Maura Sweeney



Influence | Leadership | Transformation

Author, Podcaster, International Speaker, Huffington Post Blogger and creator of the Foundations of Happiness course for emotional intelligence, Maura Sweeney is the Trademarked Ambassador of Happiness transforming a "Living Happy – Inside Out" mantra into a global outreach.



SE Europe, Cotrugli Business School MBA Program

A former decorated corporate manager, business co-owner and home schooling mom, Maura launched her vocational reinvention at midlife. Since then, she has been featured on nearly 200 media outlets including NBC, BBC, Serbia and Kosovo TV news, Nigerian and Macedonian press and scores of podcast and radio talk shows. Her insights have also appeared in the *Boston Globe, Tampa Bay Times* and the Emmy award winning ESPN 30-for-30 film, *Playing for the Mob*.



Scopje, Macedonia, Ivanov School of Leadership Alumni

Passionate about developing models for positive influence and sustainable leadership in a 21st century world, Maura has addressed current and next gen leaders at American universities and Model UN events. She has lectured in Greece, Kosovo, Macedonia, Hungary, Croatia, Serbia and the Netherlands and was closing speaker at the inaugural Nelson Mandela Day event sponsored by the UNESCO Center for Peace.



USA's Inaugural Nelson Mandela Day Celebration

Passionate about uplifting society, Maura was recently teamed in her Ambassador of Happiness® capacity with Dan Aykroyd, Julian Lennon, Kathy Sledge and others, serving as a spoken word contributor to the Top 10 Billboard album Action Moves People United.

Connecting and collaborating with women on a global level, Maura is a member of the Advisory Executive Council of <u>Women Economic Forum</u> and a Board Member of <u>Empowered Voices</u>, a non-profit catalyzing economic and community development to women in the Mubende district of Uganda.

Maura received a B.A. in Political Science from Boston College where she interned for the late U.S. Senator Ted Kennedy. She and refers to herself as an avowed "Law School Escapee" at New Jersey's Seton Hall University, a move that catalyzed her to find her own path to purpose. Happily married since 1981, she lives in Florida, collaborates in business with her husband Jim and travels often to connect with people and events around the world. Connect with her at <u>www.Maura4u.com</u> or on Twitter @Maura4u.