ZIPPORAH MONIQUE

**Emotional Intelligence Strategist** 

"Self Mastery is the key to Thriving"

Zipporah is a dynamic speaker who has a way of captivating and motivating her audience. Her approach on sharing the importance of SELF-preservation, HIGH-standards and Emotional Intelligence is needed in our communities and businesses. Anyone who witnesses her workshops or trainings are able to walk away with the techniques and action steps needed to assist them in confronting high stakes social situations, adopting management savvy leadership skills, navigating through anxiety & depression, as well as other personal obstacles.

Emotional Intelligence Strategist, Author, Success Systems Expert, Psychology-driven Business Mentor who consults CEO's, Corporations and millennial woman to adopt emotional and social learning to enhance their personal and professional development and status. After spending the last several years working in confidence coaching and systems of daily operations, Zipporah knows what soft & leadership skills are needed for one to have a fulfilled and thriving lifestyle. "Self Mastery is the key to thriving in life and business, if you Master yourself you can master the world around you."

Zipporah has been honored to lead workshops, trainings, & panels for large corporations, universities, and conferences. She has been trained in Cultural Responsive Emotional Intelligence, Conflict Resolution, Leadership training, and Life Coaching.

Zipporah exudes a commanding presence, an innate level of confidence, and a regal air that has the ability to stir up any audience to bring out the best in people. She is also known for her straight forward, practical, hip-savvy style that allows for real life experiences and controversial techniques to connect with her audience at a raw, open, and honest level.

## Speaking Points to Promote Culturally Responsive Emotional Intelligence

How to Intellectually Navigate the Workplace
Managerial & Leadership Training
Adopting High Standards & Lifestyle Etiquette
Cracking the Confidence Code: Self Mastery and Self Confidence
Navigating High Stakes Social Situations
Handling Emotions: Overcoming Anxiety and Depression
Beyond the Abuse: Healing from Trauma & Generational Patterns

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Monique cuts through the mundane self-help genre with her take on building a positive holistic mindset in CROWNED:
Unleashing the Queen Within. This refreshingly transparent story, takes you on a royal carriage ride to your own transformation, helping you to release your emotional connection to your past, build greater relationships on love, and create the ultimate life of royalty by using the gifts you already have. CROWNED, serves you 9 bite-sized chapters full of inspiring stories, life-changing memoirs, small yet insightful exercises and empowering stories that get you thinking like a Queen.

Zipporah Monique's mission is to raise awareness through healing, confidence, and transformation. "Far too many women suffer in silence that don't have to. There is a Queen inside of all of us begging to be set free "

