



ABOUT ME

Nick Egan, Ph.D., is an award-winning high performance coach who utilizes his deep understanding of positive psychology and Buddhist philosophy to encourage personal and organizational growth. Specializing in helping entrepreneurs and tech leaders grow, Nick has been recognized as the top coach in the Austin, Texas area and is certified by the International Coaching Federation. In addition to coaching, he has taught meditation techniques for more than a decade and regularly leads personal growth expeditions to destinations including Tibet, Bhutan, Mongolia, Nepal, Thailand.. Nick holds a BA in psychology, an MA in comparative religion, and a Ph.D. in Buddhist philosophy.

TESTIMONIALS

Working with Nick is nothing less than transformational.

From our first coaching session, Nick helped me focus on effective and attainable goals. With his expert guidance, I started to see results immediately.

Nick's straightforward approach immediately brought a level of clarity that I desperately needed—fast.

Working with Nick is "mental" bootcamp for me without compromising form to lead to long-term gains.

NICK EGAN, PhD

EXECUTIVE COACH | HIGH PERFORMANCE + MINDSET STRATEGIST | AUTHOR | TRAVELER

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MY MISSION

Helping leaders and entrepreneurs step into their own greatness and maximize their impact in order to create the life of their dreams.

Author of the bestselling book
Shift: The Art of Transforming Limitations



NICK HAS WORKED WITH LEADERS FROM THE FOLLOWING COMPANIES:



OBSIDIAN AthleticGreens



Meta coinbase



FUSANG



IMAX