

PLANTOOPREVAIL PROJECT LLC

QUENTON GARRETT
MINDSET MENTOR, SPEAKER, AND HOST OF "THE TRUTH
TALES" PODCAST

PASSIONATE • RESILIENT • EMPOWERING



MY STORY & EXPERIENCES

Quenton Garrett is a highly driven mindset mentor, speaker, and host of the podcast, "The Truth Tales". As the owner of PlanTooPrevail Project LLC, he has explored his passion for inspiring and guiding individuals towards personal growth and development. His journey has been shaped by his unique learning abilities, including his experience with ADHD and albinism, which he has proudly embraced to grow and inspire others.



MISSION

Quenton's mission is to help individuals discover their true potential and become the best version of themselves. As a husband and father of two beautiful girls, he has learned the value of unconditional love and support, which has driven him to help others achieve their own goals. He has enthusiastically embraced the challenges of success, and is now dedicated to helping young male professionals navigate their own journeys with confidence, turning men into unstoppable forces of success and fulfillment.

APPROACH

Approach: Quenton's approach is rooted in the belief that every individual has the power to create their own destiny and achieve greatness. Through his speaking engagements, mentorship programs, and podcast, he shares his own experiences and insights to inspire and guide others towards success.

SERVICES



- Mindset Mentorship: Quenton works with young Male Professionals to help them overcome limiting beliefs and develop a growth mindset. He offers personalized coaching and support to help individuals achieve their personal and professional goals, and to overcome any obstacles that may be holding them back.
- Speaking Engagements: Quenton delivers powerful and inspiring talks that motivate individuals to take action towards their goals. He draws on his own experiences and insights to deliver a message of resilience, growth, and empowerment that inspires audiences to achieve their full potential.
- "The Truth Tales" Podcast: Quenton shares stories of triumph and perseverance that inspire listeners to take action towards their own personal growth and development. Through his podcast, he offers practical tips and insights that help individuals overcome obstacles and achieve their goals.

REACH ME



quenton@plantooprevail.com