

Judith Costa

Speaker, Coach & Trainer



Meet Judith

Judith Costa is a Speaker, Coach, Seminar Leader, Writer, and Speaker, with a Master's Degree in Psychology and Psychotherapy, an MBA and she is a certified Happiness Trainer.

Judith specializes in helping others have a better relationship with themselves, transforming their lives. Judith empowers people to create more abundance and wellbeing, achieve their goals, have better relationships, and become happier through her talks, trainings and retreats around the world. Her specialty is to inspire you to create the life you want and deserve now.

Judith helps the audience understand what Self-Love, Wellbeing, and Happiness are, and how to achieve them.

Book Judith for your event if you want the audience to discover the key to living with ease, passionately, authentically and being joyfully.

Speaking & Training Topics

- How To Create The Life You Want
- The 5 Keys To Wellbeing
- Loving Your Way To Happiness
- Loving Yourself Is The Solution

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Success Stories

“ I really enjoyed Judith Costa, what a unique topic! What a deep soul she is... I think that anyone who is open to her message, anyone who is open-minded about life, about relationships, and about the way we as individuals interact. You are going to Love Judith. I really, really, really enjoyed her presentation. ”

Billy Sheehan

“ You really helped to put a lot of things in perspective for me, as well as, build my confidence. I am more focused and determined to take the next step. You are very gifted and a kindhearted soul. You are a beautiful person inside and out and truly an inspiration. ”

Merissa Franco

“ She's highly compassionate and non-judgmental, creating a loving space where you can open up and look into yourself. Everything she says, she says with Love, and everything she does, she does with Love. ”

Natasha Bonilla

“ Judith Costa is remarkable person. Judith comes across as real and authentic, and you can truly tell that she loves her topic and because of that she pulls you in and makes you want to listen to the things she says. ”

Coyte Cooper

“ Judith Costa is like an angel sent from Heaven to help us! She is an amazing person, full of Love, compassion, understanding and patience. She explains the steps for transformation so clearly and thoroughly, like never before. ”

Mary Baldwin

“ Judith Costa, what a warm, caring, loving, person! She really shares from her heart how to change your heart so that you can learn to be happy. ”

Cindy Miller

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