



Smita Das Jain, the Founder and CEO of Empower Yourself, is a Certified **Executive Coach**, **Personal Empowerment Life Coach** and **NeuroLinguistic Coach Practitioner**. An **IIM Indore** and **SRCC** alumna with 14+ years of experience in leadership roles with **KPMG**, **United Technologies Corporation** and **JLL** advising Indian and global clients in their business strategies and transformation, Smita knows that people need more than strategies to succeed. Her Empower Yourself Coaching Program empowers executives to communicate with confidence and emerge leaders faster than envisaged. An **ACC credentialed coach** with the **International Coaching Federation**, Smita guides professionals in career, communication, time management and personal finance matters.

Smita is a **TEDx** speaker, an **expert speaker** on various platforms, corporate conferences and OTT channels. She was amongst the Top 10 trending expert speakers at SpeakIn in June 2021 and appeared in the expert speaker panel of Credent TV. She is also a **bestselling author** and has been featured in world's leading personal development site 'Addicted2Success' and India's leading newspapers like 'The Pioneer' and 'The Daily Guardian.' She also holds an **Executive Education** Degree on Digital Strategies of Businesses from **Columbia Business School**.

Segment Ideas

- Commuflence Your Way to Success
- The EQ Maestro- How to develop your EQ to stand out in an IQ driven world
- Relevance of Empathy in Leadership
- Retrieving the missing 'I' in DE&I- Why diversity programs in organisations are not leading to inclusion
- Quiet Time for Time Management
- Good Bye Work-Life Balance, Welcome Work-Life Integration
- From Intent to Action- How to love what you do by unleashing the power of your passions
- Money Confidence- Take charge of your finances and life

Relevant Links

- **TEDx Talk:** https://www.youtube.com/watch?v=f_ONJZKy2So&t=23s
- **Main Website:** <https://www.lifecoachsmritadain.com/>
- **Featured Apperances:** [https://www.lifecoachsmritadain.com/ events-and-media](https://www.lifecoachsmritadain.com/events-and-media)
- **YouTube Channel:** <https://www.youtube.com/channel/UCQm94LcaTkSXy0BtejS1z7g>
- **LinkedIn:** <https://www.linkedin.com/in/smitadasjain/>
- **Book:** [https://www.amazon.in/dp/B09FKLCWZB?ref =pe_3052080_276849420](https://www.amazon.in/dp/B09FKLCWZB?ref_=pe_3052080_276849420)



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