## Wise Choice

ADRIENNE WISE is a highly sought-after international keynoter, emotional wellness expert, and trauma-informed care specialist. She is widely regarded as one of the most influential voices in motivational speaking today. With over 15 years of professional experience in the behavioral health industry, Adrienne is now on a mission to impact audiences and train individuals, corporations, and organizations worldwide on how to eradicate stigma and build resilience, compassion, and mentally and emotionally healthy workplaces and environments.

Adrienne is the CEO of Wise Choice Counseling and Consulting Services, a global company that helps individual, corporate, and organizational leaders build courage, confidence, and connections through workshops, resources, education, and coaching. She mentors passionately, guiding her clients with results-proven strategies that promote a culture of staff wellness.

## THE PRESENTATION:

THE PRESENTER:

Adrienne delivers a thought-provoking presentation on trauma-informed care that educates, engages, and empowers the audience. She addresses how corporate leaders can build trauma-informed organizations that create safe, caring, inclusive environments for all employees. She helps train organizations on how to adopt several trauma-informed strategies to help people overcome the effects of trauma, ranging from organizational changes in the culture and atmosphere of a corporate setting to the full adoption of practices to address the trauma of employees at all levels of the organization. Her presentation also addresses the importance of hiring a workforce that embodies the values of trauma-informed care and provides the foundational steps organizations can take to fully adopt a trauma-informed approach.

## ADRIENNE WISE, LPC, CCTP

International Keynoter Emotional Wellness Expert Trauma-Informed Care Specialist