport
- ii) Borrowed vehicle
- iii) Sometimes borrowed transport
- iv) Public transport

House Leader's List

Do your house family has dedicated leaders who discuss, planning and with everyone's concerns execute tasks?

2.1 Leader 1:

Main skills:

Mainly handling area:

2.2 Leader 2:

Main skills:

Mainly handling area:

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MASTER MIND; MASTER LIFE

HOW CAN
YOU SPOT a
BLACK ● IN
the
DARKNESS?



META <> **First SCAN**
SUBCONSCIOUS MIND
Then begin your
EFFORTS <> **PHYSIC**



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How to Trace the Personal Cash Flow Habits and Replace the Right Habits?

Fastest transformation tracking process.

What is your childhood to teenage rights at the house you stay in?

Your own house status

Restricted Area i.e. Kitchen

Allow or restricted to touch / buy meals

Another family member's restricted by area/item

Been staying relation house

Have you been staying with relatives?

If yes, How frequently will you be staying there per month?

Why do you stay at that house frequently?

Do you have a periodic task responsibility to serve that family member?

If yes, what is the task, day, time range required?

List it...

How do your parents respect each other?

Mother:

Father:

Gossip and Repeated Story Discussed in your house or at relation house

Complaint topics by any family member/relation

How daring are you in school?

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Your decision made to choose your interested selection i.e.

- i) Sports
- ii) Club
- iii) Friends

Do you have to help with unnecessary tasks for friends who are able to do it themselves?

Do you have to buy things for others by force?

More to tell...

How were school teachers' frequent comments and feedback to you?

Most use words and sentences by them to overall students?

Most use words and sentences by them to you directly?

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REPROGRAMMING YOUR MIND AT EVERY NIGHT DAILY BASIS FOR GREATER AND FASTER ACHIEVEMENT OF FULL TARGETED SUCCESS

1. Plan The Day

- 1.1 What you get up
- 1.2 What task you want to do
- 1.3 What you want to receive

2. Review Your Goals

- 2.1 Write using pen on a log book list of goals
- 2.2 Visualize goals happening
 - 2.2.1 Imagination goals as received and link to 5 basic sense
 - 2.2.2 Imagination goals as received and link to 5 nice emotion
- 2.3 Simply reading them loud

3. Practice Gratitude

- 3.1 Sending email, chat to your love one
- 3.2 Thinking of a few great things in life of whatever is achieved and whatever is in target, gratitude thinking list both as it is achieved in life.

4. Ask The Subconscious Mind For The Answer (Request To Scm)

- 4.1 Avoid thinking about tomorrow's bills, tasks and stop worrying about it!
- 4.2 At this night timing before sleeping do not use your LOGIC Mind to think what to do, because let your powerful SCM unfold best answer of solution.
- 4.3 Health, career, relationship, income, financial flow as your immediate requirements
- 4.4 Address to your SCM out loud the question "How to figure out a solution for i)..... ii)..... iii)....." Every next morning ideas and supportive solutions will appear in your thinking and physically in front of you.
- 4.5 The ANSWER will find you! Keep doing it repetitively daily at night.

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5 Hypnotherapy

5.1 SCM operate out of program

5.2 It's a new program at your CONSCIOUS level in frequency level THETA.

5.3 It STOP operating unwanted old programs.

5.4 Method:

Use slow sound recorded audio repeated 7 times ON EACH SPECIFIC new Vision the objective goals and targeted achievement.

What Should I do?

List the recording script.

Request your mentor conscious expert to edit your script.

Read it yourself, record it on your mobile.

Upon sleeping put the phone far from your distance & Play the audio daily at night and while listening your will drift to sleep.

