



BIANCA STAWIARSKI

Indigenous Healing Practices, Coach and
First Nations Entrepreneurial Support

Speaking Engagements:

- November 2023 - Women's Entrepreneur Day event - Crom Castle, Northern Ireland
- November 2023 - Ubuntu Book Launch event - Crom Castle, Northern Ireland
- November 2023 - Hear Us Roar Book Launch event - Crom Castle, Northern Ireland
- November 2023 - The Workhouse - Enniskillen, Northern Ireland
- April 2023 – Channel 44's "Mob Talks" Television Cast – Episode 1 (Health) & Episode 4 (Identity)
- 29 March 2023 – Insight and Awareness Spiritual Explorer Podcast
- 4 February 2023 – Speaker at the Global Russian Perinatal Practitioners Support Conference (translated into Russian)
- 14 November 2022 – Psychotherapy and Counselling Federation of Australia's National Festival of Ideas Conference Speaker and Day 1 Facilitator: Indigenous Healing Practices
- October 2022 – In Love with Me Podcast
- April 2022 – Don't be ARSD – the Podcast – Wellness with Indigenous Wisdom
- 26 February 2022 – Animal Therapies Ltd National Conference 2022 – Speaker on Gudu-Guduwa (coming together): Decolonising the Equine Assisted Psychotherapy Space.
- 15 November 2021 – Speaker at "Unearthed" Adelaide Hills Wellness Tourism Conference – Speaking on Indigenous Wellness Practices
- 3 November 2021 - National Symposium Outdoor Health – facilitated by Costa Georgiadis – Presentation on Indigenous Approaches in Outdoor Healthcare: A Yarn
- September 2021 – Blak Nation podcast: on Indigenous Wellness



+61 438253202



Bianca@Warida.com.au



Lower Hermitage South
Australia



Warida Wholistic Wellness



@warida.wholistic.wellness

Topics of speciality:

- Wellness & Wellbeing
- Women's Confidence Building / Standing in our Power
- Indigenous Healing Practices
- Mental Health
- Complex Trauma
- First Nations Entrepreneurial Support
- Start-up First Nations / Female Founded Businesses
- Equine Assisted Therapies