## SASHA LIPSKAIA M.A.

#### PURPOSEFUL LEADERSHIP COACH AND CREATIVE MINDSET EXPERT

## CANVASREBEL













# Guiding powerful people to lead with embodied purpose, confidence, and integrity.

"If you're really looking to have a powerful speaker and coach serve your clients at the highest level, I would highly recommend Sasha, getting in her presence because what she does is truly revolutionary. It's truly exclusive. And I've never seen anybody that can transform people in the way that Sasha does."

-Ron Reich, CEO and creator of the A-Player Mastermind

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Sasha Lipskaia, M.A. ICF ACC, is a master at guiding high-achieving corporate leaders to optimize their mindset & performance and trust their gut so they can confidently create the impact they want to achieve within themselves, and, in leading their people with embodied confidence, purpose, and power.

## Sasha's keynotes

### "Embody your inner leader:

How to confidently move through uncertainty by leading with your intuition."

• In our rapidly changing work landscape, and socio-cultural transformation, it's no longer enough to rely solely on our intellect. To grow and succeed in challenging times, we must reconnect to our authentic sense of self and inner wisdom. Leaders need to integrate the power of their intuition and mindfulness to transform and inspire others as they move towards a bigger vision than before. This interactive presentation will teach you the connection between your the science of how your intuitive mindset can help you reconnect to your genius, while achieving your goals with increased purpose, integrity, confidence, and in service to your community.

#### Attendees will learn the following:

- 1. How to cultivate compassion to enhance their emotional and mental well-being and resilience
- 2. How to find inner peace and embody a winning mindset in stressful situations
- 3. How to re-connect and use their intuition to make the right choices for themselves and their people



#### "Lead to success:

#### How to increase your confidence by using mindfulness, intuition, and compassion."

• In our post-pandemic, increasingly virtual world, the power of building healthy communities that thrive in collaborating and moving towards a common vision while celebrating our diversity is becoming very important. Cultivating a healthy company culture and relationships to leverage our uniqueness and differences with increased confidence in our common values is paramount for modern corporate leaders. In this powerful presentation, you will learn how developing mindfulness and an intuitive mindset will inspire trust and resilience in your people and help you lead them with purpose to achieve your common goals while successfully overcoming challenges and stress.

#### Attendees will learn the following:

- 1. How to use their emotional intelligence to build a healthy, productive relationship with anyone.
- 2. Why learning self-compassion and mindfulness is the way to build rapport and trust with their people.
- 3. How to create a healthy company culture by embodying your authentic self

#### EXPERIENCE KEYNOTES AND WORKSHOPS THAT CREATE TRANSFORMATION

"She is very professional and like a breath of fresh air, taking your audience on a self-discovery experience. Our attendees felt like they were in a safe space and engaged in her workshop. We encourage everyone to work with her!"

- Kimberley Chan & Linda Cajuste, co-founders, My Creative Break

#### Sasha is an expert in the areas of:

- · The mindset of a purpose-driven leader
- Intuitive development
- Emotional intelligence & mindfulness
- · Embodied confidence & self-care
- · Multicultural communication & inclusion.

#### Partial client list:

- The Montreal International Film Festival
- · Concordia University Television
- · My Creative Break
- A-Player Mastermind
- Flex Performance

Book Sasha:

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