

# RHONDA Y. WILLIAMS

Reactive leadership is an addiction that attracts stress and blocks your leadership superpowers

Rhonda Y. Williams is an author, talent development specialist, executive coach and emotional intelligence strategist. With past executive roles in healthcare, such as Chief Nursing Officer & CEO, Rhonda has personally experienced the effects of overwhelming stress. After a pair of dueling life crises, Rhonda decided to Stop the Madness. Today, she is the founder of Above the Grind Leaders and The Leadership Mentoring and Coaching Academy where she helps leaders develop the toolset and skillset to create Modern Magnetic Cultures. She is also the Host of The Coffee with Rhonda Show.

### RHONDA'S MOST POPULAR MEDIA TOPICS

✓ Creating a Modern Magnetic Culture - Today's modern workforce has been undeniably clear about what is important in the workplace. And, it's changing rapidly. Leaders and companies need a combined skillset of emotional intelligence, deep listening and operational nimbleness. Let's imagine and co-create the future, together.

The El Edge for Leaders – Today's complex and dynamic er brought us into unknown territory. A place where it is not enough for leaders to be "nice." Organizations prepared for the challenging times ahead will be those who provide their leaders with high-impact training, tools, and resources to excel at operationalizing empathy and emotional intelligence.

✓ Empathy is Not Optional - Every day seems to bring a new crisis causing many leaders to fall into the trap of reacting as a means of survival. Yet, reactive leadership stifles the growth and success of both the team and the leader. What's the alternative? Learn how the 3 types of empathy each play a role in building team trust and improving organizational outcomes.

#### **PRAISE**

"Rhonda is, in the simplest of terms, a joyful, smart, energized instrument of positive personal and organizational change. My admiration for her is boundless!"—C. Rotering, MD

"I learned to align my actions with my goals and that I'm in control of how I react to things."

-Anonymous U of Wisconsin Participant

## As featured in









#### CONTACT

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