Neurodiversity-Affirming Parenting

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Week 1: Neurodiversity & Executive Functioning



What does it mean to be neurodiversity-affirming?

Language & Communication

Acquiring Language

Building Language

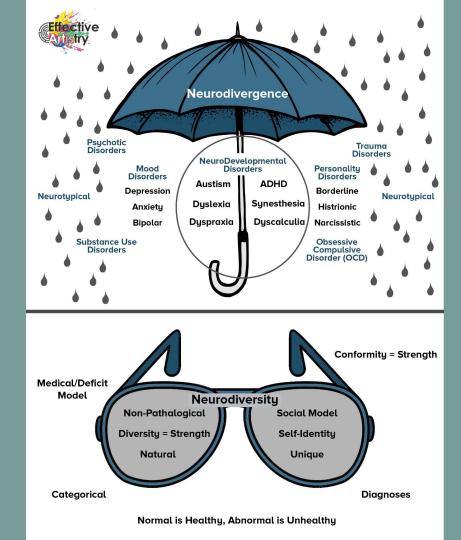
Using Language

Neurodiversity

Judith Singer



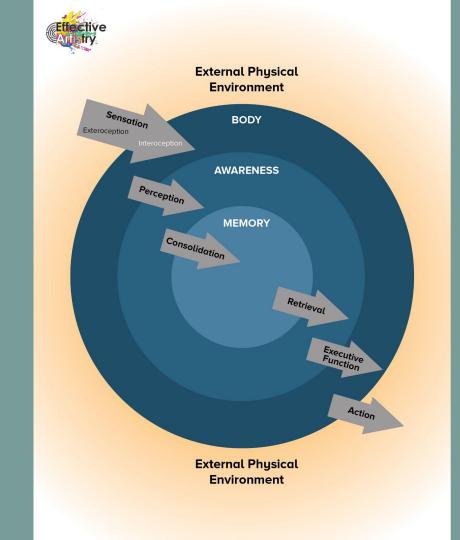
Neurodivergence, Neurotypes & Neurotypicality



QUESTIONS on neurodiversity?

Executive Functioning

Neurodiversity reframes mental illness as variations in executive functioning

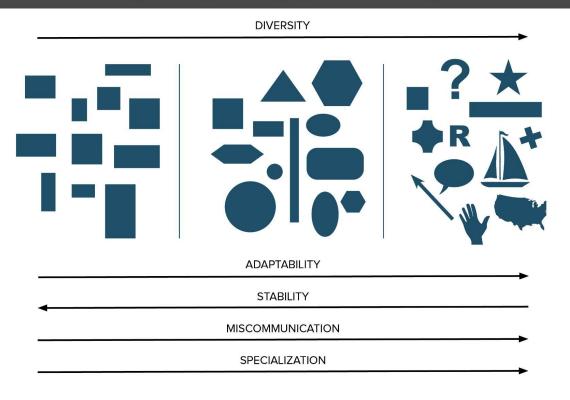


Executive Subfunctions



Diversity Diversity = the extent to which differences exist within a group

As diversity increases, some things get easier and some get harder



Executive Functioning

Neurodiversity reframes mental illness as variations in neurological functioning: in large part, Executive Functioning QUESTIONS?

Executive Function/Dysfunction



EXECUTIVE FUNCTION/DYSFUNCTION

EXECUTIVE FUNCTION	EXECUTIVE DYSFUNCTION
Ex.s - Got to work on time - Made dinner - Drove home safely	Ex.s - Didn't do dishes - Accidentally called one kid by other kid's name
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Offloading



OFFLOADING

HOME	WORK		
Ex. Alarm clock	Ex. Trello board		
PERSONAL	SOCIAL		
Ex. YouTube account w/ likes & subscriptions	Ex. Spouse sets up get-togethers w/ friends		

Traits Advantages & Disadvantages



TRAIT ADVANTAGES/DISADVANTAGES

TASKS IN WHICH TRAIT IS DISADVANTAGEOUS	TRAIT/CHARACTERISTIC	TASKS IN WHICH TRAIT IS ADVANTAGEOUS
Ex. Driving	Ex. Tall	Ex. Playing basketball
Ex. Grocery shopping	Ex. Impulsive	Ex. Dancing
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Terms & Concepts

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