

Recent and upcoming speaking engagements*:

- ASSP Safety 2023 Conference & Expo June 2023
- HRPA Niagara Chapter Annual Business Meeting May 2023
- SHRM Talent Conference & Expo April 2023
- Atlantic Health & Safety Services Conference March 2023
- ASSP Safety 2022 Conference & Expo, Chicago (*> 450 attendees; Overall ratings >=4.2/5*)
- Alberta Health & Safety Conference 2022 (*Rated 4.86/5 on quality & 4.83/5 on content*)
- CUPE Local 2484 Annual Steward conference 2022 (*Very positive feedback- no ratings provided*)
- HRPA Halton-Windsor Chapter PD Event April 2022 (*Session Rating overall 4.65/5*)
- Human Resources Professionals' Association Annual Conference 2021 (Canada's largest annual HR conference – selected for 2 separate topics/sessions) (*Workplace harassment: 4.66/5 session feedback rating and 4.74/5 presenters feedback rating; Pandemic presentation 4.0/5 session feedback rating and 4.18/5 presenters feedback rating*)

**copies of presentation materials available on request*

Speaking demo reel: https://navct.ca/demo/demo_reel.mp4

Website: navct.ca

LinkedIn Profiles:

<https://www.linkedin.com/in/shelly-meadows/>

<https://www.linkedin.com/in/martin-franchi/>

Feedback from the 2022 ASSP sessions:

"AMAZING SESSION!...Please speak again!..."

"Please bring back next year. It would be great to hear stories of effectiveness in implementation"

"I've been through numerous "burnout" trainings/webinars, and I found this to be one of the best. "

"The two speakers were great and engaging and really knowledgeable..."

Feedback from the 2021 HRPA sessions:

"Great dynamic between the presenters, would like to see them again, one of the more interesting presentations, very useful content as well, thanks"

"I enjoyed the session and the speakers were relatable and explained the concepts thoroughly. There were lots of useful tips and guidance provided"

Speaker Bios

Shelly and Martin co-founded Navigation Consulting & Training (NavCT), a firm focused on supporting, and promoting, healthy work environments, through strategic HR consulting, training and development and workplace harassment investigations.

Shelly Meadows

Shelly is a CHRP, MBA, CPA, and Certified Psychological Health & Safety Advisor with executive-level experience and a passion for helping people and their organizations thrive. With over two decades of experience in the professional services environment, Shelly gained a breadth of knowledge specializing in regulatory compliance, risk management, and corporate restructuring, with extensive experience developing, leading, and facilitating national and local training programs. Through NavCT, Shelly leverages her professional experience, combined with her passion as a speaker, facilitator, and consultant to have a positive and meaningful impact on organizations and their people.

She strongly believes employers and employees need to work together to strive for healthy, safe, and productive work environments as both a social and business imperative, and that strong leadership is essential in striking the right tone from the top in any successful organization. Beyond work, Shelly enjoys sailing, squash, live theatre, and random acts of kindness.

Martin Franchi

Martin has over a decade of experience leading certified workplace health and safety courses as an engaging and knowledgeable facilitator. He's been a certified member of joint health and safety committees for over twenty years giving him significant breadth of experience and expertise navigating the Occupational Health & Safety Act. He is an advocate for healthy work environments and reducing stress in the workplace. He has extensive experience working in unionized environments and the retail food industry.

Martin launched his first company in 2001 so is well versed in the challenges of running an owner-managed business. He is creatively driven and is passionate about the arts as a professional photographer with a Master's in Fine Arts. Beyond work Martin enjoys cycling and sailing.