



# Yovanna Madhere

Transformational Speaker, Self-Care Coach, Author



Yovanna Madhere is a multi-hyphenate transformational speaker, self-care coach, author, and podcast host. With over 10 years of social work and mental health experience, she is also a fitness professional, relationship & parenting expert, and wellness advocate. Originally from Queens, NY, she is a first-generation Afro-Latina American. Yovanna lives in Atlanta, Georgia, and is happily married with 5 children and 2 dogs. Her podcast "Funny thing about trauma is..." is available on all podcast platforms.

Past events:



## SIGNATURE TOPICS

- ✓ Self-care & Confidence
- ✓ Women's Empowerment
- ✓ Mental Health/Trauma/Clinical Social Work
- ✓ Healthy Relationships / Parenting
- ✓ Afro-Latinidad/ African Diaspora

## LET'S WORK TOGETHER!



Instagram: @coachyovannarocks



And more...



...and more in 2023