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SOME CHECKLIST FOR SUCCESSFUL TRANSFORMATION

(1 or few lists may be applicable for your personal transformation)

Define new process

Pattern Frequency

Circadian Rhythm

Meals & Beverages

Cooking Type & Eating Time

Different Of Manufacture And Raw Food

Health Exercise

Intrinsic Muscles

Detoxification

Inner Mind

Outer Body

Sound

Images

Different Between Relax, Resting, Sleeping, Meditation

Emotion

Brain Techniques

Friendship

Responsible On Technology Smart Devices

Self Responsible On Daily Activities

Methods To Create Habits Reprogramming

Quick Colourful Notes Writing Methods

Agriculture Knowledge

Healthier & Energetic For Sports

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Method? Best time to reprogramming of SubConscious Mind / New Habits

After wake up

Before sleep

After bath

After intimate relationship

Before meals

Whenever emotion swings to happiness or anger.

Whenever travelling to a new area.

Whenever walking, travelling at natural places such as the seaside, gardens.

Using jungle sounds to enable feeling in a natural place also can be a good idea.

The 7 Secrets Rhythm techniques for Habits Transformation, For Parental and Children, For Corporate Competencies, For Entrepreneurs and Business.

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CONSCIOUSNESS NATURE

IMITATION IS THE NATURE OF THE MIND, BRAIN

Cosmic Habit Force

The ultimate resource is resourcefulness (*imagination*)

The universe knows limited vocabulary, it normally answers your WISH... Yes, Ok, Granted, You Right

How Culture and Tradition Mould Habits

Responsibility is the ability to respond

How to moderate Thought, Feelings, Desire, Intent, Action, Belief, Result?

Thoughts are the language of the brain and Feelings are the language of the body

LAW OF VIBRATION AND ATTRACTION, IMPORTANT STEPS

How to **REPROGRAMMING YOUR MIND AT EVERY NIGHT DAILY BASIS FOR GREATER AND FASTER ACHIEVEMENT OF FULL TARGETED SUCCESS?**

1. PLAN THE DAY
2. REVIEW YOUR GOALS
3. PRACTICE GRATITUDE
4. ASK THE SUBCONSCIOUS MIND FOR THE ANSWER (REQUEST TO SCM)
5. SELF HYPNOTHERAPY

7 Extrinsic Process

1. Food
2. Health
3. Emotion
4. Intelligent
5. Action
6. Reaction
7. Respond
8. Results

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LIFE IS FLOW OF TIME AND ENERGY TRANSFORMATION

How to tap the power of Believe?

The power of Thought?

What is sub-conscious is?

The suggestion is Power!

The Art of the mental picture!

COHERENT is the language between heart and brain.

Universe and Human is MIRRORING

MATRIX of Universe

Intrinsic Process to Create Extrinsic Results

1. Be a creator of your world
2. Invest in yourself
3. Be comfortable in the unknown
4. Improve your lifestyle
5. Let go of your past self
6. Become supernatural
7. Don't make excuses
8. Become truly present
9. Keep going
10. Think greater than your environment

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How does self transform from known to new?

Average 70000 thoughts per day, and if 90% are the same as yesterday then how many % new changes can be a new reality?

Past known, faith, familiar predictable past	The future unknown is creating a future, unfamiliar, unpredictable future
OLD STATE OF BEING	NEW STATE OF BEING
Same thoughts	New thoughts
Same choices	New choices
Same actions & behavior	New actions & behavior
Same experiences	New experiences
Same feelings	New feelings

Think, Feel, React > Genetic

YOUR PERSONALITY CREATES YOUR PERSONAL REALITY

THINK > ACT > FEEL > STATE OF BEING

All great people know this, they define big goals, visions for the future and start to live as that vision has already been achieved now.

CULTURAL CHANGE IS DEFINED BY A VISION OF THE FUTURE

The vision of the future <> Memory of the past

Future present cultural reality <> Past present cultural reality

CLEAR INTENTION + ELEVATED EMOTION CHANGES REALITY

SAME INTENTION + FAMILIAR EMOTION KEEP REALITY THE SAME

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Why do people lose purpose?

