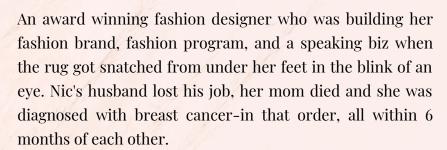


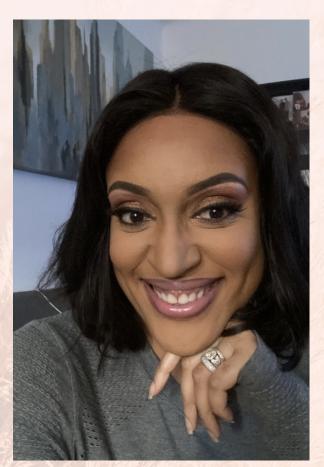
Motivational and Keynote Speaker



Life was excruciating to say the least. Yet Nic still had to wake up and push on. Even though some days the idea of getting out of bed was unfathomable.

She learned that through the pain, hurt and mental anguish it's possible to find beauty and peace. It's possible to not only persevere but even grow and find grace, all without sacrificing your grief, experience or mental health.

Nic can show your organization how to do the same and persevere through the adversity and become the best version of yourself on the other side.



SIGNATURE TOPICS

- ✓ Women Empowerment
- ✓ Wellness and Self-care
- ✓ Persevering Through Adversity
- ✓ Being Your Authentic Self
- ✓ Goal-setting, Motivation, Professionalism and Overcoming Hardships & Adversities

LET'S WORK TOGETHER!

Pleases feel free to contact me for booking inquiries or questions.

- □ nic@nichyl.com
- www.nichylkeynotespeaker.com

SPEAKING

- Body Image with
 Nurture Me Podcast
- Sustainable Fashion
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- Expressing The Boldness
 of Beauty Through Fashion
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