



# ROSIE ORTIZ

Speaker, Empowerment Coach, and Content Creator, Rosie is widely regarded as the **Wonder in your Woman** expert! She is the go-to source for helping women everywhere find solutions for a better more fulfilling life past learning challenges, stumbling blocks and inner conflict.

With a degree in education, Rosie embraces many roles to include, teacher, leader, mentor, and most importantly mom. Currently residing in Tampa, FL, she continues to live out her passion of supporting and guiding women from all walks of life to **be FREE** and find the

**WONDER IN THEIR WOMAN**

**SPEAKER**  
**AUTHOR**  
**EMPOWERMENT COACH**  
**WONDER IN YOUR WOMAN EXPERT**

## EMPOWERING WOMEN TO FIND THE... **WONDER IN THEIR WOMAN**

**Rediscover the Wonder in your Woman** - Through the ins and outs of life, most adults lose the youthful optimism and exuberance they once possessed as a child. This is especially true for women. This talk will help the audience understand why this happens, what can be done about it, and how to Rediscover the **WONDER IN THEIR WOMAN** through her proven method of *Backtrack, Own* and *Recalibrate*. **Healing wounds and starting over.**

**Power Posing** - As a self-improvement technique, Power Posing is a practice where people physically take a posture that makes them feel powerful. This physical power posing has a mental equivalent, that when rehearsed, begins to impact our careers, family, and business. The 7 different styles to the *Secret Art of Power Posing*, a practice of shifting our mindset, will help you be the best version of yourself possible in every area!

**Making your Mountain your Platform** - This talk will engage the audience in meaningful self-exploration and reflection, unveiling and owning the most vulnerable parts of themselves as they begin to discover how that ownership can empower them to connect with the **WONDER IN THEIR WOMAN** by turning their struggles and trauma into opportunities for growth and passion. **Encouraging women to use their story for impact.**

*Able to tailor presentations / discussion to fit most audience and/or event needs*



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Available for seminars, workshops, book readings and conference keynote.

*"Her words are inspiring and her delivery is so accessible. She creates a safe space for us to be honest with ourselves while still allowing room for grace and growth. I am so excited to be on this journey to find the **Wonder in my Woman**"*

