

# Sara Deacon

KEYNOTES & WORKSHOPS



## ADULTING SECRETS TO CREATING A FUTURE THAT'S TRUE TO YOU

You might think that other people have life & leadership all figured out. What if you discovered that most people are looking for the same sense of identity, purpose and belonging that you are? You can experience your ideal self and future right now!

This interactive performance will be custom crafted to connect with what matters most to your audience, while building on foundational personal development principles & proven strategies for success.

### You will learn:

- The #1 Reason Why Some People Never Really Grow Up
- 3 Ways To Build The Courage to Suck At Something New
- Simple Strategies To Make Empowered Decisions
- Exact Steps to Assemble Your Super Support Team

## ABOUT

As *The Adulting Coach*, Sara Deacon helps motivated young adults figure out for themselves who they want to be when they grow up so that their next steps through college & career fall easily into place for a successful & fulfilling future.

Bringing humor and fresh perspectives, Sara explores themes of self-discovery, resilience and independence. With her unique blend of creativity and discipline, she invites reflection, challenges assumptions, cultivates connection and always looks for ways to bring the FUN!

She will literally do karate with you in the garage if that's what you need to ignite your inner fire and own your future like a boss!



*I loved how encouraging this talk was and made me what to be my best self and keep my goals at the forefront moving forward!*

— Natalie B., Brookfield East HS



## CONTACT SARA

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Sara was so engaging! She was natural in front of the crowd and quick on her feet, intuitive to the audience, and gave us so much fun energy!

— Abigail White

