

Stacia Kalinoski

Award-winning Journalist

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Stacia is an Emmy award-winning video journalist and has spent most of her career behind a microphone. Now, she's speaking with a greater purpose.

Stacia has reported in three television markets across the U.S. Then her life changed in an instant when she had a seizure at work. Losing her job forced Stacia to take control of her health and start a new chapter. It was a given that chapter should start with a video camera. When she was cleared for brain surgery, Stacia decided to create a documentary on epilepsy to help educate others. *Brainstorm* was nominated for a regional Emmy Award, and has given Stacia reason to pick up a microphone again – this time to help others develop resiliency after their own storm.

Our audience was completely engaged in her story and left feeling inspired. Living with epilepsy can certainly have its challenges- but Stacia's story provided purpose and hope for the epilepsy community.

- Brianna Romines, MPA, President of the Epilepsy Foundation of Michigan

Stacia has shared her journey with:

Society for Brain Mapping and Therapeutics Annual Congress • American Epilepsy Society
American Academy of Neurology and American Brain Foundation • University of Minnesota
Neurology Grand Rounds • Epilepsy Foundation of Arizona Gala • Epilepsy Foundation of
Michigan 2018 Wellness and Epilepsy Conference • UCB • Upsher-Smith



Building Resilience

"Every Setback has a Comeback"

Finding resiliency during and after the storm.

You can't be resilient if you haven't been through a storm, or the word wouldn't exist. We often hear all things happen for a reason. It would take me two years to figure it out, but today I can boldly and confidently say the reason I lost my job was to help others fight their own battles... by learning resiliency through my story. In this inspiring keynote, your audience will learn how to:

- Move past failure and disappointment
- Turn a major setback into a comeback
- Find a new sense of purpose

The Patient's Perspective

Help your patients become resilient amidst their own storms.

How well do you understand your patients outside of the clinic? This program is perfect for the entire medical community to better understand how denial, stubbornness, and serious side effects play into the the daily patient/caregiver/family relationship. The audience will leave with:

- A renewed sense of passion for your important work
- Ideas to better understand your patients and help them get optimal care
- Tips to help your patients become resilient
- Inspiration to better educate staff and communities

"There is so much stigma attached to epilepsy, that even friends who have it, rarely talk about it. But Stacia is talking about it. Her remarks and documentary increased the awareness and empathy levels of all staff who attended our event."

- Jane Ransom, Executive Director of the American Brain Foundation

"Stacia's story was inspirational ... Everyone was moved to hear Stacia's account of her battle with seizures and her perseverance to overcome them."

- Suzanne D. Matsumori, Executive Director of the Epilepsy Foundation of Arizona