

Tonya Kay Herb

Keynote Speaker & Leadership Coach



Empowering Leaders at Every Level

Bridging Innovation with Authenticity for
Transformational Leadership

Hello

Meet Tonya, former corporate pro turned entrepreneur, speaker, fearless paddle-board enthusiast, and all-around juggler of life's adventures. Tonya's the real deal, armed with stories and strategies to help people, just like you, redefine what it means to be a leader in today's fast-paced world. Her approach: get to the heart of what makes you tick...that special something that makes you, YOU!

Speaking Topics

- ✓ **Lead From Where You Are:** More Than a Title -How Are You Showing Up?
- ✓ **Beyond Overthinking:** Leadership with Clarity & Purpose.
- ✓ **The Art of Mindful Leadership:** Balancing Insight and Action
- ✓ **Navigating Change with Confidence:** Adaptability in the Modern Workplace.
- ✓ **Mindfulness and Resilience in Life & Leadership:** Strategies for Well-being.

Ideal for Audiences

- ✓ Leaders and entrepreneurs seeking to break through personal and professional barriers.
- ✓ Organizations aiming to foster a culture of innovation, connection, and authenticity.
- ✓ Teams looking to enhance resilience, well-being, and collaborative dynamics.
- ✓ Individuals interested in developing a holistic approach to leadership and personal growth.



Let's
Connect



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Empowerment & Discovery

Dive into the heart of the “**Lead From Where You Are**” philosophy and unlock your leadership excellence. This is a call to action! You won’t just be inspired; you’ll be armed and equipped to conquer new horizons.

Infused with a dose of authentic mentorship at every turn, with **real talk, actionable strategies, and a touch of fun** in every engagement.

Get ready for an experience that does more than just speak to you- it empowers you to become the leader the world needs right now!

What Others Are Saying

“Tonya’s insights transformed my leadership approach, I have new energy, clarity and direction.”

“Tonya’s strategies for overcoming overthinking have been a game-changer for me and my team!”

“Her blend of innovative leadership strategies and personal growth insights has elevated our approach to leadership.”

What You’ll Learn

A balanced perspective on leadership and how you lead, emphasizing the importance of personal growth right alongside your professional leadership skills.

Each keynote speech, workshop, and coaching program is specifically tailored to

- Encourage leaders to overcome personal barriers to unlock their full potential.
- Promote authenticity, emotional intelligence, and innovation in leadership practices.
- Enhance mindfulness and well-being among leaders for sustainable success.
- Cultivate a sense of community and connection within teams and organizations.

 **OUTSPOKEN**
with Tonya Kay



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