Rasha Morad, MD: A Professional Overview

Physician



Professional Experience in Geriatric and Post-Acute Care

Rasha Morad, MD, has committed more than thirty years to caring for older adults through her work in long-term, post-acute, and chronic hospital settings. She has successfully led several top-rated care facilities across Maryland and California, focusing on improving outcomes while reducing avoidable hospital re-admissions. Her leadership approach emphasizes consistency in quality care and adherence to best practices.

With an in-depth understanding of medically complex conditions, she treats patients across multiple care environments, including hospitals, rehabilitation centers, and intensive care units. Dr. Morad is skilled in managing geriatric patients with various chronic illnesses and supports

rehabilitation programs designed to help individuals return to their baseline level of function after illness or hospitalization.

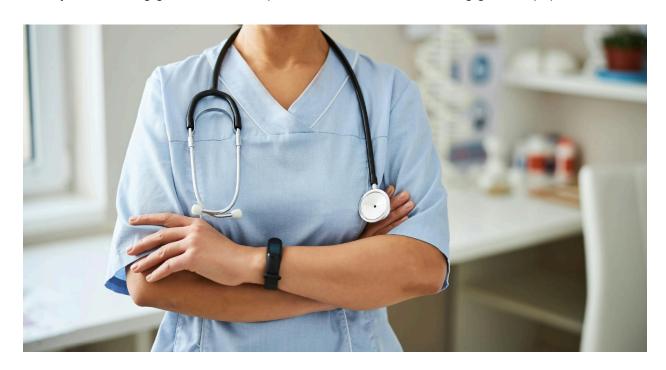


Her focus extends beyond treating disease to promoting healthy habits and prevention strategies. Dr. Morad provides education on diabetes control, smoking cessation, and weight management. In addition, she has designed and led community-based initiatives centered around women's health, STD prevention, and occupational safety, particularly in underserved and at-risk populations.

She has overseen the implementation of digital systems to streamline documentation and safeguard patient records. Dr. Rasha Morad introduced platforms like PointClickCare and

GehriMed in her practice settings, enhancing compliance with HIPAA regulations. Her bilingual skills in English and Arabic have helped strengthen communication with patients from diverse backgrounds, supporting equitable access to care.

Serving as an Internal Medicine Attending and Consultant in rural outpatient clinics, she addresses the health needs of communities with limited access to care. Dr. Morad reduces hospital re-admissions by coordinating closely with local providers, managing high-risk patients directly, and offering guidance on complex medical decisions affecting geriatric populations.



Medical Directorship and Patient Advocacy

As Medical Director, she oversees in-patient care at skilled nursing facilities, ensuring smooth transitions from acute hospital settings. Dr. Morad focuses on minimizing disruptions during recovery, reducing re-admission rates, and maintaining close supervision over care procedures such as wound healing and rehabilitation progress.

Her leadership also includes regulatory responsibilities, ensuring facilities meet compliance standards set by federal and state authorities. Dr. Morad is involved in staff development, safety training, and ongoing quality assurance initiatives. She also works with hospital discharge teams and ethics committees to provide clear communication and direction for families navigating challenging healthcare decisions.

She has served as an attending physician across various outpatient and in-patient settings. Rasha Morad has conducted primary and preventive services, including employment evaluations and routine health checks. She has managed post-operative recovery for patients

undergoing complex surgeries and provides consistent oversight to ensure care aligns with updated clinical protocols.



Her hospital-based experience includes work in internal medicine wards and critical care units, where she monitors patients during and after ICU admissions. She contributes to treatment plans, coordinates consults, and ensures well-organized, patient-centered transitions between care levels.

Service and Volunteer Contributions

She has consistently provided voluntary medical services to those lacking access, particularly in clinics and hospitals serving uninsured populations. Dr. Morad uses preventive medicine principles to improve community health outcomes and supports humanitarian efforts by participating in international medical relief organizations.

Medical Education and Research

Her training in internal medicine was completed at the University of Maryland Mid-Town Campus, where she held the position of Chief Resident. Dr. Morad is board-certified and certified in post-acute and long-term care medicine. Her academic work includes contributions to the literature on diabetes, metabolic health, and digestive disorders.



Professional Memberships and Personal Life

Rasha Morad, MD, maintains active involvement in professional associations such as the American College of Physicians and the American Medical Association. She holds licenses in California and Maryland and is certified in advanced and basic life support. Outside of medicine, she enjoys hiking, cycling, cooking, and spending time with family.