AUTO POLICIES IT'S SELF OPERATE

PURPOSE PROGRESS WITH COMPETENCE & ACCOUNTABILITY

How to realign with purpose?

Be super daring

Retool yourself

Discipline your mind

Learn to execute

Audit hourly activity!

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EXAMPLE WORKBOOK

Self Action Plan Auditing To Track Cue, 3r Of Habits

TIME	CURRENT ACTIVITIES	IMPROVABLE ACTION
4:00am		
4:30am		
5:00am		
5:30am		
6:00am		
6:30am		
7:00am		
7:30am		
8:00am		
8:30am		
9:00am		
9:30am		
10:00am		
10:30am		
11:00am		
11:30am		
12:00noon		
12:30pm		
1:00pm		
1:30pm		
2:00pm		
2:30pm		
3:00pm		
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7:30pm		
8:00pm		
8:30pm		
9:00pm		
9:30pm		
10:00pm		
10:30pm		
11:00pm		
11:30pm		
12:00mid night		
12:30am		
1:00am		
1:30am		
2:00am		
2:30am		
3:00am		
3:30am		

**WE PROVIDE 2
TYPES REFERENCE
STANDARD &
CUSTOMIZED
FOR
NOTES &
WORKBOOKS
WHEN COACHING
FLOW STARTED**

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Ready to join us for a workshop that will change everything?

SIGN UP NOW!

If you're still sitting on the fence and wondering if this is right for you, **call us and/or Sales Partner for more information.**

If you're simply looking for a "get rich quick scheme" THEN RETHINK before attending this workshop.

Who Is ELANggovan?

Technologist & Psychologist

Disclaimer: All the success that can be achieved by using the techniques taught in this program will depend on the time and effort you place into the system that is being shown. It will also be reliant on how you speak, market and other outside factors that are beyond the control of the holder of this event. We therefore cannot guarantee that you will become successful as the holder of this event. The training will be holding NOTHING back and you'll be able to implement what you learn right away on your own.

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THE SEVEN SECRETS RHYTHM

SBL Khas HRD CORP



OVERVIEW

This programme focuses on personal seven major brain wave moderation as core factors impacting emotional, creative intelligence, productivity, naturally healthier and effective performance.

OBJECTIVE

To help participants fine-tune their brain wave synchronizing with business Vision & Mission thus increase greater result-oriented corporate activities

LEARNING

- * Learn how the first seven minutes of the day affects whole day corporate activities
- * Learn how to moderate parasympathetic and sympathetic energy shift flow which determine the quality of performance
- * Learn how to shift between Beta, Alpha, Theta and Delta

+++ MPC MEPS sarawak energy

Inhouse Virtual Training
(Up to 25 pax)
Targeted Participants
(Executive & Above)

CONTENT

Invisible brain wave impacts determine visible task quality and quantity which are the resources of corporates

- ✓ Brain Chemical and Leadership
- ✓ Emotion & Ergonomics (E&E)
- ✓ Brain Activeness ~ Personal Efficiencies
- ✓ Resetting Mind ~ Enable New Execution
- ✓ Focus & Concentration
- ✓ Natural Creative ~ Right Brain
- ✓ Memory Power ~ Recalling
- ✓ Single Rhythm ~ Multitasking
- ✓ Alpha Thinking ~ High Alert
- ✓ Brain Wave and Competencies
- ✓ Theta Brain Wave ~ Corporate Transformation



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GLOBAL VENTURES



The **7 Secrets Rhythm**®

MENTOR IS SUPER BRAIN

GUIDED MILITARY STYLE BIZ PROCESS

YOU PROUDLY SAID KNOW ABOUT THE SECRET

You know about Subconscious Mind?
You watch top business talk?
You read a positive quote?
Do you like motivational video?
You meditate?
You read affirmation?
You are hard & smart working?
You completed all efforts? Yes,
maybe all that you know! Have you
done all that required?

Results matter! Are you happy?

MENTOR



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