



PANDIT DASA

Former Monk – Author – Keynote Speaker
Leadership and Workplace Culture Expert

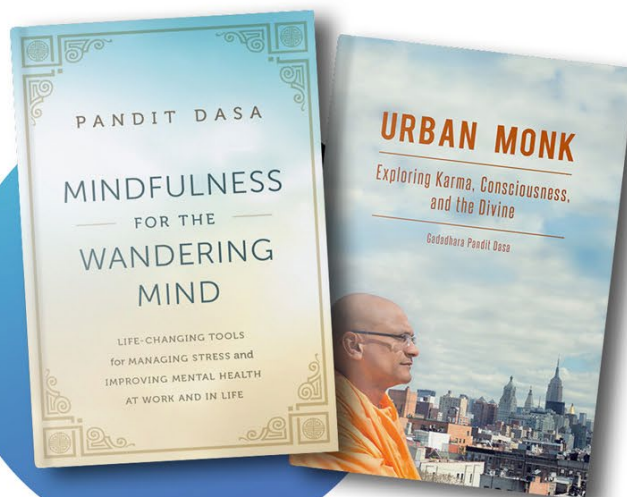
SPEECH TOPICS

- ⦿ Mindful Leadership: Cultivating Thriving Cultures
- ⦿ The Ripple Effect: Overcoming Limiting Beliefs
- ⦿ Thriving Through Change and Disruption



TAKEAWAYS

- ⦿ Building cultures that improve well-being, engagement and productivity
- ⦿ Inspiring leaders to lead by example in their actions and mindset
- ⦿ Creating environments where employees feel valued, heard, and connected
- ⦿ Encouraging positive social connections to improve collaboration
- ⦿ Implementing practical wellness strategies to lower stress and anxiety
- ⦿ Utilizing secular mindfulness practices to improve mental health and focus



www.panditdasa.com

pandit@panditdasa.com

Tel. 614-286-1080