Kirsten Rourke
FOUNDER & CEO

ROURKE TRAINING

Kirsten Rourke is on a mission to create engaging communication in the online presentation and speaking space. Entrepreneurs and C-Suite executives hire her to transform their content, voice, and body language into memorable virtual presentations. Her years of performing experience add a distinctive flair to her presentations. In addition to being a CTT+ Certified Technical Trainer, Kirsten has a Master's of Education in Instructional Design.

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Keynote - Adapting in the Moment
Being able to adapt to changes as they happen is a skill usually learned over time and under duress. This is the story of Kirsten's journey across careers and countries to learn how to deal with any curveballs thrown in live presenting settings. All attendees will leave with useful information on becoming more flexible as a presenter.

Crafting New Dreams: Seeing your Content in 3D
Creating new presentations, speeches, or courses can be challenging when you've been working with material for a long time. How can you look at your subject in a new light? What do you need to do in order to see it from different perspectives and in different delivery models?

It Could be Worse: There Could be Snakes
Public speaking often ranks as one of people's greatest fears. Even when someone is experienced in public speaking, they may find that moving their work online is challenging because techniques that worked in person do not work the same in a virtual setting. How can you translate "reading the room" into a chat pod? How can you "warm up the room" when you may or may not be able to SEE anyone?

"She works with leaders on **effectively creating conversation** and/or inspiration in online meetings and events."
- Pegine

"I highly recommend her to anyone who wants to nail their speaking engagement. **She is someone you'll never forget!**"
- Nicole

"She is smart and personable, and her **teaching style reflects the respect** that she has for her audience."
- Joe

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