



TRAUMA-INFORMED  
PRACTICES, LLC

## SADIE ELISSEOU, MD

- HARVARD PHYSICIAN
- CORPORATE CONSULTANT
- TRAUMA-INFORMED EXPERT

Dr. Elisseou is an internationally-recognized thought leader in healthcare and other industries seeking actionable tools to build organizational resilience amidst a global burnout crisis. Her transformational curriculum is implemented at medical schools around the world. Dr. Elisseou's consulting and educational offerings enable organizations to improve the client and employee experience, accelerate engagement, and boost workforce well-being using a trauma-informed approach. Her clear, passionate delivery and behavior-oriented application of concepts through 17 years of experience empowers listeners to apply learnings to their unique environments.

### TRAINING TOPICS:

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- ✓ Trauma-Informed Leadership
- ✓ Stress, Burnout, and Resilience
- ✓ Healing After Crisis
- ✓ Trauma-Informed Clinical Skills
- ✓ Workload Management in Times of Stress

 **200**  
speaking  
engagements

 **20**  
organizational  
partnerships

 **40**  
health systems  
collaborations

# COLLABORATIONS:



Procter&Gamble



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# TESTIMONIALS:

**"All organizations should have this training."**

*-P&G Global HR Leader*

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**"I've attended many talks, but few have reached the transformative level achieved today."**

*-Harvard Medical School Senior Leader*


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**"I can't tell you how this will make a difference in my life and career."**

*-Michigan EMS Leader*

**Get in touch!**

 [www.sadie-elisseou.com](http://www.sadie-elisseou.com)

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